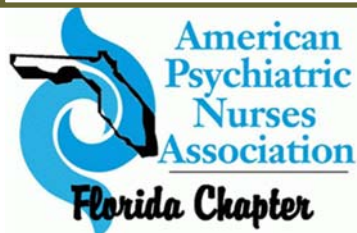
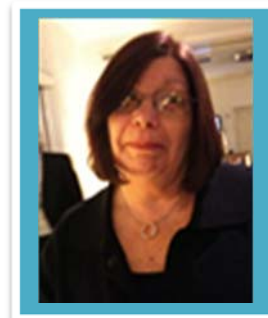


January 2017

APNA Florida Chapter



President's Message



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Welcome to 2017!!!

Hope all the members of APNA Florida Chapter had a wonderful and enjoyable Holiday Season. With the New Year comes new challenges we will face in Mental Health Care. The constant verbalization that ACA will be repealed will leave millions of Americans without Health Care Coverage including coverage for their mental health care. As Mental Health workers you can have your voice heard about millions by educating your Congressional Representative and Senator about the importance of keeping Mental Health Care covered in whatever form the new system looks like. Let us not forget about the Mental Health Parity laws that have been passed and the importance of the CARA law in expanding the amount of prescribers able to treat persons with Opioid Use disorders. Your voice is important since you care for those with Mental Health and Substance Use disorders.

Our National APNA President Kris A. McLoughlin, DNP, APRN, PMHCNS-BC, FAAN from Colorado has taken a clear voice regarding Mental Health with her theme for 2017 being, "Whole Health Begins with Mental Health". It has been well documented that Good Mental Health plays a critical role in recovery from illness whether they are acute or chronic disease processes. The relevance in how we deal with situations in a positive outlook makes life easier. It allows one to appropriately follow care guidelines for health issues that many Americans have including Diabetes, Cardiac disease, Hypertension and Obesity. Good Mental health allows one to engage in healthy activities of exercise, diet, meditation and a positive outlook on their personal wellbeing.

Diane Esposito, Member-at-Large and I will be traveling to APNA National Headquarters in Falls Church, Virginia next month for APNA National Strategic Planning Meeting. Updates coming in March.

The APNA Florida State Conference will be held in Tampa on Saturday March 25, 2017. We have a great line up of speakers and presentations. The flyer will be coming out soon to register so save the date. CEU's will be provided for this conference.

Hope to see you all there.

Stay well & be safe,

Susan

Susan Archacki-Resnik MSN, ARNP PMHNP BC

APNA Florida Chapter President

Important Dates



Find us on Facebook @
APNA Florida Chapter or

Florida Chapter APNA:
<https://apnafl.nursingnetwork.com>

Florida Chapter Advanced Practice Council:
<https://appnf.enpnetwork.com>

- [22nd Annual National Psychopharmacology Update](#)
February 15-18, 2017
Las Vegas, Nevada
- [Essential Psychopharmacology 2017](#)
February 20-24, 2017
Naples Beach and Golf Hotel
Naples, Florida
- [A New Prescription: Exercise and Other Groundbreaking Techniques for the Treatment of ADHD, Aggression, and Autism Spectrum Disorders](#)
February 27-March 3, 2017
Naples Beach and Golf Hotel
Naples, Florida
- [Treating the Addictions](#)
March 3-4, 2017
Fairmont Copley Plaza Hotel
Boston, Massachusetts
- [Elevate by Psych Congress](#)
March 3-5, 2017
San Francisco, California
- [International Society of Psychiatric-Mental Health Nurses](#)
10th Annual Psychopharmacology Institute and 19th Annual Conference
March 7-11, 2017
Baltimore, Maryland
- [APNA Florida Chapter Conference](#)
Addressing Mental Health Priorities Across the Lifespan: Psychiatric-Mental Health Nurses Leading the Way
University of Tampa
March 25, 2017
Tampa, Florida
- [2017 NEI Synapse](#)
May 5-7, 2017
Mandarin Oriental
Washington, D.C.
- [APNA 15th Annual Clinical Psychopharmacology Institute](#)
June 8-11, 2017
Hyatt Regency Baltimore on the Inner Harbor
Baltimore, Maryland
- APNA 31st Annual Conference
October 18-21, 2017
Phoenix Convention Center
Phoenix, Arizona

Calling Bedside RNs!

Over a year ago, your Florida APNA board decided to restructure our chapter to model the APNA national board. That meant forming councils to better serve you! Our advanced practice councils are well underway; the research and education council is active and busy reviewing posters for the state conference; the substance abuse council is working with national APNA to assure that we are all educated to best treat our patients.

Now it is time to get the RN Council more active! A few of us got the first recovery-to-practice (RTP) seminar off the ground in the fall 2016. This was held in Broward County and supported by the state chapter. It was a success as two Florida trainers in RTP (me and Mariamma Pyngolil ARNP) facilitated this class that was developed by APNA. We are ready and anxious to provide this training again in your area! Contact me or one of the board members for more information. In addition to continuing this training geared toward the bedside nurse, we want to know about your needs, and brainstorm issues you care about; maybe start an email support system for bedside RN questions, or learn about your educational needs. But first, we need to hear from you.

We will host another state-wide call in April - watch your email for more information! Thank you,

Donna Linette DNP RN NEA-BC



Advanced Practice Update

The **South Florida Psychiatric Advanced Practice Council** continues to be a dynamic group under the leadership of our new Chair, Keith Jones. The December meeting was sponsored by Avanir Pharmaceuticals and held at Ruth's Chris Steakhouse in Fort Lauderdale, where Dr. Matthew Baker talked to the group about Nuedexta, a new medication for patients diagnosed with Pseudobulbar Affect. Members also donated "Holiday Sox", which were stuffed with toiletry items, snacks, and miscellaneous items, which were distributed to needy patients with chronic mental illness at the Rebels' Drop-In Center. This was so appreciated, that we may do another Un-Christmas Sox event ! It feels good to contribute to our community in addition to giving in our professional roles. The January meeting was also held at Ruth's Chris Steakhouse, sponsored by Sunovion. Dr. Juan Espinosa spoke on Latuda for Bipolar Depression. There has been much discussion and helpful exchange of information among members regarding our expanded protocols to prescribe Controlled Substances, the procedures for registering as a "Psychiatric Nurse" with the BON, the DEA application, and the required CS classes that are available to us. The next meeting will be held on February 9. For further information about this group, you can contact: S.FI.PsychAPNCouncil@gmail.com. They also have a facebook page, APNA South Florida Advanced Practice Council.

The chair of the **Orlando/Central Florida APC** group is Hannah Phillips. This is a very active group that meets monthly. In December, Jose Rey, PharmD from NSU spoke on Invega Trinza, the First and Only Four-Times-A-Year Treatment for Schizophrenia. Dr. Frank Lopez presented in January on Adzenys XR-ODT, indicated for the treatment of ADHD in patients 6 years and older. Anyone interested in joining their group can contact Hannah at : Hannah.elizabeth.phillips@gmail.com.

At the time of this publication, the **Treasure Coast APC** is currently on hold. They are actually looking for someone to chair that council. Interested parties or for information about the Treasure Coast APC, please contact Mary Stone at: maryst58@hotmail.com.

The **West Coast Advanced Practice Council** met on November 29th in Pinellas County. Otsuka provided an educational opportunity for our members. We also reviewed legislative changes from last year's session and discussed upcoming changes regarding application for DEA federal license and Board of Nursing requirements for the Psychiatric Nurse designation. We are trying to expand our membership into surrounding counties and to engage more members in Hillsborough county. In addition to Emily Bell, Sharon Krieger and Marguerite Moon have been working to plan meetings for this group. Contact Emily for more information about this group at Emily.e.donelson@gmail.com.

The **Miami Advanced Practice Council** has had another successful meeting! A group of 15 nurses met on December 8 at Ruth's Chris Steakhouse in Coral Gables. We enjoyed the company of our colleagues from our forensic community, multiple star faculty members from the University of Miami, and our entrepreneurs. Regrets were received from our partners at the VA, FIU, and Miami Children's Hospital. But they are part of our growing diverse group. The group continues to gather and share experiences as well as enjoy the presentation of the evening. For our second meeting, Neurocrine Biosciences sponsored a program entitled: Understanding Tardive Dyskinesia, presented by Jessica Johnson, a NP by background who is currently the regional Medical Science Liaison from Neurocrine.

Lisa Burton, the chair of this APC, states " We are still in our embryonic stage.. All are welcome. I hope to provide a forum for a shared community in our backyard ! I know I get a little lonely sometimes !" The next meeting will be planned for a TBA date and topic in February. If you want to join us, we welcome students, all faculty, any specialty, PA's, RN's, and administrators! Lisa hopes to get a shout out from our dedicated mental health teams in Miami Dade County. She hopes to schedule a program down south so our partners in the Keys can also connect. Lisa welcomes all inquiries or comments. She can be reached at : lisaburtonphd@gmail.com or text her at 786-300-5776.

The **North Florida Advanced Practice Council** meets in the Jacksonville area and remains a very active group and continues to grow in membership. They typically meet on the 3rd Thursday of the month. The next meeting is scheduled for January 26th at 6:30 pm at Lakeview Health. We hope you can join us for dinner and a discussion on **Addiction as a Brain Disease and SBIRT**. Psychiatric Nurse Practitioners and Psychiatric NP students are invited to attend. For more information, please contact Karen McNeely at : n.fl.psychapncouncil@gmail.com.

Keep checking Member Bridge for further updates on ALL of our wonderful Florida APC's!!



Update on DEA Registration in Florida

1. REGISTRATION:

The DEA online registration for Florida ARNPs is now open.

2. CS COURSE IS NOT REQUIRED:

The DEA recognizes that the 3-hour CS course requirement is a state licensing requirement and not tied to the ability of the ARNP to prescribe CS or obtain a DEA Registration. Therefore, the DEA will NOT be requiring proof of completion of the course.

2. DEA PROTOCOL REQUIREMENT:

The DEA will go online to the FL BON website and verify that the applicant has a current protocol posted. Once DEA registration approval is granted, the ARNP must update their protocol and include the CS prescribing info and the DEA number assigned and send it to the BON for review/posting or they may upload it themselves the MQA portal website: <https://mqaonline.doh.state.fl.us/datamart/mainMenu.do;jsessionid=omydpm+Tt7oGnWgrhLUXjVxa.undefined> (go to "manage my options" and choose "controlled substance prescribing" under the "Choose and Activity" tab.

3. PROTOCOLS:

The protocol should include a statement authorizing the ARNP to prescribe CS. The BON recommends that the wording on your protocol simply states: "The ARNP is authorized to prescribed controlled substances in accordance with Florida Statute 464.012." The protocols must be signed by the ARNP and supervising physician/s and have a current date. This protocol may be posted by the ARNP to the BON website via the MQA portal website (see above).

4. SAMPLE PROTOCOL:

The BON will be posting a sample protocol shortly but they have stated that is it just that, a sample, and there is not specific format as long as the protocol includes the above information and is signed by both the physician and ARNP and includes the ARNPs DEA number and a current date.

5. REGISTRATION AS A DESIGNATED CONTROLLED SUBSTANCE PRESCRIBING PRACTITIONER:

If you prescribe CSs for "chronic non-malignant pain" then you must register as "Designated CS Prescribing Practitioner" through the MQA Online Services website. Under "My Dashboard" scroll down to "Manage My License" and in the dropdown with your license no. "Choose Activity" and click on "Controlled Substance Prescribing". Follow the prompt "Controlled Substance Prescribing" and you'll see the statute language listed. Click on the box and answer yes or no. (You can upload your new protocol here as well whether you're prescribing for chronic pain or not.)



Presents:

APNA Florida Chapter 2017 Spring Conference
Addressing Mental Health Priorities Across the Lifespan:
Psychiatric-Mental Health Nurses Leading the Way



Please join us on March 25th, 2017 at The University of Tampa for our annual Spring Conference. We will present the most updated information on important topics including:

- Legislative Updates
- Designer Drug Crisis
- Child/Adolescent and Geriatric Specialty Presentations
- Integrative Health
- Poster Sessions
- Council Meetings
- And more.....

In addition we will have a pre-conference reception and meet and greet with your Board of Directors on Friday night. Registration packets can be picked up at this time to avoid the day of conference lines! Registration information and conference brochure are available on the APNA Member Bridge.

Register online at: www.apna.org/APNAFLRegister



The University of Tampa
 401 W. Kennedy Blvd.
 Tampa, FL 33606-1490

COLLEGE OF NATURAL AND HEALTH SCIENCES

Hotel: [Marriott Courtyard Tampa Downtown](#)

102 East Cass Street
 Tampa, Florida 33602
 813-229-1100

University Rate: 159.00 + tax/night

**Contact
 Hours
 Provided
 by APNA**

*The American Psychiatric Nurses Association is accredited as a provider with distinction of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. **Attendance at all conference sessions and completion of evaluation is required for CEUs.***

***Would you like to showcase your DNP or Research Project?
Please bring your poster to the APNA Florida Conference.***

**Addressing Mental Health Priorities Across the Lifespan:
Psychiatric-Mental Health Nursing Leading the Way**

CALL FOR POSTER PRESENTATION ABSTRACTS

We invite students, psychiatric nurses and nurse researchers to submit abstracts for the poster session. The purpose of the poster session is to communicate best practices on psychiatric mental health nursing clinical topics, innovative practice settings, research findings, and other topics related to psychiatric mental health nursing in primary care and/or acute care.

Submission of Abstracts

Electronically submit your abstract and submission form as an MS Word File attachment to:

Diane Esposito @ dianearnp@gmail.com

Guidelines and Information

Abstracts are limited to 250 words or less.

Abstract Guidelines: Abstracts must contain the following information:

- Poster-Title
- Author(s)-Names and e-mail addresses
- Keywords-Identify the keywords applicable to the submission
- Brief content description:

List citations for evidence used (must have at least 1); provide the purpose statement for the presentation; identify the gap area to be addressed (knowledge, skill, practice, or other); provide a description of the current gap; and provide a description of the desired/achievable state.

Poster Abstract Submission

All poster presenters must be registered, fully-paid conference participants.

Poster Title: _____

Presenter Name: _____

Title: _____

Organization: _____

Mailing Address: _____

E-mail: _____

Phone Number: _____ Fax: _____

Co- Presenters: _____

Please Indicate Your Poster Category:

- A. Administration _____
- B. Education _____
- C. Practice _____
- D. Research _____
- E. Student _____

Poster Abstract: Please see guidelines. Limit your abstract to 250 words or less. Use an additional sheet if necessary. If you are not using Microsoft Word, save your file in rich text format [rtf] prior to submission.



CEU course for Controlled Substance Prescribing

All ARNPs in Florida **MUST** take a mandatory CEU for Controlled Substance Prescribing course before your next license renewal, even if you are not going to apply for a DEA number. The DEA does not need to see proof of your CEU to apply.

If you qualify for the new CEU exemption for license renewal, you are also required to take this new 3 hour course. There is no way to get around this if you want to renew your license. FHA and FNPN are offering a great course. If you are an FHA or FNPN member the course is \$5.00. If not a member it is \$95.00. Most courses are way over \$100. If you are not a member then join FNPN for \$75.00. The course will be costing you \$5.00 and you still save \$15 and are now a member of your state NP organization that works for your profession on all state NP issues. The information is in an attachment to this message.

As reported by FNPN:

The Florida BON Executive Director, Mr. Joe Baker, has confirmed that ARNPs who are nationally certified through one of two methods (National Commission for Certifying Agencies or the Accreditation Board for Specialty Nursing Certification) may be eligible to be exempt from the Florida CE requirement for license renewal.

In order to qualify, you must go to www.cebroke.com (the basic account is free) and log in. If you don't already have an account, you must register for you. Once you're in the system, follow the links to "Report Hours/Exemption." Follow the prompts and add your certification document. Your exempt status should be reflected during your next license renewal application.

The following link will take you to the NCCA site and on the left you will see a link for the programs directory. Search for your certification body (AANP, ANCC. or any other) for confirmation they are included in this.

<http://www.credentialingexcellence.org/ncca>

Around the State

We want to hear from you! Please let us know what you are doing in your area so we can highlight your accomplishments in the newsletter. Some examples include:

- Unit Council Magnet Projects
- Professional Presentations
- Community Initiatives
- Research Projects
- Evidence based practice changes

Please submit your information via Member Bridge or to the media coordinator @ karensmcneely@gmail.com

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- ¼ Page \$75.00
- ½ Page \$100.00
- Full Page \$200.00
- Contact Media Coordinator Karen McNeely DNP, ARNP-BC

Phone: 954-592-4789

karensmcneely@gmail.com
