Council/Task Force Activity Report
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COUNCILS

Addictions

Current Activities:

• Updated & Relaunched Webinars for ALL nurses & ALL APRNs regarding Nursing Role During the Opioid Epidemic
• Joined with PCSS & AAAP to update the 24-hour MAT Waiver Training for APRNs
• Developed multiple "special projects" for which member input is needed & will be introduced at the APNA 33rd Annual Conference in New Orleans.
• Partnered with the Opioid Response Network to develop information for ALL nurses related to OUDs
• Received approval from APNAs BOD & Geri Pearson, Editor in Chief, JAPNA to move forward with SUD Special Issue pending late 2020/early 2021

If your council could advise the board on one thing that APNA should accomplish relative to your council’s area of expertise, what would it be?
Incorporate the ubiquitous nature of PMH nurses in providing services related to SUDs, education to other nurses regarding SUDs and informing the public regarding SUD identification, assessment & treatments.
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Addictions
Susan E. Caverly, PhD, ARNP - Chair
Laura G. Leahy, DrNP, APRN, PMH-CNS/FNP, CARN-AP, FAANP – Co-Chair

Steering Committee
Carolyn Baird, DNP, MBA, RN-BC, CARN-AP, CCDPD, FIAAN
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Kirk Bergmark, APN, PMHCNS-BC
Ann Bispo, PCNS, MSN, RN, CNS

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Marissa Boeding, BSN, RN
Jacqueline Bonaby, RN
Elizabeth Bott, BSN, RN
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Vanessa Brown, RN
Shelly Brown, DNP
Kelly Buckley, MSN, RN
Harold Burns III
Erica Butcher, RN
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Marianne Call, APRN
Meriel Campbell, MS, RN, NP, CNS
Christopher Caratzas, BSN, RN
LaTonya Carroll, DNP, APRN, CPNP-PC, FNP-C
Bethanne Carson, MSN, PMHNP
Margot Chadwick, PMHNP-BC
DessyeDee Clark, PhD, APRN, PNS
Spencer Cole, MSN, RN
Leigh Combs, RN
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Emily Friedman, RN
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Lori Kidd, PhD, RN, CNS
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NEA-BC  
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Virginia Singer, DNP  
Catherine Skowronsky, MSN, RN, ACNS-BC, CMSRN, CNS  
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Kenya Smith, RN, BSN  
Robert Snow, MSN, RN  
Martha Snow, MSN, RN, PMHNP, CARN-AP  
Nicholas St Clair, BSN, RN  
Janet Stagg, MS, RN, PMHCNS  
Ann Stanton, PhD, RN  
Jill Steinke, MS RN  
Bruce (Jamie) Stevens, MSN, APRN, PMHNP-BC, CARN-AP  
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Wendy Stultz, BSN, RN  
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Nancy Sym, PMHNP-BC  
Lauren Szewczyk, RN-BC  
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Matthew Tierney, MSN, PMHNP-BC, FANP-BC, FAAN  
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Candace Trippe, RN, BSN  
Wendy Trout, MSN, PMHNP, APRN  
Michael Valenti, RN, PhD  
Dorothy Valin, PhD, APN CNS  
Judith Van Cleef, MS, RN-BC-Retired  
Lisa Vandemark, APRN, PhD, PMHNP-BC  
Amye Varnum, PMHN, RN, BC  
Jennifer Velasquez, RN  
Jessica Walsh, BSN, RN  
Pamela Waranowicz, Associate, RN  
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Kathleen Webster, DNP, PMHNP, CNSMH  
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Kathleen Wolff, PhD, APRN, CNS  
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Kerry Wyman, BSN, RN  
Kathleen Yost, Psychiatric, BSN, RN  
Tia Young, BS Psych, BSN  
Michelle Zapanta, MSN, RN-BC  
Cheryl Zimlich, PMHNP-BC
Current Activities:

- Co-Chairs are working on:
  - Developing a draft PMH Administrator tool kit, covering the following broad areas: Workforce development, Managing culture, Safe Environments, Quality Improvement, Managing in a Regulatory Environment and Fiscal Management.
  - A crosswalk document for the draft PMH Administrator tool kit to the Nursing Administration Scope and Standards of Practice (2016) and the Scope and Standards of Practice of Psychiatric Mental Health Nursing (2014).

- The APNA Administrative Council Steering Committee continues to meet on a regular basis.

If your council could advise the board on one thing that APNA should accomplish relative to your council’s area of expertise, what would it be?

Develop an APNA PMH Administrator page on the website.
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Administrative
Kristen M. Kichefski, MSN, MBA, RN-BC – Co-Chair
Suzie Marriott, MS, BSN, RN-BC – Co-Chair

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Lisa Naugle, MSN RN, BC
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Brandy Quintana, RN
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Jennifer Ziccardi-Colson, MHA, MSN, BSW, RN
Child and Adolescent

Current Activities:
Monthly meetings via Conference calls: January, February, March, April, June, July and Aug 2019

• Encouraged all C and A members (Advisory Board and steering committee members) with notice to Member bridge to submit abstracts with offers to mentor anyone who wished

• Posted multiple articles of interest on C and A topics to Member bridge to both steering Committee and Advisory Board

• The Journal of Psycho-social Nursing has accepted for publication an article based on our Presentation at last year’s conference, on Media Use

• Co-Chair, Dr. Joy Lauerer has submitted and had article accepted for publication.

• We will be discussing with administration, the identification of new co-chairs to facilitate transitioning of leadership of C and A Steering Committee

If your council could advise the board on one thing that APNA should accomplish relative to your council’s area of expertise, what would it be?
Our one request of the board would be to help us engage members in child adolescent council activity.
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Child and Adolescent

Kathleen C. Gaffney, APN, MSN, PMHCNS, GTBH/ UTHSC – Co-Chair
Joy A. Lauerer, DNP, MSN, APRN, BC – Co-Chair

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Leah Carnes
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October 2019

Education

Current Activities:

• Monthly Conference Calls - 3 branches - Undergraduate, Graduate and Continuing Education for ongoing development of materials to support Nurse Educators, developed BOD briefing papers to develop initiatives in the area of Personality Disorders, Student Incivility, Student Perceptions of clinical experiences and update Suicide Competencies. Groups actively working on survey of ed council members promoting civility in education of nurses and updating suicide competency training materials to bring up to date.

• Worked with BOD to form a task force to develop: Clinical Pearls for Recovery Oriented Practices in Caring for Individuals with Personality Disorders. Surveyed Education Council regarding current perceptions and practices in teaching this content.

• Leadership succession - mentoring new branch chairs this year- Sue DeLaune, Nancy Feltner and Sherry Lindsay Continuing Ed and Beth King - Grad Ed. Several members rotating off to other responsibilities (Amanda Shuh, Jamie Stevens, Sue DeLaune and Candice Knight - their input has been greatly appreciated)

• Graduate Education council working on developing materials around supporting preceptors and psychotherapy role of PMH APRN.

• Supported APNA submission of SAMHSA Grant for development of substance use education curriculum - ie letters of support from educational partners, educational materials.

If your council could advise the board on one thing that APNA should accomplish relative to your council’s area of expertise, what would it be?
Development of an initiative to support Nurses Well Being - to encompass self care/self compassion, interventions for compassion fatigue and practice of clinical supervision.
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Education

Diane H. Esposito, PhD, ARNP, PMHCNS-BC - Chair
Shirlee P. Davidson, RN, MSN - Associate Chair

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Kelly Bryant, RN-BC, NEA-BC, BSN, MS, CNE
Gail Burmeister, RN, MSN
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<tr>
<th>Name</th>
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<td>Doreen Butler, RN, CPN, CAN.Ed, MSc</td>
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<td>Constance Buttrick, MSN, RN-BC</td>
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<td>Barbara Buxton, PhD</td>
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<td>Laura Dzurec, PhD, PMHCNS-BC, RN, ANEF,</td>
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<td>Carol Essenmacher, DNP, C-TTS</td>
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<td>Cindy Estes, DNP, MHA, RN, NE-BC</td>
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<td>Deborah Evers, RN, MSN, CNS-BC</td>
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<td>Ann Filipski, MSN, PSY. D, PMHCNS-BC</td>
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<td>Ruth Flucker, MS, RN, RNMH, PMHNP-BC, CNE</td>
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<td>Brenda Fore, MHA, BSN, RN-BC, PMHN, CLNC</td>
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<td>Diane Forsyth, RN, PhD</td>
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<td>Juliette Fritz, BSN, RN</td>
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<td>Laureen Galatas, CS-APMHNIMN, RN</td>
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<td>Amy Gamblin, MSN, RN-BC</td>
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<td>Janet Garvey, DNP, ARNP</td>
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<td>Laura Gervasi, MEd, BS, RN-BC</td>
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<td>George Gilchrest, MSN, MHRN</td>
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<td>Noreen Giordano, DNP</td>
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<td>Christine Graor, PhD, PMHCNS-BC</td>
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October 2019

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Forensic Psychiatric Nurses

Current Activities:
- Evelyn Perkins on as co-chair of Forensic Council
- Member survey - 30 completed - better idea of needs of group
- Focus on clarification of "Forensic nurse"
- Fall conference discussion - survey results and interactions on local, state and national levels and how the council can facilitate

If your council could advise the board on one thing that APNA should accomplish relative to your council's area of expertise, what would it be?
Engagement of members
Council/Task Force Activity Report
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Forensic

Leslie Miles, APRN, BC – Co-Chair
Evelyn Perkins, PMH-BC, NE-BC – Co-Chair

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<th>Name</th>
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<tbody>
<tr>
<td>Virginia Singer</td>
<td>DNP</td>
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<tr>
<td>Kathy Smith</td>
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<td>Janet Somlyay</td>
<td>DNP, CPNP, PMHNP</td>
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<td>Eleanor Tomas</td>
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<td>Debbie Ultsch</td>
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<td>Doris Van Byssum</td>
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<td>Lydia Veratti</td>
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<td>Renee Vives</td>
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<td>Frankie Wallis</td>
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<td>Sheila Webster</td>
<td>PMHCNS-BC, CNS</td>
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<td>Madeline Williams</td>
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<td>Kathleen Wolff</td>
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<td>Cathi Zillmann</td>
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Mental Health Advocacy

Current Activities:

- Advocacy issue this year was Reducing the Stigma of Psychiatric Nursing.
- Letter to the Editor was created for members to educate their community on Psychiatric Nursing.
- Plan is to get information out to members, encourage presentations in their home community.

If your council could advise the board on one thing that APNA should accomplish relative to your council’s area of expertise, what would it be?

- Addressing stigma - mental illness does not = mass shootings. The Trump administration is calling for monitoring anyone with a mental illness.
- Better guidelines for practice issues (FNP working as Psych NPs).
- Mental Health Funding
Council/Task Force Activity Report
October 2019

Mental Health Advocacy

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October 2019

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**Council/Task Force Activity Report**  
**October 2019**

**Practice**

**Current Activities:**
- Development of Integrative Modalities Resource
- Draft of BOD Briefing Paper - Psychotherapy
- MI / BA for inpt psych RN - concurrent session presentation at annual conference

**If your council could advise the board on one thing that APNA should accomplish relative to your council’s area of expertise, what would it be?**

Assist in recruitment of psychiatric RN's to the practice council. We need assistance in increasing RN level involved on this council.
Council/Task Force Activity Report
October 2019

Practice

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Council/Task Force Activity Report
October 2019

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Susan Wrona, PMHNP
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Wendy Zubenko, EdD, MSN, CNS
Council/Task Force Activity Report  
October 2019

Recovery

Current Activities:

1) Monthly meetings with exception of July.
2) Discussion and preparation of poster presentation at the conference in October on nurses’ self-care and Recovery oriented practice. Another member of our steering committee is presenting a poster on implementing Recovery programming in a multiple hospital system.
3) Completed and sent Survey Monkey to assess current state Recovery oriented services to our Recovery council members and the Steering committee group.
   - Obtained limited results
   - Planning to utilize our meeting at the October conference for volunteers to complete survey to increase number of responses
   - Plan to analyze trends and use as a needs assessment for educational activities
4) Plan for October Conference Agenda, to be finalized in our next meeting on 9/19/19.
5) Continued efforts for engagement of Steering Committee members to ensure engagement and continued enthusiasm, continued leadership development
6) Continued discussion of an APNA audio/video library for Lived Experience and Recovery storytelling.
7) Initial discussions of future council activities and efforts in progress.

If your council could advise the board on one thing that APNA should accomplish relative to your council’s area of expertise, what would it be?
Council/Task Force Activity Report
October 2019

Recovery

Constance Ann Noll, DNP, MA, PMHNP-BC, CRNP - Chair

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Kathleen Webster, DNP, PMHNP, CNSM
Research

Current Activities:
• 13 Research Council (RC) volunteers provided final grant reviews for 18 grant proposal applications. Preliminary reviews were also provided for a few applications per request.
• Reviewed/updated RC Mission, Strategic Plan and Objectives
• Updated RC Steering Committee membership with call for volunteers that generated impressive response.
• Planned RC Small Group Discussion session at the Annual Conference in NOLA based on each of the five RC Objectives.
• Attendance at the RC Small group Discussion will be surveyed on recommendations, needs, and wish list based on each objective at the end of the Annual meeting.

If your council could advise the board on one thing that APNA should accomplish relative to your council’s area of expertise, what would it be?
Foster PMH nurses’ interest in research and evidence-based research. Increase funding for more grant awards.
Research

Brandy Mechling, PhD, RN, PMHCNS-BC – Co-Chair
Olimpia Paun, PhD, PMHCNS-BC – Co-Chair

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<table>
<thead>
<tr>
<th>Council/Task Force Activity Report</th>
<th>October 2019</th>
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<tbody>
<tr>
<td>Nancy Scheutz, MSN, RN</td>
<td>Sandra Thomas, PhD, RN, FAAN</td>
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<td>Krista Scorsone, MS, RN, PMHNP-BC</td>
<td>Tina Truncellito Laupola, BS, RN-BC</td>
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<td>Daryl Sharp, PhD, PMHCNS-BC, NPP</td>
<td>Michelle Tsai, DNP, PMHNP-BC</td>
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<td>Margaret Sherlock, MA, PMHCNS-BC</td>
<td>Michael Valenti, RN, PhD</td>
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<td>Debra Van Dyke, MSN, MA, BSEd, BSN-RN</td>
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<td>Kelly Voll, ADN, RN</td>
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<td>Marianne Smith, PhD, RN, ARNP, BC, FAAN</td>
<td>Andrea Warner Stidham, PhD, RN</td>
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<tr>
<td>Marsha Snyder, PhD, APRN-BC, PMHCNS-BC, CADC</td>
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<td>Jeanne Marie Stacciarini, PhD, RN, FAAN</td>
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<td>Allison Stafford, PhD, RN</td>
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<td>Gail Stuart, PhD, RN, CS, FAAN</td>
<td>Cathi Zillmann, NPP</td>
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<td>Helen Thamm, APRN, PMHCNS-BC</td>
<td>Cynthia Zolnierek, PhD, MSN, RN</td>
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<tr>
<td>James Theiss, RN, BSN</td>
<td>Rick Zoucha, PhD, PMHCNS-BC, CTN-A, FAAN</td>
</tr>
</tbody>
</table>
Safe Environments

Current Activities:

- Quality Survey - Facilitated survey monkey survey to CSE committee. Steering Committee analyzed data. Kathy Delaney created PPT presentation regarding outcomes. Sent to National Board. Committee will work on article to submit to journal.

- Chemical Restraint Committee working on dialog for this topic. Is the current definition clear or accurate? The current definition - is a form of medical restraint in which a drug is used to restrict the freedom or movement of a patient or in some cases to sedate a patient. These are used in emergency, acute, and psychiatric settings to control unruly patients who are interfering with their care or who are otherwise harmful to themselves or others in their vicinity.

- Use of ketamine to control acute agitation. Committee researching and may want to developed Fact Sheet for use with behavioral health patients. Many threads in Member Bridge recently also asking how to use ketamine for depression and how to set up clinic.

- Updating Resources: Reviewing resources and found many were getting old. Committee to update resources. Richard agreed to find the bibliography that the committee was working on 3-4 years ago. Members will email resources during the coming month.

- Annual conference in Oct: Council meeting will be on Saturday morning. Marlene agreed to lead Hot Topics discussion on Chemical Restraints and Jeannine will present highlights of the committee's survey results on Quality domains.

If your council could advise the board on one thing that APNA should accomplish relative to your council’s area of expertise, what would it be?

Possibly take outcomes from Quality Survey and discuss with regulators to develop consistent quality measure for behavioral health centers.
Council/Task Force Activity Report
October 2019

Safe Environments

Jeannine Loucks, MSN, RN-BC PMH - Chair

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TASK FORCES

Personality Disorder

Charge
This new initiative established by the APNA Board of Directors will develop clinical pearls for working with individuals with personality disorders and help identify best practices that will help prepare nurses to better address the challenging behavioral response patterns of individuals with various personality disorders. These pearls will be created within an overarching framework that is trauma informed and stigma defeating. Each task force will represent one of the clusters of personality disorders, Cluster A, Cluster B and Cluster C.

Diane Esposito, PhD, ARNP, PMHCNS-BC - Chair, Cluster A
Nancy Feltner, APRN, CF-PMHNP, BC, MS, MSN/Ed, QMHP, BSN - Chair, Cluster B
Shirlee P. Davidson, RN, MSN – Chair, Cluster C

Task Force Members

Cluster A
John Chovan, PhD, DNP, RN, CNP, CNS
Angela Delgrande, PhD, PMHNP-BC, CNS
Paula Alexander-Delpech, PhD, PMHNP-BC, APRN
Roxanne England, MS, RN
Dr. Dawn Goldstein, PhD, RN, PMHNP-BC, CCM
Dr. Camellia Ann Herisko, RN, MSN, CRNP, DNP
Kevin Ann Huckshorn, PhD, MSN, RN, ICRC
Lindsey Irwin, RN, BSN
Joseph Keifer, PsyD, BSN, RN
Diana Christine Krishnan, LCSW
Edna Lewin, PhD, RN
Devin Leishman, CMSRN

Jennifer Lucy Lamb, PMHNP-BC, MN
Fern Ellen Malloy, RN, MSN
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Julene Dorothy Smith, RN, ARNP, PMHNP-BC
Janet R. Thelen, MSN, PMHNP-BC
Jessica Ann Whelan, FPMHNP-BC, RN, BSN, MSN, FMHNP

Cluster B
Maryam Adebayo, PMHNP-BC
Adrienne E. Avillion, DEd, RN
Elizabeth Blondeau, BS, RN-BC
Brynne Delaney Calleran, MSN, BSN, BS, RN-BC
Maryanne F. Fournier, PMHNP-BC

Dana Frank, RN
Todd B. Hastings, PhD, MS, RN
Rachael Hovermale, DNP, APRN
Anita Iyengar, PMHCNS-BC, RN
Sofiya Kagna, BSN, MA, RN
Progress
A call for volunteers resulted in the creation of the three task forces. The three groups will meet to develop workplans and timeframes.
Joint Scope & Standards Update

*Charge*

Update the Psychiatric-Mental Health Nursing: Scope and Standards of Practice by 2020 through a joint task force with the International Society of Psychiatric Nurses.

Joyce M. Shea, DNSc, APRN, BC - *Chair*

*Task Force Members*

**APNA**
Vanessa Barlow, MBA, BSN, RN
Margaret Halter, PhD, APRN
Kristen Kichefski, MSN, MBA, RN-BC
Kris A. McLoughlin, DNP, APRN, PMHCNS-BC, CADC-II, FAAN
Matthew Tierney, MSN, PMHNP-BC, FANP-BC, FAAN

**ISPN**
Elizabeth Bonham, PhD, RN, PMHCNS-BC, FAAN
Cheryl Giscombe, PhD, PMHNP-BC, RN, FAAN
Sara Horton-Deutsch, PhD, RN, PMHCNS, ANEF, FAAN
Andrea Kwasky, NP, DNP, PMHCNS-BC, PMHNP-BC
Rene Love, PhD, DNP, PMHNP-BC, FNP, FAANP
Edilma Yearwood, PhD, PMH-BC, FAAN

*Progress*

The co-chairs began work in December of 2018 and the entire Task Force has been meeting twice monthly since January 2019. There have been significant revisions and updates to the document thus far. Task Force members from both APNA and ISPN have made substantial contributions to the revision process and the work is on schedule to be completed in early 2020. Following ANA review of the revised document, there will be a period for public comment. The Task Force will then view and incorporate responses to the feedback in the final version.
Suicide Competencies Update

**Charge**
Review and update the position paper on “APNA Position Statement: Competencies for Nurse-Assessment and Management of Inpatient Suicide Risk”.

Cheryl Puntit, MN, APRN, PMHCNS, BC - Chair
Shirlee P. Davidson, RN, MSN - Co-Chair

**Task Force Member**
Barbara J. Limandri, PhD, PMHCNS-BC

**Progress**
This is task force is newly created. Workplans and deadlines are being established.

Tobacco Treatment Nursing Competencies

**Charge**
Develop tobacco and nicotine dependency nursing competencies for PMH nurses.

Carol Essenmacher, DNP, C-TTS - Chair

**Task Force Members**
Relindis Akwanga, RN, BSN, MSN student
Carolyn Baird, DNP, MBA, RN-BC, CARN-AP, CCDPD, FIAAN
Julia Houfek, PhD, APRN-CNS, BC
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Lynette Smith, PhD, PMHNP-BC, FNP-BC
Marchell Spielmann, ARNP, FNP, PMHNP
Bridgette Vest, DNP, RN, PMHNP, GNP
Barbara Warren, PhD, RN, APRN-CNS, PMH-BC, FNAP, FAAN

**Progress**
The task force has completed draft competencies that they will be vetting with member experts before presenting to the board for consideration.
Workforce

**Charge**
The task force will encourage meaningful efforts by APNA members and investigators to study the supply and demand for psychiatric-mental health nursing by:

- Identifying current needs and ways to develop new investigators to study the psychiatric-mental health nursing workforce.
- Studying current workforce data to determine existing size of psychiatric-mental health nursing workforce and project future needs across the spectrum of PMH nursing care.

Dawn Vanderhoef, PhD, DNP, RN, PMHNP-BC, FAANP - *Chair*

**Task Force Members**
Kathleen Delaney, PhD, PMH-NP, RN
Angela Gerolamo, PhD, APRN, BC
Bethany Phoenix, PhD, RN, CNS
Amy Rushton, MSN, RN, PMHCNS-BC
Janette Stallings, MA, MSN, BSN, APRN, PMHNP-BC

**Progress**
- The PMH RN and APRN surveys have been completed.
- Results of the PMH APRN pilot survey have been received.
- Results of the PMH RN pilot survey will be back the week of September 30.
- The survey glossary for both RN and APRN surveys has been completed.
- Joanne Spatz, PhD agreed to review the surveys.
- A statistician consultant from RUSH has been procured.