Open Heart/Open Book

Co-authoring with Families and Patients to Write the Recovery Story on an Inpatient Unit

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Disclosures

The speaker has no conflicts of interest to disclose.

Objectives

1. Articulate and explain 2 principles of Narrative Psychotherapy: the authorial power of documentation and the externalization of the problem.

2. Adapt the structure and questions offered in the presentation to write 3 interview questions for use in your own workplace.

3. Co-author 2 steps of a document to sustain recovery. This prepares you to co-author a recovery document with patients and families.
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References


http://www.theinstituteofnarrativetherapy.com/family%20process%20abi.pdf

http://www.narrativepractice.com/Articles.htm#therapeutic%20documents

References


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