APNA 16TH ANNUAL CLINICAL PSYCHOPHARMACOLOGY INSTITUTE

Planned for Nurses, by Nurses

June 7-10, 2018
Hyatt Regency Baltimore on the Inner Harbor
Baltimore, MD

www.apna.org/CPI

#APNAPsychopharm
Dear Colleagues,

The APNA Clinical Psychopharmacology Institute (CPI) provides just that: a space where you can come together with your colleagues to get the latest in neuroscience and psychopharmacology... and apply those updates to your clinical nursing practice. At CPI, you’ll be with your people – those who get you and what you do the most. Learn how to become a better prescriber, feel the camaraderie of other nurses who share similar experiences, and feel comfortable asking questions and joining in discussions.

The CPI Program Committee has created this program based on your requests for education that speaks to the realities of psychiatric-mental health nursing practice. This year you’ll not only interact with an interdisciplinary lineup of prestigious speakers, you’ll also join members of the CPI Program Committee at the end of each day for a case-based discussion of how the information presented applies to your day-to-day nursing practice.

Read on to learn about this year’s exciting program, the perks included in your registration, and more... See you at the Inner Harbor in June!

Linda S. Beeber, PhD, PMHCNS-BC, FAAN

President
Learn from interdisciplinary experts in neurobiology and psychopharmacology who support the care you provide to meet patients’ needs.

Get the meaningful interactions with peers that you need to process how new discoveries impact your treatment decisions.

Take home new approaches for educating and providing care to your patients to ensure the best possible outcomes.

It’s planned for nurses by nurses, so it’s about the science … AND how that science can help your patients. That’s why at CPI you’ll:

Why do your peers choose to make CPI their preferred pharmacology conference?

“[It] provides excellent and very useful information for the clinician, particularly as we advance in brain neuroscience and use of therapeutic modalities for our patients.”

“It’s a good conference and permits me to fill most of my pharmacology requirements for licensure and recertification at one time.”

“This is my specialty and I value how other nurses think. I attended the very first one and have tried to come to as many as I can.”

NEW THIS YEAR: Outcomes Panels

At the end of each day of sessions, join members of the CPI Program Committee to discuss how the information in that day’s sessions apply to your practice. Each presenter will speak to this in their talk, but these panels provide a chance to apply the concepts with concrete examples from psychiatric-mental health nurse experts.

Continuing Education

The APNA 16th Annual Clinical Psychopharmacology Institute will offer up to 22 contact hours in psychopharmacology.

2018 Conference Educational Learning Outcomes

1. Utilize evidence based psychopharmacologic mental health nursing practice interventions that promote healthy brains and healthy behaviors.
2. Incorporate new discoveries in psychopharmacology and neuroscience into psychiatric-mental health nursing practice.

Continuing nursing education contact hours are awarded based on number of sessions attended and evaluations completed. To receive full credit for a session, you must attend the entire session and complete its online evaluation.
Wilson M. Compton, MD, MPE  
*Deputy Director, National Institute on Drug Abuse, National Institutes of Health, U.S. Department of Health and Human Services*

Wilson Compton devotes his considerable expertise to leading research on drug abuse and addiction throughout the world as Deputy Director of the National Institute on Drug Abuse of the National Institutes of Health. Most notably he led a national and international public health research project examining the extent of drug use and how to implement prevention and treatment programs. He was also at the helm of a joint study with the Food and Drug Administration on the impact of new U.S. tobacco regulations.

He has authored over 150 articles and chapters and his extensive speaking engagements have included presentations to justices at the Federal Judicial Center explaining how the science of addiction may improve policy and practices related to persons with substance abuse disorder within the criminal justice system. Prior to his work at NIDA where he also served as the Director of Division of Epidemiology, Services and Prevention Research from 2002 until 2013, Dr. Compton taught psychiatry at Washington University in Saint Louis and was also Medical Director of Addiction Services at the Barnes-Jewish Hospital in Saint Louis.

Jay N. Giedd, MD  
*Professor and Chair, Child and Adolescent Psychiatry, University of California, San Diego*

Jay Giedd, a sought-after neuroscientist and researcher, has spent decades examining the developing adolescent brain. In an era marked by the ubiquitous use of personal electronic devices by teens, his long-term studies using brain imaging, genetics and psychological/behavioral assessments have produced groundbreaking insights into the impact digital technology habits have on the teenage brain. His work makes headlines and was highlighted on PBS's *Frontline* (Inside the Teenage Brain) where he demystified influences on adolescent brain development like gender differences and the role of environmental versus genetic factors as well as the development of decision-making abilities.

Currently a professor of psychiatry at University of California, San Diego, he was previously a professor at Johns Hopkins Bloomberg School of Public Health and Chief of the Section on Brain Imaging, Child Psychiatry Branch, National Institute of Mental Health.
SCHEDULE

FRIDAY, JUNE 8
Contact hours: 8.5

7:30am – 8:00am
Coffee Service

8:00am – 9:30am
**KEYNOTE:** Marijuana/Cannabinoids
Wilson M. Compton, MD, MPE

9:45am – 11:45am
Microbiome, Gut, Hormones, Brain Connections in Mental Health/Addictions
Wendy A. Henderson, PhD, MSN, CRNP, FAAN
Lorenzo Leggio, MD, PhD, MSc

12:00pm – 2:00pm
Symposium Luncheon: Clinical Convergence®: Optimizing the Diagnosis and Management of Pediatric Bipolar Depression
Sponsored by: RMEI Medical Education, LLC
Contact hours (1.5) provided by: Postgraduate Institute for Medicine
Supported by: Sunovion Pharmaceuticals Inc.

2:15pm – 3:45pm
Legal Issues in Prescribing
Carolyn Buppert, MSN, JD

4:00pm – 5:30pm
HIV is a Brain Infection: The Forgotten Viral Attack Revisited
Richard S. Ferri, PhD, NP, CARN-AP, FAAN

5:45pm – 6:15pm
Outcomes Panel
CPI Program Committee

SATURDAY, JUNE 9
Contact hours: 7.0

7:30am – 8:00am
Coffee Service

8:00am – 9:30am
**KEYNOTE:** Neurobiology of the Adolescent Brain: Behavior, Risk of Illness, & Interventions
Jay N. Giedd, MD

9:45am – 11:15am
Military Psychiatry: Practice and Pitfalls - A Case Study Analysis
CDR Joseph M. Holshoe, PMHNP-BC

11:30am – 1:30pm
Lunch provided
Additional 1.5 contact hours if an educational session is sponsored during this time.

1:45pm – 3:45pm
Shared Decision Making in Pharmacotherapy Management
Mary A. Gutierrez, PharmD, BCPP

4:00pm – 5:30pm
Developing Clinical Targets through PET Imaging: Dementia and Depression
Robert Innis, MD, PhD

5:45pm – 6:15pm
Outcomes Panel
CPI Program Committee

SUNDAY, JUNE 10
Contact hours: 4.5

7:30am – 8:00am
Coffee Service

8:00am – 9:30am
Naming, Framing, and Containing the Physiology of Fear – A Wellness Approach
Mary D. Moller, DNP, PhD, ARNP, PMHCNS-BC, CPRP, FAAN

9:45am – 11:15am
Psychotropic Medications & Impact on the Bone
Karen L. Houseknecht, PhD

11:15am – 12:15pm
Brunch provided

12:15pm – 1:45pm
Brain Stimulation & Neuromodulation
Donna Ecklesdafer, MSN, RN

Schedule is subject
to change. APNA reserves the right to make program changes as necessary, and the right to cancel sessions if events occur beyond reasonable control of APNA.

Check www.apna.org/CPI for schedule, program, and housing updates.

THURSDAY PRE-CONFERENCE

June 7 | 5:00pm – 7:00pm | Contact hours: 2.0
Psypharmacology: Neuroanatomy, Neural Signaling, and Common Pathways in Psychiatric Conditions
Barbara J. Limandri, PhD, PMHCNS-BC

Register for this pre-conference course to fortify your understanding of neurophysiology and neuroanatomy related to prescribing psychiatric medications. This new “flipped classroom” format will provide the content ahead of the conference for you to review. Then during the live session, you'll apply the concepts you’ve learned to case examples in discussions at your table. Through these practical interactions with the material and your colleagues, this course will provide a foundation for understanding neural signaling, the breakdown in neural signaling that contributes to symptomatology, and how current drugs affect neurotransmission to mediate symptoms. Additionally, you'll be introduced to cutting edge research in neural transmission that contributes to novel approaches to psychotropic drug development.

Select the pre-conference session add-on during registration (additional fee) to earn up to an additional 2 contact hrs.

Dinner not provided
TO DO

Sightseeing
Join the excitement on the Inner Harbor with visits to the popular aquarium, historical attractions, art galleries and more!
- The National Aquarium, a nationally ranked aquarium with more than 20,000 aquatic animals
- Fort McHenry, the inspiration behind “The Star-Spangled Banner”
- Cruise the harbor, dine, dance and catch stunning waterfront views

Shopping
From one-of-a-kind local boutiques to national retailers, shopping is plentiful on the Inner Harbor. Enjoy a mix of boutiques in Federal Hill, large retailers in The Gallery or a walk down Antique Row all within a close distance of the conference.

Restaurants
Known for its sweet Maryland blue crab, the harbor offers local crab specialties and a variety of regional and ethnic cuisines. Stop by Little Italy for a handmade pasta and sauces or Greektown for Mediterranean delicacies.

Show Your Badge Program
APNA CPI attendees are eligible to receive discounts at local restaurants and attractions around the harbor. Visit www.apna.org/CPITravel for a full list of participating companies. Just show your CPI name badge and enjoy the savings!

TRAVEL

By Air
The Hyatt is 10 miles from the Baltimore-Washington International Airport (BWI).

Airline and airport shuttle discounts have been arranged for CPI Conference registrants. To book, visit www.apna.org/CPItravel.

Taxi service is available on the lower level curb of all terminals. Approximate cost from BWI to the Hyatt is $35.00.

Other Options - Car, Train, Bus
Baltimore is easily accessible by car from Washington DC (1 hour), Philadelphia (2 hours), and New York City (3 hours). The Baltimore Penn train station and Baltimore Downtown bus station are 2 miles from the Hyatt. See www.apna.org/CPItravel for more travel info.

HOTEL INFORMATION

Hyatt Regency Baltimore on the Inner Harbor
Enjoy a luxurious stay with water views of the picturesque Inner Harbor.

Discounted Guest Room Rate: $165 per night single/double plus tax
Discounted Self-Parking Park Rate: $15 per day at the Hyatt garage. Additional parking is available at surrounding garages.

Guest room reservations are made on a first-come, first served basis until the room block is sold out. It is recommended to make hotel reservations as early as possible. Room rates are subject to change without notice and are based on availability.

Reserve your guest room today!
300 Light Street, Baltimore, Maryland, USA, 21202
Call: 1-888-421-1442, refer to the APNA CPI Conference for the reduced rate
Book Online: www.apna.org/CPItravel
4 Options to Register

1. **Online:** Go to www.apna.org/CPI - click Register! (Preferred)
2. **Fax:** Complete form below and send to secure fax at 855-883-2762.
3. **Mail:** Complete form below and send check (made payable to APNA) to: APNA – CPI Registration
   PO Box 75365
   Baltimore, MD 21275-5365
4. **Phone:** Call APNA toll free at 855-863-2762.

Attendee Information  (*All fields required*)

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**EMERGENCY CONTACT (NAME, RELATIONSHIP, PHONE)**

Is this your first time attending the APNA CPI conference?  
☐ Yes  ☐ No

Registration Rates  *Pre-registration ends Friday, June 1, 2018*

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<th>Registration Rates</th>
<th>Member</th>
<th>Nonmember</th>
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<tr>
<td><strong>FULL CONFERENCE REGISTRATION</strong></td>
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<td>Early Bird  <em>(deadline: May 14)</em></td>
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<td><strong>ONE DAY ONLY REGISTRATION</strong></td>
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<td>$199</td>
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Full Conference and One Day Registration Rates do not include the pre-conference session.

* Available for members of the Military, Reserves, or National Guard on active duty. Must show proof of current active military service at Registration Check-in.

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** Available in additional to full or one day conference registrations.

Payment Information

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Cancellation Policy

Notification of registration cancellation must be received in writing to inform@apna.org by May 18, 2018 to receive a refund minus a $50 administration fee. **No refunds will be issued after May 18, 2018.**
Meet clinicians like yourself from across the country

Earn up to 22 contact hours in pharmacology

Hear from experts who support the care you provide

Master your psychopharmacologic nursing practice

REGISTER NOW FOR THE:
APNA CLINICAL PSYCHOPHARMACOLOGY INSTITUTE
JUNE 7-10, 2018
INNER HARBOR OF BALTIMORE, MARYLAND

Online access to session recordings also included.