

**Schedule for APNA Competency Based Training for Suicide Prevention:
Psychiatric-Mental Health Nurse Generalist Role
Oregon Chapter March 6, 2021 (Virtual)**

| Time | Topic |
|-------|---|
| 8:00 | Introductions and Announcements |
| 8:30 | Phenomenon of Suicide (Competency 1) <ul style="list-style-type: none"> • Epidemiology • Terminology |
| 9:00 | Legal & Ethical Issues (Competencies 8 & 9) <ul style="list-style-type: none"> • Legal duty • Ethical decision making |
| 9:30 | Self-awareness and the Therapeutic Relationship (Competencies 2 & 3) |
| 10:00 | Break |
| 10:15 | Comprehensive Assessment (Competency 4 & 5) <ul style="list-style-type: none"> • Mental health assessment including mental status exam • Risk formulation and Documentation |
| 11:30 | Video 1: Exemplar of a focused assessment |
| 12:15 | Lunch |
| 1:00 | Focused Assessment Activity |
| 1:30 | Plan of Care (Competency 6) <ul style="list-style-type: none"> • Video 2: Developing a safety plan & discussion |
| 2:00 | Safety Plan Activity |
| 2:30 | Break |
| 2:45 | Environmental Management (Competency 7) <ul style="list-style-type: none"> • Environmental hazards • Environmental interventions |
| 3:00 | Video 3: Updating the safety plan at discharge <ul style="list-style-type: none"> • Discussion |
| 3:15 | Course Review |
| | Instructions for completing online components <ul style="list-style-type: none"> • Post-test, Course evaluation |
| 4:30 | End Training |