

**APNA Iowa Chapter**  
Board Meeting Minutes  
January 15, 2019

**Present:** Mary Sturdy-Martin MSNN, RN-BC, NEA-BC, SANE, Julie Barrett, BSN, RN-BC in MH, Rebecca DeVine PMHNP-BC ANRP, Jen Blume ANRP, Lisa Kongable, RN-BC, ARNP

**Recorded by:** Julie Barrett, BSN, RN-BC in MH

Agenda Item	Discussion	Action/Follow-up/ Person(s) Responsible/ Due Date
Board Members	2018 – 2019 Board Mary Sturdy-Martin MSNN, RN-BC, NEA-BC, SANE – <b>President</b> Jen Blume ANRP – <b>Treasurer</b> Julie Barrett, BSN, RN-BC in MH - <b>Secretary</b> Rebecca DeVine PMHNP-BC ANRP – <b>Central Reginal Support</b> Lisa Kongable, RN-BC, ARNP – <b>SE Reginal Support</b> Members of the Board: Dan Wesemann DNP, PMHNP-BC ANRP Needed: President-elect, members at large	Current Board – Continue to seek Board members
Thanks for all your hard work	Anne Gentil-Archer, ARNP, AGNP-C, PMHNP-BC is resigning from her co-secretary role due to being the President of another nursing organization at this time	Julie sent this to chapter support - done
Regional Support Board Members	Lisa Kongable – SE Reginal Support Becky Devine – Central Reginal Support	Julie sent this to chapter support - done
2019 Conference Planning	<b>Pre-conference Title:</b> APNA Competency Based Training for Suicide Prevention Training <b>Annual Board Meeting – Becky is checking to see if a drug company wants to speak and provide the meal that evening as the educational part of the meeting</b> <b>Title –</b> Current Issues and Needs in Psychiatric Mental Health Nursing <b>Venue – Methodist Hospital Des Moines</b> <b>Food – ?</b> <b>Date – 3/28/19 and 3/29/19</b>	APNA is providing the trainer for at least 20 people capped at 30. Becky  Mary Is this venue correct? Mary is checking on the food

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<p><b>Annual Board Meeting - THURSDAY 3/28/19 @ 6:30 PM</b> Free to all</p> <p><b>Speakers:</b> Geriatric Pharmacology - Dan Medical Assistance for Chemical Dependency – Jen Chemical Dependency : Dave Barloon Impaired professionals: Board of Nursing will present “In my own word” – NAMI speaker? Legislative update – Rebecca DeVine</p> <p><b>Needs Assessment</b> - a paragraph describing the needs assessment of the conference - <b>General Mission</b> – write and turn in to APNA - of general mission for the conference –     This years: The purpose of this activity is to enable the psychiatric mental health nurse to identify current mental health treatment strategies for the chemically dependent patient, and medically treating the geriatric patient, including implementation strategies and advocating for mental health care at the local and state levels.</p> <p><b>Conference Objectives</b> – write + turn in to APNA - three specific conference objectives –      Upon completion of this conference, the participant should be able to:</p> <ul style="list-style-type: none"> <li>• Identify Chemical Dependency issues and have tools for resolutions.</li> <li>• Have updates on Geriatric pharmacy and how it applies to daily practice.</li> <li>• Be current on Legislative issues in Iowa</li> </ul> <p>Vendors Letter – Needs updated <b>Vendors</b> – \$400/table– goal = 8 – Need to brochure before commitment. <b>BIO’s</b> – for all speakers turned in to APNA - <b>Titles</b> – for all speakers turned in to APNA - <b>Conflicts of Interest</b> – for all speakers turned in to APNA - <b>Speakers Objectives</b> – for all speakers turned in to APNA - <b>Power Points</b> – for all speakers turned in to APNA - <b>Save the Date</b> - Julie sent to Dan and Mary <b>Brochure</b> - ?</p>	<p>Becky checking with drug reps</p> <p>Dan we need an outline Jen we need an outline Lisa will ask David to speak Becky is checking on this speaker Who is checking on this? Becky we need an outline</p> <p>All look at this and make changes</p> <p>All look at these and enhance</p> <p>Jen will update the Vendor letter Becky and Lisa</p> <p>Dan will post on Facebook and the site</p> <p>We agreed to use the free Wi-Fi to send out to participants.</p>
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	<p><b>AV – Possibility of providing conference online? Using Zoom is an option – need to check if wi-fi is powerful enough</b></p> <p><b>Registration</b> – set up with National a way for participant to pay for the conference</p> <p>This year:</p> <p>\$40 for pre-conference capped at 30 people</p> <p>\$60 for member</p> <p>\$70 for non-member</p> <p>\$25 for student</p> <p>\$30 for WiFi participants</p> <p>\$80 dollar at the door.</p> <p><b>Advertising</b> – BROCHURE- E-mail sent out to all members by chapter support x 2, up on Facebook, e-mails to the members of surrounding states after getting permission from the individual chapter presidents - ??</p> <p><b>CEU's</b> – Check with APNA to obtain CEUs and with Molly James at the College of Nursing to facilitate the process</p> <p><b>Awards</b> – Chapter support sent out a survey for members to vote on the Benfer Award and Schroder Award around March last year. Lisa will got the awards made with the names on them last year.</p> <p>Name tags, thank you cards for speakers.</p> <p>Gift for members: ?</p>	<p>Is \$40 what we agreed on it</p> <p>Is \$30 OK for WiFi participants?</p> <p>Dan</p> <p>Mary</p> <p>Lisa?</p> <p>Lisa</p>
	<p><b>Suicide prevention training on Thursday 3/28</b></p> <p>8 hours (6.5 hours of program)</p> <p>Cost \$20 up to 30 people – minimum of 20 people needed - would have to pay for training if less then 30</p>	<p>Jen to check for room availability</p>
	<p>2019 APNA, Iowa Chapter Conference</p> <p><b>Agenda – Tentative (2018)</b></p> <p>0800-0830 Registration</p> <p>0830-0835 President's Welcome - Mary</p> <p>0835-0935 Speaker</p> <p>0935-0945 Break</p>	

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	0945-1045 Speaker 1045-1100 Break 1100-1200 Speaker 1200-1300 Lunch 1300-1355 Speaker 1355-1405 Break 1405-1505 Speaker 1505-1515 Break 1515-1615 Speaker 1615 Conference Evaluations/Wrap-Up Each speaker will be asked to leave 10 minutes for Q & A	
Nurse in Washington Internship	Mary to email info. Possibility to send a member to get trained on legislative issues and health policies.	Mary
<b>Next Meeting</b>	<b>Next meeting is January 29 at 1900</b>	