



President's Message

Hello to all of my fellow psychiatric nurses!

I want to take this opportunity to thank you all for allowing me to represent you as Chapter President for the 15-16 year. It has been a challenging year in our world and in our communities with regard to racial tension, terrorist threats, war and the ongoing trauma in our daily news. Despite this I want to highlight the great work that you are doing and the resilience that we know to be at the core of our work as nurses.

This year your board has grappled with the concept of how to "activate engagement" across our state in this new era of tech overload, webinars, and social media. We have reached out to you, our membership, in a survey to better understand how we can engage with you and support your needs. This netletter will focus on your responses and we hope that in the coming

months as our great colleague Jeannine Loucks takes over the 16-17 Presidency, you will begin to see some of the work we have been doing.

Again thank you all for a great year and I look forward to seeing you at the National Conference in Hartford!

My Regards,
Rosalind DeLisser

"I want to highlight... the resilience that we know to be at the core of our work"

Meet Your New Board Members!!

On September 22, we received an email announcing the addition of 4 new California Chapter APNA Board Members. Official induction of these members will take place at the APNA National Conference in a couple of weeks. If you are considering becoming more involved with APNA, please visit www.apna.org/california or attend your next local event.

The following nurses will be inducted to their official positions at our national conference.

President-Elect:

Kathleen McDermott, DNP, APRN, PMHNP BC

Member-at-Large:

* Alexandra Keller, RN

* Jane Abane, NP

* Barbara McGlynn MA, MSN, PMHNP-BC, PNP

Congratualtions Everyone!!

Survey Results: Your Wishes for APNA California Chapter

Thank you to all who provided your input on the direction you would like your California APNA to aim. Many thoughtful and creative ideas were shared. At the core of responses are increased engagement opportunities at the local chapter level and in our communities, education on how to incorporate EBP in our profession, and advocacy within our legislature. We have work ahead of us to make our wishes a reality. Get involved; together we can make APNA a greater professional community.

Response Percentage:

Direction of California APNA in 3-5 years

18.5%	More meets at local chapter/Add local chapters
16.0%	Network/Mentor/State level Member Bridge
12.3%	Legislative involvement
12.3%	Reach out to new nurses & nursing students
12.3%	Community Outreach: Educate and reduce stigma
9.9%	Education/EBP
6.1%	Advance Degree Education Opportunities Path Advisory
3.7%	More conferences
2.5%	Increase newsletter frequency
2.5%	Interdisciplinary Collaboration
2.5%	Webinar meetings
1.3%	PMH book/movie club

In this issue...



Survey Results



Our New Board Members



Make Your Voice Heard



San Diego Fall Gathering



National Conference

California Chapter NetLetter

Mental Health Issues on the Ballot

Our current 114th Congress will vote on the Congressional Bill Helping Families in Mental Health Crisis Act. Early September, there was much to be celebrated as the House of Representatives voted nearly unanimously to pass this bill, HR2646, for voting at the federal Congressional level.

Unfortunately, change like this is all too often inspired by tragedy. Revised in 2015, this current bill builds on a 2013 initiative introduced by Pennsylvania Congressman Tim Murphy and Texas Representative Eddie Bernice Johnson. Tim Murphy's background is in psychology. His response to the tragic 2012 Sandy Hook Elementary School shooting inspired what is now referred to The Helping Families in Mental Health Crisis Act, or HR2646. A couple of points in the proposal include increasing Medicare funding for Mental Health reimbursement or eliminating the 190 day lifetime cap, and reducing the national deficit of more than 100,000 inpatient psychiatric beds. For more information visit <https://murphy.house.gov> or <https://www.congress.gov/bill/114th-congress/house-bill/2646>.

In California, Prop 61 State Prescription Drug Purchases, Pricing Standards Initiative Statute has the attention of both the California Nurses Association and numerous Pharmaceutical Companies. Not surprisingly, the California Nurses Association and Big Pharma do not see eye to eye on this proposal. Get informed at <http://voterguide.sos.ca.gov/en/propositions/61/analysis.htm>.

San Diego Fall Gathering - October 13

Our current Immediate Past President, Marlene Nadler-Moodie, emailed an invitation on 9/21 to San Diego members for a fall gathering. This NetLetter Editor happens to reside in San Diego County and I am hoping to see some of you there. This will be a great opportunity to learn more about each other, learn about opportunities in APNA, and introduce new members to our local community.

Where Will You Be on October 19?

It is (ALMOST) finally here!! APNA's 30th Annual National Conference is just around the corner. The theme is "Psychiatric-Mental Health Nursing: Inspiring Leadership Every Day". Many educational tracks are being offered, including tracks on leadership and publication, research, recovery, substance use, LGBT issues and veterans. Poster presentations with CE credits are available, as well as inspirational speakers and opportunities to network. Safe travels!!

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