

APNA Minnesota Chapter
2016 Chapter Conference Planning

December 18, 2015 | 6 pm Central
Conference Call Minutes

Attendees:

- Angela Mackay (please note change of last name from Thomas to Mackay)
- Linda Rossow
- Candi Walsh
- Gayle Godfrey
- Kelley Puppe
- Hannah Chau
- Barb Peterson
- Nancy Dillon

Discussion relating to Spring/Summer conference/retreat

Suggestion for theme of conference was Crisis in the ER and or lack of education in inpatient setting relating to crisis situation. **Crisis in healthcare: Improving patient care**

Linden talked about the extent of variance between MH from the Uof M, VA, Abbots and Mankato ER

Lengthy discussion around resources available for patients in the community and the length of stay in the ER and inpatient psychiatry units. There was mentioning of lack of interactions between nurses and patients in the ER which results in frustration and eventually a crisis situation needing assistance from security.

Plan is to raise awareness (situational and environmental awareness) amongst direct care staff in order to predict situations and use interventions to reduce crisis responses.

Nancy to check with NAMI what resources are available relating to crisis in the ER. Article “Compassionate care in the ER”. Nancy to see whether it’s available.

If and when conference is confirmed suggested speakers are

- **Nancy** - Rep from NAMI
- Guild foundation
- Emergency Room nurses association (chapter president will be contacted)
- MH consumer health of MH
- **Barb / Kelley** – Children’s crisis at Fairview
- Pharmacist – medication reconciliation or restarting medication
- Policy issues / treatment / environment and risk issues that staff need to be aware of
- Director of Abbots

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- Angela or Gayle to connect with Wendy - Director of MH Regions – Discussions and plans for adjusting staffing in the ER (having psych nurses in the ER)
- Someone would contact DHS (New representative). Nursing perspective information – (Liz Piper or Jennifer was mentioned)
- Need a representative from around the table where practices for ensuring safety for patients and nurses is being discussed.
 - Figuring out how to empower nurses
 - Resilience
 - Crisis prevention
 - Verbal de-escalation – Crisis Intervention Training from St Paul police training. Angela to contact Manager.

Invite will be sent out for 2nd Friday in January for a follow up discussion

Decision for APNA Chapter conference to have Drug reps which helps with funding. Angela to check with National or get permission.

Considering Holiday Inn / Kelly Inn in St Cloud for conference. Any other suggestions please let us know at our next phone conference meeting in January.

Submitted by: Angela Mackay