

## NY Chapter Board Meeting Minutes January 21, 2015

### **Present:**

Meeting Chair: Kara Naylor (KN)  
Wesley Willis (WW)  
Nancy Rogers (NR)  
Thomas Cierzo (TC)  
Minute taker: Suzie Marriott (SM)

### **Matters discussed:**

#### **1. NY Chapter Annual Conference 'Innovating Mental Health Care: Nurses and Consumers Working Together to Lead Mental Health Reform' May 29<sup>th</sup>, 2015:**

A detailed conference planning discussion took place, which included:

**Conference title** – Revised titles discussed via email and a new title (above) was confirmed at the meeting. This is to take into account the current speaker lineup.

#### **Keynote speaker lineup -**

- OMH MH Commissioner: Opening address (DU)
- Kevin Hines: Author, International Speaker and Survivor of Suicide and his mother (KN)
- Personality Disorders – HM
- Genevieve Chandler, PhD, RN: resiliency among adolescents and adults who have endured adverse childhood experiences – *'Breaking Bad: Is Risk Resilience'* (AL)
- Ruchoma Kaganoff: Graduate RN with personal experiences, talks about hope and positive practice – *'Adolescent Trauma: Survival to Success'* (SM)
- Dr. Lancaster: Neuropsychiatrist (WW confirming)
- Self-care for Nurses (KN circulated info)

Kevin Hines will have a book signing session at the end of the conference. KN has finalized the contract with him. Agreed the board would purchase 100 books (based on delegate size of last years conference, which was 185). The commission on sales will help cover conference costs.

**OMH/APNA NY Chapter Conference Contract** - The contract between the Chapter and OMH for the conference has been signed off by APNA national/OMH, and will be updated and put in place.

**Delegate conference fee** – This was discussed and it was agreed to increase the conference cost to \$100 (from previous price of \$88) per delegate, with a discount for group bookings.

**Actions and Tasks Ongoing:**

**Conference objectives** – some draft objectives were circulated to members and will be agreed at next meeting (All)

**CEU process** – NR, supported by JB will lead on this and confirm the step-by-step process. They will circulate the paperwork, so each board member who has a speaker will work with their respective person to complete and submit to national.

**Delegate registration process** – A discussion took place about how this could be done electronically for delegates. Suggestions included: Paypal and EventBright (WW, KN and TC will work on this part of action and feedback to board)

**Delegate packs** – Format to be discussed and agreed, once keynote speaker lineup confirmed.

**2. Next NY Chapter Board Meeting: February 4, 2015 at 7pm.**

**All agreed to meet every other week, while conference planning and organizing underway.**