

American Psychiatric Nurses Association  
Texas Chapter Board  
Meeting Minutes  
December 4, 2019  
6:00 pm

Present: Rebecca Deisler, Ruth Ifediora, Cornelius Metili, Stella Logan, Audrey Voss  
Excused: Amanda Simonton  
Guest Present: Pam Green

Item	Discussion	Action/Responsible Party
Approval of Agenda	Meeting called to order at 6:05 pm.	All Members
Approval of Minutes	Approved	All Members
Announcements and wins	Regional updates: Olivia Barnes will represent the Dallas region. Pam Green reported from the Corpus Christie area that she is serving on the education committee of a community wide opioid task force. Stella presented on the Access to Care Call, the Behavioral Health Workforce Committee, and the APA SMI resource program..	
Old Business	<ol style="list-style-type: none"> <li>1. Membership survey: No action has happened, though Stella and Amanda have a questionnaire developed. It was decided that we will take a different approach and use the central office to reach out through a statewide email. It was suggested that we incorporate more positive language: why do you stay, what can we do better, in addition to our current questions. Amanda</li> <li>2. Outreach: Active discussion around strategies for bringing in more people to the chapter and starting with nursing students. Cornelius has a PPT that he has used before to encourage students to consider PMH nursing. Agreement to reach out to schools and student nursing associations.</li> <li>3. Suicide Training: Still available. Consensus that we should take advantage of the opportunity.</li> </ol>	<ol style="list-style-type: none"> <li>1. Amanda &amp; Stella</li> <li>2. Cornelius &amp; Rebecca – UTA, Baylor, other DFW schools. Pam – Texas State Stella – UIW, UT, TT. *Possibly someone will reach out to school in the valley.</li> <li>3. Stella will reach out again to El Paso</li> </ol>
New Business	<ol style="list-style-type: none"> <li>1. Discuss Zoom meetings: The idea to use Zoom meetings to encourage participation for regional and state meetings was enthusiastically agreed upon. Pam states that TNA has been using this format successfully. Several volunteers to present topics. Choosing a time is a difficult question.</li> </ol>	<ol style="list-style-type: none"> <li>1. All members will begin to think about this and find ways to encourage participation.</li> <li>2. Pam volunteered to present on both stigma associated with suicide</li> </ol>

		(especially for survivors of attempts) and stigma associated for nurses with substance dependence. 3. Audrey has a presentation TBA 4. Amanda & Stella will build in questions to the survey
Adjournment	The meeting was adjourned at 6:52 The next meeting will be January 8, 2020 due to the New Year Holiday.	