Message from the President

Our community of psychiatric-mental health nurses continues to grow! This May we hit an exciting milestone: over 8,000 PMH nurses have lent their voices and support to our association! It's thrilling how many of us are connected and collaborating through APNA. I'm sure you've seen the wide range of topics covered in the conversations on Member Bridge and the number of people participating in them. Our chapters and councils are also engaging members in many efforts. It's so fantastic to see!

For example, the members of the Recovery to Practice project have begun piloting their recovery curriculum, *Acute Care Psychiatric-Mental Health Nurses: Preparing for Recovery Oriented Practice*, as a part of our involvement in the SAMHSA Recovery to Practice initiative. Developed by the RTP workgroup with input from consumers and nursing leaders, this curriculum aims to increase nursing knowledge of recovery-oriented care and how it translates into nursing practice.

Another exciting venture is the national Joining Forces initiative, First Lady Obama and Second Lady Biden's effort to ensure that all nurses have some knowledge of assessment and triage to interventions for our service members who suffer from mental health problems such as PTSD. APNA, as part of a core group of specialty nursing organizations including the VA, ANA, AACN, NCSB, and AANP, has been involved from the start. Today, after working to grow this initiative, our group encompasses over 170 nursing organizations and almost 600 nursing schools. In April I attended a Joining Forces meeting with First Lady Obama and Second Lady Biden. It was a pleasure to meet them, hear their fervor, and participate in roundtable discussions. I look forward to our continued involvement in ensuring that our service members, veterans, and families receive the best possible care.

Our new Strategic Plan, formulated by the Board, is available for your review on our website at [http://www.apna.org/StratPlan](http://www.apna.org/StratPlan). The March/April and May/June issues of *JAPNA* feature a thorough description of the planning process we used. We are on a steady, clear, and future-oriented path.

Speaking of our future, elections for our Board of Directors and 2012 Nominating Committee are upon us. Please take the time to make your voice heard and vote - your participation is important!

As for me, some highlights of the past couple of months include attending the ISPN conference, taking part in a think tank on research and stigma hosted by the International Bipolar Foundation, and participating with President-Elect Beth Phoenix in the ACHMA (The College for Behavioral Health Leadership) Summit on the impact of social supports on consumers. I also just attended the Behavioral Health Workforce Listening Session hosted by SAMHSA/HRSA. Of course the biggest highlight this month was CPI, both the four fabulous days packed with cutting-edge psychopharm education and getting to meet so many of you there!

I hope to have a chance to meet many more of you, perhaps at a chapter conference or at our Annual Conference this fall. Of course, I am always available and happy to chat with you at any time!

Happy summer!

Marlene Nadler-Moodie, MSN, APRN, PMHCNS - BC

Highlights

APNA News, print edition: Summer 2012

Visit [www.apna.org](http://www.apna.org) for more updates and information.

**APNA Strategic Plan**
The APNA Board of Directors recently developed a new strategic plan to guide the association's future direction. Learn more about APNA's goals and strategies for the next 5 years at [www.apna.org/StratPlan](http://www.apna.org/StratPlan).

**Elections: Board of Directors & Nominating Committee**
Member participation is what makes APNA a strong and effective voice for psychiatric-mental health nursing - take part in shaping our future by casting your vote in the 2012 elections! [www.apna.org/elections](http://www.apna.org/elections)

**Annual Awards Recipients Announced**
Join us in congratulating these recipients who typify excellence in psychiatric-mental health nursing! Learn more about them at [www.apna.org/AnnualAwards](http://www.apna.org/AnnualAwards).

**APNA eLearning Center**
Over 160 online CE sessions specifically for psychiatric-mental health nurses, including new sessions from the 25th Annual Conference, a podcast series devoted to special skills for PMH nurses, and a wide selection of psychopharmacology CE. [http://elearning.apna.org](http://elearning.apna.org)

**2012 APNF Grants Recipients**
The American Psychiatric Nursing Foundation is providing grants of $5,000 and complimentary registration to the 26th Annual Conference to nurse researchers Esther Meerwijk, PhD(c), RN and Andrea Warner Stidham, PhD, RN. This grants program aids scientific research and contributions which add to the knowledge and practice of PMH nursing. [www.apna.org/Foundation](http://www.apna.org/Foundation)
Benefits of APNA Membership

Through APNA, our more than 8,000 members are connected with a dynamic community of psychiatric mental health nurses, exceptional resources and programs, and opportunities to advance the PMH nursing profession.

Continuing Education & Professional Growth
- Enhance your PMH nursing knowledge with APNA’s over 160 online continuing education sessions offering up to 133.5 contact hours - use your member bonus points to access this content in the APNA eLearning Center at little to no cost.
- Learn the latest best practices in psychiatric mental health nursing or share your expertise as a presenter at the Annual Conference.
- Receive cutting edge psychopharmacology CNE at the Clinical Psychopharmacology Institute or online with over 35 sessions available for pharmacology credits.
- Expand your local connections by participating in your chapter regional events and educational opportunities.
- Apply for grants and scholarships from the American Psychiatric Nursing Foundation.
- Manage your resumes, browse job postings specific to your search criteria, and access career advice with APNA CareerLine.

Networking & Information Access
- Connect with your fellow members and benefit from each other’s expert knowledge through Member Bridge, APNA’s networking and discussion site.
  - Participate in the All Purpose Discussion Forum for the latest hot topics, tips, and advice from your APNA colleagues.
- Access current evidence-based PMH nursing research with a free subscription to our bi-monthly Journal of the American Psychiatric Nurses Association (JAPNA).
- Enrich your nursing practice with the wealth of resources available in our online Resource Center: position papers, guides, kits, and tools specific to topic areas within PMH nursing, as well as medication updates, graduate programs listing, and the latest information on LACE and the APRN Consensus Model.
- Become a part of a collegial community and make an impact on your field by joining one of APNA’s 18 volunteer committees.
- Stay up-to-date on your association and info relevant to PMH nursing through our monthly newsletter, APNA News: The Psychiatric Nursing Voice.
- Lend your support to APNA’s alliances with key stakeholders in order to promote mental health and nursing.

Discounts
- Save $200 on regular registration fees for the APNA Annual Conference and the Clinical Psychopharmacology Institute.
- Download full-text articles of JAPNA at no cost (a savings of $32 per article).
- Receive reduced rates on APNA continuing education programs and bonus points to use in the APNA eLearning Center – Earn up to 7.25 contact hours for free!
- Save on certification, exams and review materials from the American Nurses Credentialing Center with deals exclusively for APNA members. ANCC Discounts
- Enjoy discounted prices (up to 50% off!) on select publications as a part of APNA’s Publications Discounts Program.
- Obtain discounts on Long Term Care Insurance for yourself and your family members.
- Get special rates on other associations’ conference registrations and educational materials.
Resources to Enrich & Empower

The APNA Resource Center offers a constantly expanding array of resources to help enrich your PMH nursing practice and empower you to provide the people we serve with the best care possible. Here are some highlights of what is available online:

From the Psych Nursing Specialty Areas & Topics section of the APNA Resource Center:

Integrated Physical & Mental Health Care Resources
This section houses resources and background information on integrated care, including an FAQ compiled by the Board of Directors, guides, tools, best practices, and webinars.

Military & PTSD Resources
Resources regarding Traumatic Brain Injury, PTSD treatment options, tips for civilian health care professionals, even free CE from government and other entities devoted to the mental health of our service members and veterans.

Child & Adolescent Resources
Find fact sheets, podcasts, recent studies from NIMH and more covering topics such as child and adolescent trauma, depression, suicide prevention, anxiety, and learning disabilities.

More subsections of Psych Nursing Specialty Areas & Topics: Emergency Nurse Resources, Geropsych Nursing Resources, Multiple Chronic Conditions Resources, Recovery Resources, Substance Use Resources

Also available in the APNA Resource Center:

Searching for a graduate program in PMH nursing? Check out the Graduate Programs by State section for comprehensive listings and contact information, including online programs.

Wondering where APNA stands on a particular issue? Browse through the Position Papers section. In 2011 we issued statements on staffing on inpatient units, the LACE recommendations, and electroconvulsive therapy.

Looking for discounts on publications? Our Publications Discounts section details the various discounts available to you as an APNA member, and how to take advantage of them.

10th Annual Clinical Psychopharmacology Institute

APNA held the 10th Annual Clinical Psychopharmacology Institute earlier this month in Reston, Virginia. Approximately 400 mental health professionals gathered for four days of psychopharmacology continuing education and networking. Attendees had the opportunity to earn up to 23.25 continuing education contact hours by attending sessions on topics such as safe prescribing practices, tardive dyskinesia, metabolic pathophysiology, military culture, and psychiatric emergencies.

To celebrate CPI’s 10th Anniversary, we honored past CPI Program Committee Chairs, all of whom have played integral roles in shaping and ensuring the success of this conference: Sandra Talley, Barbara Wolfe, Susan Simmons-Alling, Mary Ann Boyd, Barbara Warren, and Georgia Stevens. Kim Cox also received special recognition for her outstanding contributions on the CPI Program Committee and her support of the advancement of translating science to PMH nursing practice.

Many of the 13 sessions will be available as podcasts in the APNA eLearning Center and eligible for pharmacology contact hours. We will let you know when they are ready!

The American Psychiatric Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
Registration is open for the APNA 26th Annual Conference!
Register today to join us at the premier event for psychiatric-mental health nursing! PMH nurses from all over will come together in Pittsburgh, PA for four days of learning, collaborating, and networking - with the opportunity to earn up to 27 contact hours.

At this year’s Annual Conference:

- Pick from over 105 educational sessions and interactive panels
- Hear keynotes by Former Congressman Patrick Kennedy, Former First Lady Rosalynn Carter, and Linda Burnes Bolton
- Register for a full day pre-conference in psychotherapy – New!
- Access session recordings in the APNA eLearning Center after the conference at no cost
- Fill out your session evaluations online and download your CE certificate – New!

Learn more at www.apna.org/AnnualConference

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