The APNA Florida Chapter Board of Directors met over the weekend of July 30-31 in Lakeland Florida to begin to formulate our plans for the year. The 2016-2017 year ahead for the APNA Florida Chapter plans on being a year of new beginnings and continuations of projects.

The importance of Psychiatric Mental Health Nursing taking a Leadership role in all aspects of Psychiatric patient care from the bedside in acute and crisis inpatient and long term care units; pediatrics and adolescent care, outpatient clinics; substance use disorders; rehabilitation facilities, management and in education. Psychiatric Mental Health Nurses use their leadership qualities every day when we interact with our patients, peers, interdisciplinary teams and other psychiatric professional by inspiring, communicating, problem solving skills, being innovators and being flexible. We use our interpersonal skills to inspire and collaborate for change in our patients, environments, and social systems. We display confidence and value cultural diversity in all aspects of care and our lives. Look at your practice, your life and realize how you use your Leadership skills daily. I think you’ll be surprised to find the Leader in you.

A reminder to all RN’s: A Scholarship is being given by APNA Florida Chapter to cover registration, travel, and hotel for the APNA National Conference in October 19-22 in Hartford Connecticut. Please apply as Connecticut in the fall is beautiful.

To a great year of Leadership in your Psychiatric Mental Health Nursing Practice.

Best regards,

Susan Archacki - Resnik

Susan Archacki-Resnik MSN ARNP PMHNP BC

APNA Florida Chapter President
Important Dates

- **9th Annual Chair Summit**
  Master Class for Neuroscience Professional Development
  September 15-17, 2016
  Miami, Florida

- **Integrative Medicine For Mental Health Conference**
  September 29-October 2
  Washington, D.C.

- **APNA 30th Annual Conference**
  October 19-22, 2016
  Connecticut Convention Center
  Hartford, Connecticut

- **U.S. Psychiatric and Mental Health Congress**
  October 21-24, 2016
  San Antonio, Texas

- **2016 NEI Psychopharmacology Congress**
  November 3-6, 2016
  Colorado Springs, Colorado

- **22nd Annual National Psychopharmacology Update**
  February 15-18, 2017
  Las Vegas, Nevada

- **International Society of Psychiatric-Mental Health Nurses**
  10th Annual Psychopharmacology Institute and 19th Annual Conference
  March 7-11, 2017
  Baltimore, Maryland

- **APNA Florida Chapter Conference**
  *Addressing Mental Health Priorities Across the Lifespan: Psychiatric-Mental Health Nurses Leading the Way*
  University of Tampa
  March 24-25, 2017
  Tampa, Florida

Every year, over 800,000 people die from suicide; this roughly corresponds to one death every 40 seconds. The number of lives lost each year through suicide exceeds the number of deaths due to homicide and war combined.
Legislative Update

This was a very busy year in the Florida Legislature regarding Psychiatric Nursing and ARNP’s.

HB977: Passed in April to increase the mental health workforce allowing psych NPs being able to treat children with controlled substances. Protocol needs to be with psychiatrist. A new protocol must be submitted to Board of Nursing to have a Psychiatric Nurse designation on the ARNP license.

HB423 takes effect Jan 1, 2017: The negative formulary committee has met and no further changes; the Board of Nursing in their August 5, 2016 meeting in Orlando accepted the recommendations from the committee. Only PMHNP can prescribe ADHD for under 18 years old. A mandatory 3 hours of Controlled Substance education will be needed prior to renewing license for next cycle.

The Florida Hospital Association is going to be proposing a “Fix Bill” for the 2017 session of the legislature. Emily will be fighting for language changes.

DEA – no update available; cost is $500/2 years and then $700/5 years – A class on Controlled Substances is required; requesting scheduled narcotics is required when applying for your DEA number.

Florida Psychiatric Nurses were well represented at the August 15, 2016 meeting of the Florida Board of Nursing which was held in Orlando. The CEO of the Florida Nurse Association Ms. Willa Fuller and Attorney Cynthia Mikos FNA’s attorney spoke on the behalf of the Psychiatric Nurses to the BON regarding Clarification of the definition in the Baker Act law changes which were made in 2015. The BON agreed that the Psychiatric Mental Health CNS’s and the Psychiatric Mental Health NP’s are both under the definition of the wording of the Baker Act law. This was a huge win for Florida Psychiatric Mental Health CNS’s.

“(35) “Psychiatric nurse” means an advanced registered nurse practitioner certified under s. 464.012 who has a master’s or doctoral degree in psychiatric nursing, holds a national advanced practice certification as a psychiatric mental health advanced practice nurse, and has 2 years of post-master’s clinical experience under the supervision of a physician.”

Advanced Practice Update

New Advanced Practice Councils are forming around the state. This is a great way to network and stay updated on the latest treatment approaches. Please contact the council chair for more information.

Treasure Coast APC: Please contact Carol Clarke or Judy Glick Soffler via Member Bridge for details
Miami Area APC: Lisa Burton @ lisaburton305@me.com
South Florida APC: Ruth Millstein @ s.fl.psychapncouncil@gmail.com
West Coast APC: Emily Bell @ emily.e.donelson@gmail.com
North Florida APC: Karen McNeely @ n.fl.psychapncouncil@gmail.com
Central Florida APC: Hannah Phillips via Member Bridge
APNA Florida Chapter
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APNA 30th Annual Conference

Psychiatric-Mental Health Nursing: Inspiring Leadership Every Day
Please join us at the APNA 30th Annual Conference,
October 19-22, 2016 in Hartford, Connecticut

Join your colleagues for:

- Networking with psychiatric-mental health nurses from all over the world
- Education prepared and presented by psychiatric-mental health nurses
- The opportunity to earn 100+ continuing education contact hours
- Content specific to your needs as a psychiatric-mental health nurse

You can also use this as an opportunity to meet with the Florida Chapter Board of Directors during the state breakout meetings on Friday October 21st at 6:30 pm. Check conference program for location.

Conference Scholarship

The APNA Florida Chapter is offering a $1000.00 scholarship to attend the APNA 30th Annual Conference in Hartford, CT. This scholarship is open to all RNs in Florida who are members of APNA and complete the application requirements listed below.

Please provide a cover letter on a separate page which includes:

- Name
- APNA Membership Number (If you are not a member you can still join prior to completing the application process)
- Place of Employment (must be working as a psychiatric/mental health nurse)
- Contact information including phone and email address

In keeping with the theme for this year’s conference, please submit an essay of 500 words or less describing how you envision, “Psychiatric-Mental Health Nursing: Inspiring Leadership Every Day.”

Please submit your essay and cover letter to Donna Linette @ dmlinette@aol.com by August 21, 2016. The winner will be notified by August 29, 2016 in order to take advantage of the early bird registration.

The APNA Annual Conference delivers 100+ varied continuing education sessions and networking opportunities to the 1600+ psychiatric-mental health RNs and APRNs who attend each year. Join us this October in Hartford to earn more than 29.5 CNE contact hours onsite and an additional 100+ contact hours online. Together, we advance psychiatric-mental health care through networking, education and a celebration of psychiatric-mental health nurses’ leadership every day.
Meet your 2016-2017 Board of Directors

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Meet your 2016-2017 Board of Directors

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**Immediate Past President**
Emily E. Bell RN, ARNP, PMHNP-BC
646-996-4328
emily.e.donelson@gmail.com

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**In Appreciation**
The 2016-2017 Board of Directors recently met to begin planning for the upcoming year. We really appreciate all of the Florida APNA members that continue to offer their service toward advancing psychiatric nursing. We also appreciate everyone who took time to vote in order to help shape your Board of Directors. It is with deep gratitude that we would like to thank our outgoing board members.
Addressing Mental Health Priorities Across the Lifespan:
Psychiatric-Mental Health Nursing Leading the Way

CALL FOR PODIUM PRESENTATION ABSTRACTS

Deadline to submit: November 20, 2016 by 5:00PM

Acceptance Notification: December 5, 2016

We invite students, psychiatric nurses and nurse researchers to submit abstracts for a podium presentation at our state conference. The purpose of the presentation is to communicate best practices on psychiatric mental health nursing clinical topics, innovative practice settings, research findings, and other topics related to psychiatric mental health nursing in primary care and/or acute care.

Submission of Abstracts

Electronically submit your abstract and submission form as an MS Word File attachment to: Cindy Parsons@ cparsons1@prodigy.net.

Download the abstract submission form in Microsoft Word or PDF format [here](#).

Guidelines and Information

Abstracts are limited to 250 words or less.

Abstract Guidelines: Abstracts must contain the following information:

- Presentation-Title
- Author(s)-Names and e-mail addresses
- Keywords-Identify the keywords applicable to the submission
- Brief content description:

  List citations for evidence used (must have at least 1); provide the purpose statement for the presentation; identify the gap area to be addressed (knowledge, skill, practice, or other); provide a description of the current gap; and provide a description of the desired/achievable state.

Are you a recent DNP or PhD graduate or candidate? Would you like to showcase your practice innovations at our Spring conference? We are looking for 5 people to take part in the “lightning rounds” presentation, brief 10 minute presentations in rapid succession.
Podium Presentation Abstract Submission

All presenters must be registered, fully-paid conference participants.

Presentation Title: ________________________________________________________________

Presenter Name: ________________________________________________________________

Title: _______________________________________________________________________

Organization: __________________________________________________________________

Mailing Address: __________________________________________________________________

E-mail: _______________________________________________________________________

Phone Number: __________________________________________________________________ Fax: __________________________________________________________________

Co-Presenters: __________________________________________________________________

Please Indicate Your Presentation Category:

A. Administration _______
B. Education _______
C. Research _______
D. Practice _______
E. Student _______
F. Lightning Rounds _______

Presentation Abstract: Please see guidelines. Limit your abstract to 250 words or less. Use an additional sheet if necessary. If you are not using Microsoft Word, save your file in rich text format [rtf] prior to submission.
We invite students, psychiatric nurses and nurse researchers to submit abstracts for the poster session. The purpose of the poster session is to communicate best practices on psychiatric mental health nursing clinical topics, innovative practice settings, research findings, and other topics related to psychiatric mental health nursing in primary care and/or acute care.

**Submission of Abstracts**

Electronically submit your abstract and submission form as an MS Word File attachment to: Diane Esposito @ dianearnp@gmail.com.

Download the abstract submission form in Microsoft Word or PDF format [here](#).

**Guidelines and Information**

Abstracts are limited to 250 words or less.

Abstract Guidelines: Abstracts must contain the following information:

- **Poster-Title**
- **Author(s)-Names and e-mail addresses**
- **Keywords-Identify the keywords applicable to the submission**
- **Brief content description:**
  
  List citations for evidence used (must have at least 1); provide the purpose statement for the presentation; identify the gap area to be addressed (knowledge, skill, practice, or other); provide a description of the current gap; and provide a description of the desired/achievable state.
**Poster Abstract Submission**

All poster presenters must be registered, fully-paid conference participants.

Poster Title: ________________________________

Presenter Name: ________________________________

Title: ________________________________

Organization: ________________________________

Mailing Address: ________________________________

Email: ________________________________

Phone Number: ________________________________ Fax: ________________________________

Co-Presenters: ________________________________

**Please Indicate Poster Category:**

G. Administration
H. Education
I. Practice
J. Research
K. Student

**Poster Abstract:** Please see guidelines. Limit your abstract to 250 words or less. Use an additional sheet if necessary. If you are not using Microsoft Word, save your file in rich text format [rtf] prior to submission.
Around the State

We want to hear from you! Please let us know what you are doing in your area so we can highlight your accomplishments in the newsletter. Some examples include:

- Unit Council Magnet Projects
- Professional Presentations
- Community Initiatives
- Research Projects
- Evidence based practice changes

Please submit your information via Member Bridge or to the media coordinator @ karenmcneely@gmail.com.

Advertise in the APNA Florida Newsletter

- Active APNA members receive a 50% discount on ads!
- Business Card $50.00
- ¼ Page $75.00
- ½ Page $100.00
- Full Page $200.00
- Contact Media Coordinator Karen McNeely DNP, ARNP-BC
  
  Phone: 954-592-4789  
  karenmcneely@gmail.com