



American
Psychiatric
Nurses
Association



American Psychiatric Nurses Association
Competency Based Training for Suicide Prevention

Competency Based Training for Suicide Prevention: PMH Nurse Generalist Role

The competency based training is a 2-part interactive evidence based educational activity consisting of a 1.25 hour online module and a live 5.25 hour training. The standardized program is designed to interpret the nine Psychiatric Nurse Essential Competencies for Assessment and Management of Individuals at Risk for Suicide and demonstrate the systematic approach for applying the competencies in inpatient nursing practice. With both the online component (Module 1) and the live training, participants will earn 6.5 contact hours.

Three hundred and eight (**308**) nurses have completed the *Competency Based Training for Suicide Prevention Nurse Generalist Role* courses since November, 2014.

Facilitator Training

To further disseminate the *Competency Based Training for Suicide Prevention: PMH Nurse Generalist Role*, APNA developed a 6 part hybrid pilot course to train facilitators to deliver the *Competency Based Training*.

- The facilitator course began with 66 participants in November, 2015, and finished June 8, 2016, with **32 trained facilitators** (29 from across the U.S; 3 from Singapore).
- **17 States Represented:** California, Florida, Hawaii, Illinois, Michigan, Kentucky, Maryland, Massachusetts, Missouri, Nebraska, New Mexico, New York, Oregon, Vermont, Virginia, Wisconsin, Texas

APNA Facilitators

- Sign a Facilitator agreement with APNA to teach the Competency Based courses.
- Are certified for 3 years and teach a minimum of 4 courses per year.
- Purchase a Facilitator toolkit which provides standardized evidence based curriculum and materials for use in competency based training.

Med/Surg Critical Care Workgroup for Competency Based Training for Suicide Prevention: PMH Generalist Role

This 10 member workgroup was created in June 2015 with representatives from Med/Surg and Critical Care Nursing Associations each providing 1 nurse representative.

Monthly meetings were held to adapt and modify the current Competency Based Curriculum and assessment to support the use of the APNA Suicide Competencies for Acute Care Nurses. The following have been completed:

- Needs assessment

- SWOT analysis
- Acute Care Algorithm
- Curriculum

The Curriculum is currently in peer review and will be piloted with med/surg nurses by the end of 2016.