

American Psychiatric Nurses Association  
New Mexico Chapter  
Conference Call  
Saturday, November 1st, 2014 at 09:00 A.M.

Present: Shirlee Davidson (President), Lisa Atwa (President-Elect), Maureen Kolomier (Immediate Past President) Jill Martin (Treasurer), Carol Capitano (Member at Large). Absent: Patricia Cubilette (Member at Large), Janet R. Thelen (Member at Large), Margaret Edwards (Member at Large), Marybeth Brown-Pirrone,

Item	Discussion	Action/Responsible Party
<b>Opening Agenda</b>		
Roll Call/Quorum	<ul style="list-style-type: none"> <li>• Present as above.</li> <li>• Board members may have had difficulty connecting today due to solar flares' interference with the internet/cell phone satellites.</li> </ul>	Shirlee
Establish a Quorum	<ul style="list-style-type: none"> <li>• Established at 09:09 A.M.</li> </ul>	Shirlee
Approval of Prior Minutes	<ul style="list-style-type: none"> <li>• Lisa agreed to take the minutes for the November 1st, 2014 APNANM Chapter conference call in Marybeth's absence.</li> <li>• Lisa moved that the September 2014 minutes be approved. Carol seconded the motion.</li> </ul>	Shirlee, Lisa, Carol, Jill, All Members
<b>Report of the President</b>		
	<ul style="list-style-type: none"> <li>• Shirlee announced that Margaret Edward's brother passed away suddenly.</li> <li>• Shirlee &amp; Jill reported on the presentations at the APNA National Conference.</li> <li>• Per Shirlee, keynote speakers were Andrew Solomon, author of book: "Far From The Tree," on children with severe disabilities, issues faced by them and their families. Second keynote speaker was Angela Barren McBride, former Dean of the University of Indianapolis School of Nursing, who spoke on leadership.</li> <li>• Per Jill, recovery was the dominant theme of the conference.</li> <li>• Per Shirlee, information shared at president's breakfast is that the APNA is a stable organization. Membership is at over 10,000 members, having increased from 4000 in 2006. There are 7.5 new members daily. Retention has increased from 50 to 85%. There were 1500+ attendees at the conference.</li> <li>• Shirlee's and Jill's attendance at conference sessions primarily comprised veterans' issues and education.</li> </ul>	Shirlee, Jill, Carol

American Psychiatric Nurses Association  
New Mexico Chapter  
Conference Call  
Saturday, November 1st, 2014 at 09:00 A.M.

	<ul style="list-style-type: none"> <li>• Navy nurse researched levels of stress in Iraq and Afghanistan and the correlation with PTSD. One of the highest stress jobs is that of locating and deactivation of land mines, however, this group has the lowest level of PTSD due to group cohesiveness and feedback. Some other jobs, which are less dangerous have a higher level of PTSD, dissatisfaction due to isolation and lack of feedback. Point of presentation was to emphasize the importance of teaching superior officers how to provide appropriate feedback to their units.</li> <li>• The Menninger Hospital in Houston, Texas had emphasized suicide prevention and in their treatment model have utilized the “Interpersonal Model of Suicide Prevention.</li> <li>• Shirlee and Carol suggested that Dr. Yolanda Morales (UNM Psychiatric Urgent Care) and Julie Tenbrook (Senior Director of the University of New Mexico Psychiatric Emergency Service and future Manager of MHC APNs) present next year at the APNA National Conference on issues related to psychiatric emergency and urgent care</li> <li>• The 2015 APNA National Conference will be held in Orlando, Florida in October.</li> </ul>	
<b>Financial</b>		
Treasurer’s Report; APNA Headquarters Taking Over Chapter Finances.	<ul style="list-style-type: none"> <li>• APNANM Chapter balance has not changed.</li> <li>• The APNA National Headquarters may take over the bank accounts of the APNA individual state chapters.</li> </ul>	Jill, Shirlee
<b>Unfinished Business</b>		
Planning Committee; New Mexico Mental Health Task Force; Form for Nominations/Continuation of Board Positions; Interest in Board Membership; New Members	<ul style="list-style-type: none"> <li>• The APNA NM Chapter, Spring Conference will be held at the Domenici Center on April 18<sup>th</sup>, 2014. The cost will likely be \$75.00. Shirlee hopes to have the speaker list complete by end of November 2014. There may be a number of dual/breakout sessions due to the large number of speakers.</li> <li>• Shirlee presented that the APNA NM Chapter have been asked if we would like to advertise our conference in the NM Nurse. The board members voted favorably to spend \$500.00 to advertise in the NM Nurse spring issue. Carol moved that the board approve the motion, and Lisa</li> </ul>	Shirlee, Carol , Lisa, Maureen All Members

American Psychiatric Nurses Association  
 New Mexico Chapter  
 Conference Call  
 Saturday, November 1st, 2014 at 09:00 A.M.

	<p>seconded the motion. All members were in agreement and the motion was approved.</p> <ul style="list-style-type: none"> <li>• Several individuals including Dr. Molly Faulkner, Barbara Gilmore and Ann Taylor-Trujillo are interested in being on the APNANM Chapter Board.</li> <li>• The undergraduate education committee continues to work developing a tool box for educating undergraduate nurses on psychiatric mental health nursing essentials for the BSN which includes improved interaction with psychiatric patients.</li> <li>• Maureen reported on the recommendations of the New Mexico Mental Health Task Force. The recommendations are as follows: 1) Initiating a dedicated crisis center operating 24/7 with no eligibility requirements. Treatment would be a hybrid of medical/social and would serve to alleviate the treatment of psychiatric patients in the ER; 2) Case management services would require no eligibility; 3) Increased involvement of the Community Engagement Team; 4) Establishment of respite and permanent housing for the mentally ill; 5) Establishment of a mobile crisis unit, which would go out prior to a 911 call. 6) The formation of a law enforcement tiered response (unclear as to what this would look like); 7) Court and criminal justice, removal of stigma of mental illness from offenders with mental illness and increased efforts toward guardianship; 8) Outreach in the state for those who are Medicaid eligible; 9) Increased school health education/awareness on mental illness; 9) Increased activity/involvement Community Meetings Task Force and APD training and education.</li> <li>• Shirlee is communicating with Pat C. regarding the nominations form.</li> <li>• Maureen agreed to remain on the APNA NM Board.</li> <li>• Margaret may or may not continue to serve on the APNANM Chapter Board. Shirlee will be in touch with her.</li> </ul>	
<b>New Business</b>		
Spring Conference; Regional Meetings; Carol Joining UNM	<ul style="list-style-type: none"> <li>• Maureen commented on improvement in getting all of the 2013 and 2014 APNA NM Chapter minutes on the APNA web site. Per Shirlee, this</li> </ul>	Shirlee, Carol, Maureen

American Psychiatric Nurses Association  
 New Mexico Chapter  
 Conference Call  
 Saturday, November 1st, 2014 at 09:00 A.M.

College of Nursing. Medical Home/Psychiatry.	<p>responsibility has been delegated by TandJo to another APNA employee, which will serve to improve the presence of the APNA NM Chapter minutes in an expeditious manner.</p> <ul style="list-style-type: none"> <li>• Per Shirlee, at the APNA presidents meeting it was suggested that regional conferences in addition to state conferences be held. This notion was rejected by the APNA.</li> <li>• The APNA NM Chapter 2014 Spring Conference had 67 attendees, which was a greater turn out than that of some of the larger states.</li> <li>• APNA NM Chapter has had 4 new members join during October 2014. Members are coming from various regions of New Mexico.</li> <li>• Carol Capitano will be joining the faculty of the University of New Mexico College of Nursing to teach Medical/Surgical Nursing. Carol hopes to integrate psychiatric issues into her teaching.</li> <li>• Maureen asked for any information that Carol may provide regarding the place of psychiatry in the Medical Home Model.</li> </ul>	
<b>Announcements</b>		
Advisory Question #2; Mayor's Action Forum	<ul style="list-style-type: none"> <li>• Advisory Question #2 is an item on the present election ballot. This will increase taxes in order for Bernalillo County to provide increased services for the mentally ill.</li> <li>• Mayor Berry's Action Forum on Mental Illness will take place on Saturday, November 8<sup>th</sup>, 2014. Lisa will forward the e-mail and the registration from the mayor's office to all board members.</li> </ul>	Shirlee, Lisa, All Members
<b>Adjournment</b>		
Next Meeting	<ul style="list-style-type: none"> <li>• The next APNANM meeting will take place on Saturday December 6th, 2014 at 9:00am via phone conference call.</li> <li>• The meeting adjourned at 10:03 A.M.</li> </ul>	Shirlee, All Members