



American Psychiatric Nurses Association  
Iowa Chapter  
Board Meeting Minutes  
April 21<sup>st</sup>, 2016

Agenda Item	Discussion	Action/Follow-up/ Person(s) Responsible/ Due Date
	Dani Eveloff David Hatfield Deborah Brodersen Finn Meadows	
Treasurer's Report/Budget/	Might have to take about \$100-\$200 dollars out of savings to break even on the conference	<b>Jen</b>
Conference Evaluation	On the evaluations 62 people thought the conference was "Great" 6 people thought the conference was "Moderate" 0 people thought the conference was "Slight" or "Not at all"	<b>Evals</b>
2016 Conference Planning	<p><b>Title – Psychiatric Mental Health Current Challenges</b>  <b>Venue -</b> Marriott in Cedar Rapids - \$150 for the room  <b>Off Venue site - None</b></p> <p><b>Food –</b> Decision made for Lunch Buffet - \$58 per person</p> <p><b>Date for Conference: <u>FRIDAY APRIL 22<sup>ND</sup>, 2016</u></b></p> <p><b>DINNER MEETING <u>THURSDAY APRIL 21ST @ 6:30 PM AT THE MARRIOTT CEDAR RAPIDS</u></b>  <b>Soup, Salad and bread for dinner</b></p> <p><b>Speakers – Dr. Black (\$500) – Antisocial personality disorder, Lisa Kongable (\$50)– Swallower/self-harm, Joan Becker (\$500 plus mileage) –</b> Joan Becker, mother of Mark Becker to speak. He is the one with schizophrenia that shot the Parkersburg coach and ended up with a life sentence, <b>Dr. Koppelman(\$50) + Behavioral Psychologist Dr. Vindquist (\$50)–</b> Managing ID patients with mental illness both in and out of the hospital, <b>Sue Whitty (\$50) –</b> Legislative issues/How to get involved, <b>Pharm-D Sara Overturf (\$50) -</b> Psychopharmacology Updates focused on Schizophrenia and Depression</p> <p><b>Needs Assessment-</b> a paragraph describing the needs assessment of the conference - done</p>	<p><b>Kendra bringing Computer, name tags for attendees, thank you cards for the speakers</b>  <b>82 signed up</b>  <b>4 Vendors</b></p> <p>Speakers were introduced by Julie, Becky, Audrey, and Lisa,</p> <p>2016 APNA, Iowa Chapter Conference  <b>Agenda</b>  0800-0830 Registration  0830-0835 President's Welcome  Julie Barrett, RN, BC-MH  0835-0935 Sentenced to Life – The Mark Becker Story - Mental Illness, Tragedy and Transformation  Joan Becker  0935-0945 Break</p>

American Psychiatric Nurses Association  
Iowa Chapter  
Board Meeting Minutes  
April 21<sup>st</sup>, 2016

Agenda Item	Discussion	Action/Follow-up/ Person(s) Responsible/ Due Date
	<p><b>General Mission</b> – write and turn in to APNA - of general mission for the conference - Done</p> <p><b>Conference Objectives</b> – write + turn in to APNA - three specific conference objectives - Done</p> <p><b>Vendors</b> – \$400/table times 10 tables= \$4500 sponsored money – goal - 8 SIGNED UP</p> <p><b>BIO's</b> – for all speakers – Done and turned in to APNA</p> <p><b>Titles</b> – for all speakers – Done and turned in to APNA</p> <p><b>Conflicts of Interest</b> – for all speakers – None and turned in to APNA</p> <p><b>Speakers Objectives</b> – for all speakers – Done and turned in to APNA</p> <p><b>Power Points</b> – for all speakers – Done and turned in to APNA</p> <p><b>Save the Date</b> - On facebook</p> <p><b>Brochure</b> – Done – copy mailed to each APNA Chapter members house. E-mail sent out to all members by chapter support x 2, up on facebook, e-mails to the members of surrounding states after getting permission from the individual chapter presidents.</p> <p><b>Grant money</b> – Margaret applied at the UI CON for IDPH grant funds - The College of Nursing says we have \$500 that we can count on for speakers from the IDPH grant Jennifer Clougherty is her contact person</p> <p><b>AV</b> - Rausch- a local company to help us out with the Internet feed to satellite sites – did not do this this year because they wanted 1500</p> <p><b>Registration</b> – set up with National PayPal option-Done</p> <p><b>Advertising</b> – BROCHURE-Done - A copy was mailed to each APNA Chapter member's house. E-mail sent out to all members by chapter support x 2, up on facebook, e-mails to the members of surrounding states after getting permission from the individual chapter presidents.</p> <p><b>CEU's</b> – Kendra obtained ANCC CEU's from APNA, and IA Nursing CEU's from the University</p>	<p>0945-1045 The Clinical Management of Antisocial Personality Disorder Donald W. Black, M.D.</p> <p>1045-1100 Break</p> <p>1100-1200 Psychopathophagia: A Hard Syndrome to Swallow (Deliberate Foreign Body Ingestion) Lisa Kongable, MA, PMH-CNS, ARNP,CNE</p> <p>1200-1300 Lunch</p> <p>1300-1355 Pharmacology Update – Antipsychotics and Antidepressants Sarah Overturf, Pharm-D</p> <p>1355-1405 Break</p> <p>1405-1505 An Assessment and Treatment Model for Adults with Intellectual Disability and Challenging Behavior Dr Kopelman and Kara Whalen, P.A.</p> <p>1505-1515 Break</p> <p>1515-1615 Mental Health Advocacy Simplified: Influencing Legislative Public Policy Sue Whitty, RN, MA, PMH ARNP</p> <p>1615 Conference Evaluations/Wrap-Up</p> <p>Each speaker will be asked to leave 10 minutes for Q &amp; A</p>

American Psychiatric Nurses Association  
Iowa Chapter  
Board Meeting Minutes  
April 21<sup>st</sup>, 2016

Agenda Item	Discussion	Action/Follow-up/ Person(s) Responsible/ Due Date
	<b>Awards</b> – Benfer Award – Misty Harris Schroder Award – Lynda Green	Lisa will present Misty’s award at Burlington hospital. Julie and Kendra will present Lynda’s award at the “U”.
Estimated costs	CEU costs- \$5,400 cost (80 people) Awards cost- _____ need to find out from Lisa \$4000.00 in sponsored money \$ in conference fees (80 x \$52.00) plus \$150 for the room Speakers - 3,400 for other costs (speaker fees, travel, etc)	<b>We are \$100 – 200 dollars short from the expenses verse the income from the 2016 conference. We will take the extra from our savings.</b>
Officer Nominations	We need a Present elect have some ideas but nothing confirmed yet	
Networking during the meeting	<a href="mailto:meganberryhill@gmail.com">meganberryhill@gmail.com</a> is an ANRP who has her training in ECT. If anyone knows of a facility who will allow her to give the ECT treatments please e-mail her. A lot of talk about the cuts in beds in the state and how this has hurt the average mental health patient and their families looking for inpatient and placement beds. Concerns for cuts in medication cost for the mentally ill. Prison is now our biggest mental health housing placement in the state.	
<b>Next Meeting</b>	<b>Tuesday, 5/3/16 at 7 pm central standard time on the phone: 800-974-2164</b>	