

Addictions Council

Current Activities

- ENDS Paper summarizing electronic nicotine delivery systems (ENDS) --"What Nurses Need to Know"--accepted for JAPNA publication.
- Developed an APNA Annual Conference Interactive Panel: will disseminate information on numerous substance use and addictions topics, provide a forum for discussion, and assess member educational needs
- Updated tobacco content and substance use content on APNA website "Resources" page.
 - Number of people ("hits") this past year who have accessed the tobacco resources in the APNA "Resouces Center" - 1,835 (from 10/8/16 to 10/8/17)
 - Number of people ("hits") this past year who have accessed the addictions/substance use resources in the APNA "Resouces Center" - 1,978 (from 10/8/16 to 10/8/17)
- Ongoing planning/designing of a survey of member beliefs, knowledge, and needs regarding substance use and addictions.
- Planning underway for dynamic educational program of substance use and addictions content for APNA members.
- Orders for Opioid Education sessions since their introduction:
 - **1,351 Orders:** Effective Treatments for Opioid Use Disorder: Educating & Empowering All Registered Nurses (RN) During an Epidemic
 - Podcast Format
 - 1.25 contact hours
 - Free for members and non-members
 - **1,200 Orders:** Effective Treatments for Opioid Use Disorder: Educating & Empowering Advanced Practice Registered Nurses (APRN) During an Epidemic
 - Podcast Format
 - 3.5 Rx contact hours
 - Free for members and non-members
 - **910 Orders:** Effective Treatments for Opioid Use Disorder: Educating & Empowering Psychiatric Mental-Health Nurses (PMH-RN) During an Epidemic
 - Podcast Format
 - 1.25 contact hours
 - Free for members and non-members

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The Administrative Council is reviewing activities and plans to reorganize in 2018.

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APRN Council

Current Activities

- Reviewed and provided input on Scope of Practice Documents
- Developed 3rd Psychotherapy Pre-Conference intensive Training which will be presented at the APNA 31st Annual Conference in Phoenix.
- Developed "Starting a Private Practice" document which will be presented in Phoenix and posted in the APRN library on Member Bridge.

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Susan Wrona, PMHNP
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Wendy Zubenko, EdD, MSN, CNS

Child and Adolescent Council

Current Activities

- Completed a gap analysis informing the council of educational needs for programming across child and adolescent mental health topics.
- Identified obstacles that may present barriers towards practicing in child and adolescent mental health areas.
- Identified discrepancies in child and adolescent content and clinical hours across Psych Mental Health NP programs
- Present continuing education contact hour content on working with LGBTQ youth and families in this years interactive panel at the annual meeting.
- Represent APNA in a Patient-Centered Outcomes Research Institute (PICORI) meeting on childhood anxiety.

Child and Adolescent Council

Chair: Julie Carbray, PhD, FPMHNP-BC, PMHCNS-BC, APN

Associate Chair: Diane Wieland, PhD, MSN, RN, PMHCNS-BC

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Bethany Carter
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Amanda Costello

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Kimberly Young

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Wendy Zubenko, EdD, MSN, CNS

Education Council

Current Activities

- Our focus has been on "Whole Health Begins with Mental Health" and how this applies to the Undergraduate, Graduate and Continuing Education Branches.
- The Education Council has held phone conferences monthly to discuss compassion fatigue and burnout in psychiatric mental health nursing and what needs to be done in undergraduate, graduate and continuing education to prevent it.
- The Undergraduate Education Branch is focusing on ways to incorporate education about prevention of compassion fatigue into the curriculum, as well as ways for faculty to safe guard against it.
- The Graduate Education Branch is focusing on supervision as a necessary part of psychiatric mental health advanced practice nursing and the importance of it in prevention of compassion fatigue and burn out.
- The Continuing Education Branch has surveyed membership regarding needs and self care for nurses has been identified as an area needing a major focus.

Education Council

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Associate Chair: Shirlee Davidson, RN, MSN

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Forensic Psychiatric Nurse Practitioners Council

Current Activities

Planned an Interactive Panel on Trauma Informed Care for the APNA 31st Annual Conference in Phoenix.

Forensic Council

Chair: Nina Beaman, EdD, MSN, CNE, RN-BC (PMH)

Steering Committee

Helen Birkbeck, APRN
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Zuzana Segev, BSN, NP
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Cathi Zillmann, NPP

Council for Mental Health Advocacy

Current Activities

- Updating the CMHA toolkit on the APNA website.
- Submitted an article to newsletter on accessing toolkit for APNA and ANA for advocacy.
- Administrative support was provided by APNA to assist in tracking legislative issues, website changes and other administrative support.
- A Call for Volunteers was sent out to recruit new member participants on the Steering Committee and Advisory Panel.

Council for Mental Health Advocacy

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Steering Committee

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Recovery Council

Current Activities

- Working on the development of APNA's audio and video library of stories of individuals with Lived Experience and Recovery.
- Creation of a Resilience Training to be determined
- Continued engagement for council leadership development
- Continued engagement for advisory work on Trauma informed care and Mental Health and Work Elearning
- Support the Recovery to Practice (RTP) efforts of APNA.

Recovery Council

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Research Council

Current Activities

- Addressed a request from APNA staff related to the past trend of few proposals for APNA research funding
- Developed and submitted a proposal for review to advance mentoring of APNA Psychiatric Mental Health nurses in research
- Placing final touches on the APNA Annual Conference Research Council Interactive Panel; Oct. '17
- Prepping for the full roll-out of the proposal in bullet # 2 (Research Mentoring Moments Program); Nov. '17
- Reconvening monthly Research Council Steering Committee phone conferences after a break over the summer

Research Council

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Council for Safe Environments

Current Activities

- Monthly Steering Committee conference calls are being held with minutes being posted in the Member Bridge library.
- Steering Committee members scan and respond to Member Bridge postings on safety related questions and topics.
- We are planning to operationalize what "engagement" looks like in the acute practice settings.
- We are planning to develop seclusion and restraint competencies for nurses.
- Developed an Interactive Discussion Panel Presentation for the APNA 31st Annual Conference.

Council for Safe Environments

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Associate Chair: Richard Ray, MS, RN, PMH-BC

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