

American Psychiatric Nurses Association  
 North Carolina Chapter Board Meeting  
 Zoom  
 April 16, 2019 5:00-6:00pm

Present: Brenda Fore, Kim Hutchinson, Barbara-Ann Bybel, Gina Lemons, Dee Langford, Jeanette Avery, Dorinda Snyder

Excused:

Guest Present: LaTonia Chalmers

Item	Discussion	Action/Responsible Party
Welcome	Number of North Carolina Chapter Members (411)	Brenda
Treasurer's Report	Expense \$0.00, Received \$0.00, Balance \$6,260.10	Kim
Introductions	Please enter your name in comments, if time permits we will introduce ourselves	
APNA website introduction and questions	North Carolina Chapter Member Bridge Board Report of activity	
NCNA Psych Nurse Council		Dorinda
Educational Opportunities	<p>Free CE of the Month: April 2019</p> <p>These four sessions are free for APNA members through April 30, 2019.</p> <ul style="list-style-type: none"> <li>• The Community Resiliency Model (CRM): Mental Wellness Self-Care 1.75 Contact Hours</li> <li>• T-3 + T-4: Do You Know Your Patient's Score? The Role of Thyroid Hormones in the Management of Depression 1.5 Contact Hours in Pharmacology</li> <li>• Using Electronic Devices to Improve the Patient Care Experience on an Inpatient Behavioral Health Unit 0.75 Contact Hours</li> <li>• Mini Concurrent Sessions: Anxiety (Is My Anxiety Normal? A Comparison of Normal Anxiety Compared to Anxiety Disorders as well as Good Health Practices and Treatments for Anxiety)</li> </ul>	

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	Experienced at the Primary, Secondary, and Tertiary Levels; Using Mobile Health Technology to Assess for Distress) 0.75 Contact Hours	
Other Opportunities	<p>APNA Competency Based Training for Suicide Prevention Psychiatric-Mental Health Nurse Generalist Role - Training Workshop*   6.5 Contact Hours            Presented by: Jeanette Avery &amp; the American Psychiatric Nurses Association (APNA) - June 12, 2019 @ Holly Hill Hospital, 3019 Falstaff Road, Raleigh, NC 27610</p> <p>Mental First Aid Instructor Training <a href="https://www.mentalhealthfirstaid.org/wp-content/Instructor-Training">https://www.mentalhealthfirstaid.org/wp-content/Instructor-Training</a></p> <p>Collaborate with other associations who are our association contacts for these</p> <ul style="list-style-type: none"> <li>I. Oncology Nurse Association, Jeanette Avery contact</li> <li>II. Emergency Nurse Association, Brenda Fore contact</li> <li>III. MedSurg Academy, Kim Hutchenson contact</li> <li>IV. NCNA Faith Community Council, LaTonia Chalmers contact</li> <li>V. School Nurses Association, Kim Hutchinson contact</li> <li>VI. Developmental Disabilities Nurses Association, Gina Lemons contact</li> <li>VII. NCNA, Brenda Fore and Jeanette Avery contact</li> <li>VIII. Cardinal and Partners MCO, Gina Lemons</li> <li>IX. NCONL-Paula Bird, contact</li> </ul>	
Award Nominations	APNA Education award nomination of Wanda Lancaster from ECU awaiting a student nomination letter to endorse.	
Questions & Comments		
	Next Meeting: May 21, 2019 5:00pm	