American Psychiatric Nurses Association Virginia Chapter Phone Conference Minutes April 5, 2019 4:00-5:00pm

Present: Marian Newton, Lorraine Anderson, Susan Jacobson

Excused: Michelle Tsai, Lora Peppard,

Guest: Joe Briglia, Quanda Griffin

Item	Discussion	Action/Responsible Party
1. Approve minutes	1. 1.Approval of March 1, 2019 New attendees will send names via email.to andersonlb@vcu.edu	1. Attendees, Board Members. Minutes of March 1, 2019 meeting approved
2. Status of Ballot	 Marian provided an explanation on Present ballot. Group consensus was to move candidates forward for approval by the APNA national board. 	2. Lorraine Anderson and Marian Newton will send this approved list of candidates to Cary Trencher.
3. Communication with VNA Janet Wall	3. Will not work on conference this year, will consider for future events.	3. Marian Newton

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4. Plans for 2019 VA Chapter Conference	4. Conference August 9-10, 2019 title <i>Risk Reduction</i> , <i>Relationships, and Recovery: The Nursing Role in Mental Health</i> Draft schedule, brochure, cost, recommended key notes Update given (get specifics from notes from call) Align with title of conference - risk reduction, relationships, and recovery. Identify strategies for risk reduction to promote holistic health/ promote optimal mental wellness. Explore the role of the nurse to strengthen mutually supportive relationships Discuss modalities to enhance the <i>holistic recovery</i>) mental health recovery process Ideas of specific presentations and populations shared with group.	4. Marian Newton, Susan Jacobson, Lorraine Anderson
5. Newsletter	5. All edits are completed. Legislation issues updated by Lynda Miller. Requesting further submissions.	5. Lynda Miller
6. Regionalization7. New Business	 Regionalization Volunteers for a Task Force –Vicki Bierman, Quanta Griffin, Nina Beaman, Marian Newton. Will establish a time to meet and explore the topic. Adjournment 5:08 pm Next Meeting: May 3, 2019 4:00-5:00 pm via Zoom instructions on APNA VA Chapter invitation 	6. Marian Newton, Vicki Bierman, Quanta Griffin, Nina Beaman, Please send Marian times for meeting and topics when able to meet.