American Psychiatric Nurses Association Michigan Chapter APNA National Conference and Annual Meeting Hartford, Connecticut October 21, 2016 at 6:30 p.m.-7:30 p.m.

<u>Present:</u> Merrie Kaas, Nancy Dillon, Lindsay Anderson, Bethany Tollefson, Diane Forsyth, Barb Peterson, Jill Ell, Frank Schwartz, Justone Heffernan, Dustin Torvick, Kelsey Perry, Kendra Anderson, Sue Ellenbecker, Kathy Poppe and Kerry Kennedy.

Excused:

Guest Present: Dale Knodel (South Dakota)

Item	Discussion	Action/Responsible Party
Call the Meeting to Order		Merrie Kaas
Introductions and welcome	16 MN chapter attendees and guest from South Dakota	Merrie Kaas
Announcement of MN Chapter	Announced Lindsay Anderson as President-Elect (notified and accepted),	Merrie Kaas and Nancy Dillon
Board of Directors election results	Angela Mattson as Secretary (notified and accepted), and Sam Kapahn as	
	Treasurer (pending notification and acceptance).	
	-21 of 243 MN Chapter members participated by voting.	
Overview of Chapter activities	-Chapter conference planned for July was cancelled due to low	Merrie Kaas and Nancy Dillon
-	registration numbers (12 registrants 1 week before conference)	
	-Chapter by-laws require two meetings per year. Typically conducted at	
	annual national conference and MN-based conference	
	-Chapter leadership agreed to alternate years of chapter conference with	
	mayo-based psychiatric nursing conference that occurs once every two years	
General Discussion	a. Biggest concern for the chapter:	
	-Member engagement	
	-Sense of community within profession	
	b. Brainstorming for member engagement and participation:	
	-Reinforce importance of having an identity within professional	
	organization	
	-Increase visibility	
	-Post more on MN Chapter webpage	
	-Change label on email blast to highlight it's from MN chapter	
	-Send out email regarding chapter updates with ideas about how to be	
	more engaged and involved	
	-Increase use of technology	

American Psychiatric Nurses Association

Michigan Chapter APNA National Conference and Annual Meeting

Hartford, Connecticut

October 21, 2016 at 6:30 p.m.-7:30 p.m.

Item	Discussion	Action/Responsible Party
	to co next MN chapter members	
	-Virtual meetings versus face-to-face	
	-Highlight educational opportunities and resources offered through	
	APNA	
	-Increase chapter activities outside of meetings	
	-NAMI walk - competition between northern and southern part of	
	state	
	-Advocacy at capital	
	-Small workshops	
	-Offer activities at chapter meetings	
	-Visit schools of nursing	
	-Membership info on units	
	c. Location of members across the state:	
	-Most members are in the metro, Rochester, and St. Cloud areas.	
	-leadership may travel to other areas to have smaller meetings with local	
	members	
	d. Visibility in the community:	
	-Discussed benefits and possible disadvantages of having a table (cost	
	of \$250) at NAMI conference	
	-Decided against having a table due to lack of nurses at conference	
	-Will have tables at Integrated Mental Health conference in Plymouth	
	e. Member needs:	
	-increase inclusion of new members	
	-update webpage more frequently	
	-calendar on webpage with upcoming events	
	-member bridge chat - foster connection, increase networking	
	-encourage involvement on councils	
Treasurer's Report	-Full report to be posted with minutes	Sue Sawyer-Demaris (not
	-Approximately \$5,000 in chapter account	present)

American Psychiatric Nurses Association Michigan Chapter PNA National Conference and Annual Meet

APNA National Conference and Annual Meeting Hartford, Connecticut

October 21, 2016 at 6:30 p.m.-7:30 p.m.

Discussion	Action/Responsible Party
a. Integrated Mental Health conference on Friday, November 4 in Plymouth	
- Link to information and registration for 5th Annual Integrative Approach	
to Psychiatric Mental Healthcare presented by Allina Health and University of	
MN School of Nursing. Occurs THIS Friday, November 4th at the Crowne	
Plaza:	
https://www.eventbrite.com/e/5th-annual-integrative-approach-to-	
psychiatric-mental-health-care-tickets-25978950741	
b. Psychiatric nursing conference at Mayo Clinic on Tuesday, July 25th	
-Mark your calendars, chapter lunch meeting planned	
-Keynote by Kathy Delaney, Rush University	
-Call for posters	
-Topics: Violence, psychopharmacology, transitions from inpatient to	
outpatient care	
-Registration information to be emailed through MN Chapter and	
posted on website when available	
c. 31st Annual APNA Conference in Phoenix, AZ	
-Mark your calendars for October 18-21, 2017	
-Conference to be held at Phoenix Convention Center	
Bothony Tollofson moved to adjourn meeting, seconded by Manay Dillon	
	a. Integrated Mental Health conference on Friday, November 4 in Plymouth - Link to information and registration for 5th Annual Integrative Approach to Psychiatric Mental Healthcare presented by Allina Health and University of MN School of Nursing. Occurs THIS Friday, November 4th at the Crowne Plaza: https://www.eventbrite.com/e/5th-annual-integrative-approach-to- psychiatric-mental-health-care-tickets-25978950741 b. Psychiatric nursing conference at Mayo Clinic on Tuesday, July 25th -Mark your calendars, chapter lunch meeting planned -Keynote by Kathy Delaney, Rush University -Call for posters -Topics: Violence, psychopharmacology, transitions from inpatient to outpatient care -Registration information to be emailed through MN Chapter and posted on website when available c. 31st Annual APNA Conference in Phoenix, AZ