

APNA Education and Provider Unit Update

APNA Provider Unit Accreditation:

ANCC COMMISSION ON ACCREDITATION ACTION

American Psychiatric Nurses Association is a Provider of Continuing Nursing Education by the American Nurses Credentialing Center's Accreditation Program. APNA has earned accreditation status for 4 more years until November 20, 2021.

Education - Chapter Activities

As of October, 2017, the APNA Provider unit worked with eleven chapters to cooperatively provide accredited education for their conferences. The APNA chapters included: Kentucky, Florida, Michigan, Iowa, Nebraska, Tennessee, Washington, New England, Virginia, New York, and New Jersey for a total of **69.75 CE's** offered to an estimated **801** participants nationwide. This resulted in more than **3,656** contact hours being earned. Two additional chapter conferences have been planned for November, 2017. To increase chapter interest APNA and APNA New York chapter have offered quarterly 1 hour CNE activities for a total of 4 meetings this year, yielding great success.

Education - Member Activities

APNA members have worked with ASiM, an education company and the College of Neurologic and Psychiatric Pharmacists to develop 2 education programs in 2017.

- *Managing the Neuropsychiatric Manifestations of PD: An Update for Pharmacists and Nurses* was delivered as 4 live webcasts and recorded for an enduring online program.
- *Novel Treatments to Overcome Clinical Challenges in Treating Major Depressive Disorder* was delivered as 4 regional half-day trainings and was recorded for an enduring online program.
- Each program provides FREE continuing education contact hours for members and non-members.
- Each program was supported by an independent educational grant

eLearning-Continuing Nursing Education

- Due to increased organizational usage and demand for yearly training, the *Competency Based Training for Conducting the One Hour Face-to-Face Assessment for Patients in Restraint or Seclusion and Seclusion* and *Restraint: Assessment and Risk Mitigation* was reviewed and updated in 2017. The updated content is accredited through September 30, 2019.
- *Recovery to Practice* was reviewed and updated to align the content with the current *Psychiatric Mental-Health Nursing Scope and Standards of Practice*. The program is transitioning to a new eLearning platform and is scheduled to be released by November, 2017.
- APNA is developing a Free CE webinar featuring Dr. Donald Meichenbaum. *Practical Ways to Bolster Resilience: A Life-span Perspective* will be released on Veterans Day, November 11, 2017.

Journal of the American Psychiatric Nurses Association

Beginning July, 2017 APNA is offering continuing nursing education (CNE) contact hours for one article in each issue of JAPNA. Each article is identified for peer review in order to determine that the content meets educational learning outcomes, is appropriate for RN and APRN psychiatric nurses, and to determine contact hours. CNE contact hours are free and must be accessed through JAPNA.

Councils and APNA Continuing Education

- Addictions Council
 - 3 opioid presentations hosted by APNA for free professional education
 - Addictions Council Tobacco Dependence Branch – completed a summary of literature of current research and best practice related to electronic nicotine delivery systems (ENDS). Members developed an article that was submitted and accepted.
- Education Council
 - Undergraduate Toolkit: *Defining and Using Psychiatric-Mental Health Nursing Skills in Undergraduate Nursing Education* is completed and available on the APNA website. The toolkit provides strategies and resources for teaching PMH in a nursing curriculum.
 - From its inception November, 2016 to October 1, 2017 the Undergraduate Education Toolkit has been visited **8,394** times.
- Forensic Council- identifying priority topics for eLearning two currently in development.
- Recovery Council-identifying priority topics for eLearning.
- Child & Adolescent Council – identifying priority topics for eLearning, one currently in development. “Helping Children and Adolescents with Autism Spectrum Disorder (ASD) Parts 1 & 2” for a total of 3 plus contact hours.
- APRN Council – identifying priority topics for eLearning.

Medication Assisted Treatment (MAT) Training for Nurses

Under the 2016 Comprehensive Addiction and Recovery Act (CARA) NPs are now eligible to obtain a MAT waiver after completing 24 hours of approved coursework. All healthcare providers must obtain MAT waivers from the Drug Enforcement Agency in order to prescribe buprenorphine, one of three FDA-approved medications for treating opioid use disorders. Two free online courses, 24 hours in total, meet the educational requirements for Advanced Practice Nurses to obtain waivers to prescribe medication assisted treatment (MAT) for opioid use disorders. By completing this training and obtaining waivers, APRNs will be able to provide treatment desperately needed and will help expand patients’ access to treatment in communities across the country.

APNA is offering continuing nursing education credit in partnership with the Providers’ Clinical Support System for Medication Assisted Treatment (PCSS-MAT). Upon completion of the 24 hours of education, nurses may apply to PCSS-MAT for Waiver Certificates for submission to SAMHSA with an application for the MAT waiver. Support for the program is through funding from SAMHSA - See the full press release at: <https://www.apna.org/i4a/pages/index.cfm?pageid=6260#sthash.SudtDmCm.dpuf>

Update on Current Analytics

- *Individuals registered for the trainings*
 - 8-Hour: 965
 - 16-Hour: 939
- *Individuals who have completed the training*
 - 8-Hour: 421
 - 16-Hour: 483
- *Evaluations*

100% of participants agreed or strongly agreed that the course:

 - Increased their knowledge and/or skills related to their practice of psychiatric nursing.
 - The program increased their competence and confidence in treating opioid use disorders including buprenorphine.

75% of participants agreed or strongly agreed that the courses would influence them to change their nursing practice in the treatment of persons with opioid use disorders.

Support for the Program:

Funding for this initiative was made possible in part by Providers' Clinical Support System for Medication Assisted Treatment (grant no. 1U79TI026556) from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

The American Psychiatric Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

15th Annual Clinical Psychopharmacology Institute

Planned for Nurses by Nurses

Integration of Psychopharmacology and Nursing Science: Strategies to Promote Healthy Brains, People, and Lives

Hyatt Regency Baltimore on the Inner Harbor
Baltimore, Maryland
June 8-11, 2017

Registration: 491

\$445 early member rate; includes online access to CPI podcasts plus 10 additional contact hours of choice in the APNA eLearning Center

Hotel APNA rate: \$163 per night

Conference Schedule: Up to 21.5 CNE contact hours in pharmacology (23 contact hours total)

Learning Outcomes

1. Incorporate evidence based psychopharmacologic mental health nursing practice interventions that promote healthy brains, people, and lives.
2. Discuss the science of personalized psychopharmacology including principles of neurotransmission, pharmacokinetics and pharmacodynamics and their influence on psychopharmacologic nursing practice.
3. Relate new discoveries in psychopharmacology and neuroscience to the nursing practice of caring for persons with complex psychiatric disorders.

Exhibits, Symposia and Product Theaters

- Table-top Exhibits – 13 exhibits
- 2 Lunch Symposia
 - Tardive Dyskinesia - Supported by an education grant from Neurocrine Biosciences, Inc.
 - Bipolar Depression - Supported by an education grant from Sunovion Pharmaceuticals Inc.
- 1 Product Theater Dinner
 - Sponsored by Sunovion Pharmaceuticals Inc.

New this Year / Back by popular demand:

- Networking continental breakfasts
- CPI went green!! PDF Handouts online for download/print
- Mobile app for access to schedule, maps, real-time updates, announcements, and messaging with fellow attendees
- Compact program book with notes pages included
- Choose an **additional 10 continuing education contact hours** in the APNA eLearning Center
- Receive a **\$25 discount** on APNA 30th Annual Conference registration

Keynote Speakers:

Kevin Hines - The CNQR Foundation. Brain Health Advocate & Storyteller

Xavier F. Amador, PhD - President, LEAP Institute and LEAP Associates, LLC

Faculty and Topics:

- **CDR Joseph Holshoe, PMHNP-BC** - *The Power of Zzzzs: Sleep Solutions for Psychiatric Nursing*
- **Sanjay J. Mathew, MD** - *Practice Novel Experimental Medicine Approaches to Depressive and Trauma-related Disorders*
Joy A. Lauerer, DNP, PMHCNS-BC, RN - *Telepsychiatry: Connecting and Prescribing from a Distance*
- **Lorenzo Leggio, MD, PhD, MSc** - *Clinical Treatment Targets in Addictions*
- **Grace Nadolny, MD** - *Geriatric Psychopharmacology*
- **Nancy Noyes, RN, MS, PPCNP-BC, PMHCNS-BC** - *Early Assessment, Diagnosis and Treatment of Pediatric Delirium*
- **Lauren M. Osborne, MD** - *The Management of Mood and Anxiety Disorders in Pregnancy and Postpartum*
- **Philip Shaw, MD, PhD** - *ADHD Across the Lifespan: Research Update*
- **Christian J. Teter, PharmD, BCPP** - *Employing Multiple Mechanisms with Downstream Effects: Contemporary Psychopharmacologic Approaches*
- **Barbara Jones Warren, PhD, RN, PMHCNS-BC, FNAP, FAAN** - *Culture, Violence, & Psychopharmacology*
- **Carol Essenmacher, PMHCNS-BC, DNP, CTTS** - *Treating Nicotine and Tobacco Dependence: Assumptions That Could be Harmful to Your Patients*

Save the Date for CPI West
Planned for Nurses by Nurses

DoubleTree by Hilton
San Diego, California
March 17-18, 2018

Faculty/Topics

- Carolyn Buppert, MSN, JD, ANP – Legal Issues in Prescribing
- Barbara Limandri, RN, CS, DNSC – Psychopharmacology: Neuroanatomy, Neural Signaling, and Common Pathways in Psychiatric Conditions
- Jay Giedd, MD – The Adolescent Brain
- Sanjay Matthew, MD - Novel Experimental Medicine Approaches to Depressive and Trauma-related Disorders
Mary Guttierrez, PharmD, BCPP – Psychopharmacology: Prescribing Updates
- Lauren M. Osborne, MD - The Management of Mood and Anxiety Disorders in Pregnancy and Postpartum

Registration Opening Soon

APNA 31st Annual Conference
Phoenix Convention Center
Phoenix, Arizona
October 18-21, 2017

Whole Health Begins with Mental Health

Registration projected: 1700

Full Conference Registration: \$545 early bird member rate

Pre-Conference Add-on Rate: \$199 members / \$299 nonmembers

Hotels

- Hilton Garden Inn: \$192/night
- Hyatt: \$199/night
- Sheraton Grand: \$209/night

Monday/Tuesday: ANCC Certification Review Courses –PMH NP

- Hosted by ANA as a separate event before the conference. APNA will advertise.

Conference Program: earn up to 26.25 contact hours onsite (more than 100 available online after the conference)

Program Content in the following topic areas

- Addictions
- Psychopharmacology
- Psychotherapy
- Inpatient PMH Nursing
- Recovery
- Integrated Care
- Motivational Interviewing

187 posters

- Earn up to 4 contact hours (Review and evaluate 6 posters = 1 contact hour)
- Posters available live and online (CE for live session only)

Keynote Speaker

Victor J. Strecher, PhD, MPH – Professor and Director for Innovation and Social Entrepreneurship, University of Michigan Schools of Public Health and Medicine. Founder and President, JOOL Health, Inc.

All attendees will get his graphic novella “On Purpose: Lessons in Life and Health From the Frog, the Dung Beetle, and Julia”, as well as access to his lifestyle tracking mobile app “JOOL”, included free with registration.

Overall Conference Learning Outcomes:

- Explore opportunities for PMH nurses to infuse mental health recovery and wellness into administration, education, practice, research and policy.
- Advance psychiatric-mental health nursing by leading health care changes that focus on mental health and well-being.

- Apply innovative best practice tools and strategies in various workplace settings to improve the mental health of the population.

Exhibits, Symposia and Product Theaters

- Exhibits – 100+ exhibitors
- 8 Product Theaters – combination of breakfasts, lunches and dinners throughout the conference

New this year/More of a good thing:

- Additional mini concurrent sessions 7 timeslots (14 abstracts) presented – total 21 mini sessions.
- 7-hour Motivational Interviewing pre-con workshop
- Conference begins with a Kickoff session, including a welcome, brief orientation, presentation of awards and ***special guest***
- Opening Program drawing for an APNA Travel Award (FREE registration, hotel, travel) to the 2019 APNA Annual Conference
- New - Ignite Session with the APNA BOD – *Whole Health Begins with Mental Health*
- Enhanced mobile app features – new platform with community and profile creation, access to pdf handouts, community contact, polling feature for conference presenters.
- Mix and Mingle Reception in the Exhibit Hall on Thursday evening
- Full registration includes access to all podcasts for free



Competency Based Training for Suicide Prevention: PMH Nurse Generalist Role

The competency based training is a 2-part interactive evidence based educational activity consisting of a 1.25 hour online module and a live 5.25 hour training. The standardized program is designed to interpret the nine Psychiatric Nurse Essential Competencies for Assessment and Management of Individuals at Risk for Suicide and demonstrate the systematic approach for applying the competencies in inpatient nursing practice. With both the online component (Module 1) and the live training, participants will earn 6.5 contact hours.

Facilitator Training

- A pilot facilitator course for the ***Competency Based Training for Suicide Prevention: PMH Nurse Generalist Role*** was held November, 2015 through June 8, 2016. The course began with 66 participants and finished with **32 trained facilitators** (29 from across the U.S; 3 from Singapore).
- **17 States Represented:** California, Florida, Hawaii, Illinois, Michigan, Kentucky, Maryland, Massachusetts, Missouri, Nebraska, New Mexico, New York, Oregon, Vermont, Virginia, Wisconsin, Texas
- APNA began its first official Facilitator Course for the ***Competency Based Training for Suicide Prevention: PMH Nurse Generalist Role*** July, 2017 and will complete the course October 30, 2017 with an expected **9 more trained facilitators**.
- APNA plans to offer a 2nd facilitator course February thru May, 2018

APNA Facilitators

- Sign a Facilitator agreement with APNA to teach the Competency Based courses.
- Are certified for 3 years and teach a minimum of 4 courses per year.
- Purchase a Facilitator toolkit which provides standardized evidence based curriculum and materials for use in competency based training.
- As of October 1, 2017, **17 trained facilitators** have held **48 Competency Based training classes** to a total of **675** interdisciplinary participants.

Medical-Surgical and Critical Care Workgroup for Competency Based Training for Suicide Prevention: Acute Care Role

This 10 member APNA workgroup was created in June, 2015 with representatives from Med/Surg and Critical Care Nursing Associations each providing 1 nurse representative. Monthly meetings were held to adapt and modify the current Competency Based Curriculum and assessment to support the use of the APNA Suicide Competencies for Acute Care Nurses. The following have been completed:

- Needs assessment
- SWOT analysis
- Acute Care Algorithm
- Curriculum
- Pilot of a one hour Acute Care Competency Based Course (3 sites = 35 RN's)
- Pilot to a larger audience of Acute Care Nurses through the Academy of Medical-Surgical Nurses (October, 2017)

The Acute Care Competency Base Course is designed as a facilitated training; and a Facilitator Course is currently in development. A curriculum outline was developed and completion of a provider directed, learner-paced *Facilitator Training for Acute Care Competency Based Course* is scheduled for December, 2017.

APNA Transitions in Practice (ATP) Certificate Program

October 2017

The APNA Transitions in Practice (ATP) Certificate program is an educational offering by APNA to deliver foundational psychiatric mental health (PMH) knowledge that RNs need for transition into mental health practice settings.

Program Outcomes

1. Introduce evidence based strategies for providing safe and effective nursing care for people with psychiatric-mental health disorders.
2. Provide education that promotes the acquisition of foundational evidence-based knowledge related to psychiatric-mental health nursing through case study analysis and post-test questions.
3. Provide evidence-based tools and strategies to facilitate nurses developing a person-centered plan of care for people with mental health disorders.

ATP Review and Update 2017

All ATP program content was reviewed for current best evidence in compliance with CNE requirements. Content was updated in the following areas:

- References and terminology
- Replacement of four presentations
 - Medication Management in Psychiatric Mental Health Settings
 - Integrating Recovery Principles into Practice
 - Cultural Awareness
 - Therapeutic Engagement in De-escalation

Updated course content is now available on the new learning management system, Elevate.

ATP Order Activity

Total orders since program launch: 2,720 seats

Bulk Proposal Orders

- **Total: 51 organizations** purchased a combined total of **1950 seats**
 - **May - September 2017:**
 - **3 NEW!** organizations
 - **2 organizations** purchased additional seats
 - **↑165 total seats**

Top 3 Organization Orders:

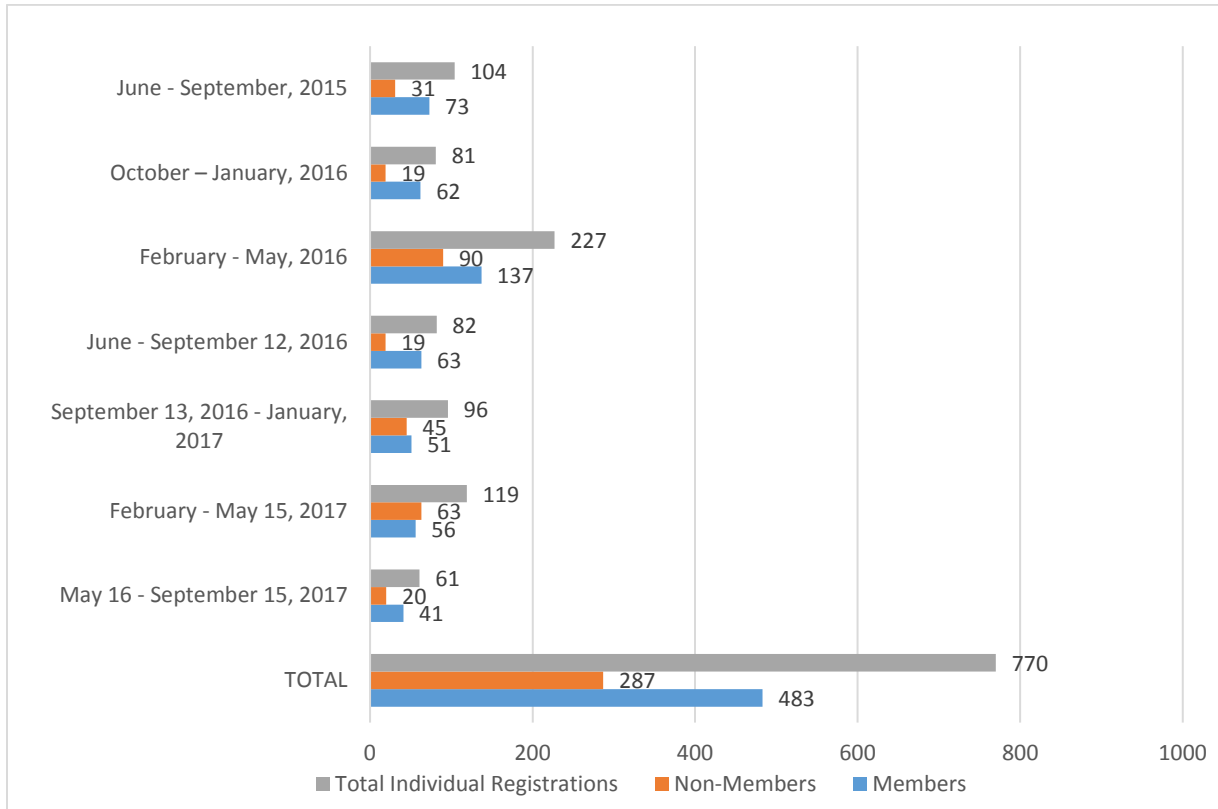
- New Jersey Behavioral Health (with Rutgers): **319** seats (269 + 50)
- New York Office of Mental Health: **300** seats

- Rutgers, The State University of New Jersey: **103** seats

Military and V.A. Organization Orders:

- Naval Medical Center Portsmouth: 15 seats
- Orlando VA Medical Center: 10 seats
- Tomah VA Medical Center: 10 seats
- VA Sierra Nevada Health Care System: 10 seats

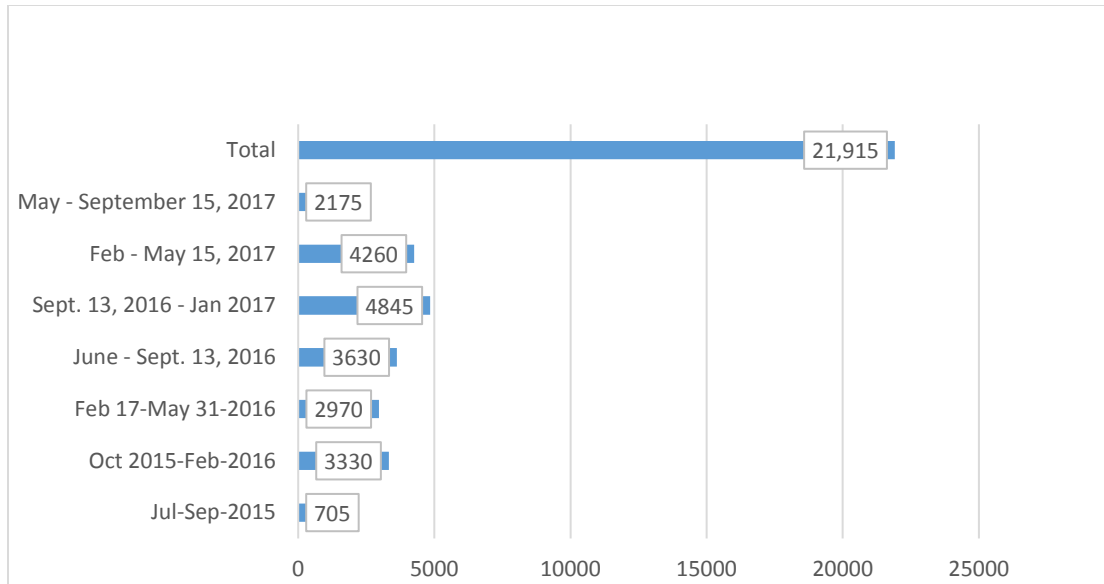
Individual Registrations (Member & Nonmember)



ATP Contact Hours Earned

ATP successful course completions earn a 15.0 contact hour certificate.

Total Contact Hours Earned: 21, 915
1, 461 certificates of 15 contact hours



ATP Evaluation Data

July 2015 (launch) – September 15, 2017

Sampling of User Comments

- Excellent! Heightens awareness and reminds us of most basic human needs.
- Enjoyed the presentation, it has inspired me to be more actively involved with my patients.
- The speaker took a difficult topic and made it very accessible.
- Overall the session was effective.
- Informative and useful in my nursing practice. I will try to see things from my patients' perspective more often.
- Very well done. All nurses should see this.
- I feel more inspired after the session.
- I liked the presentation very much. This was not 'pie in the sky, ivory tower stuff,' but rather based in the realities of current Psychiatric nursing practice.
- The presentation had valuable information relevant to my job in caring for psychiatric patients.
- Program was up-to-date and a well-rounded approach to in-patient psychiatric hospital nursing.
- Good session in that the content can be applied to the inpatient or outpatient settings, crosses age/generational population, and also can be applied to the nurse's personal life and experience.
- Well done! Loved the medication part and how you used real life examples.
- I learned a lot...and I would highly recommend it to other nurses. Very well done- I really liked the focus on holistic health- great job!