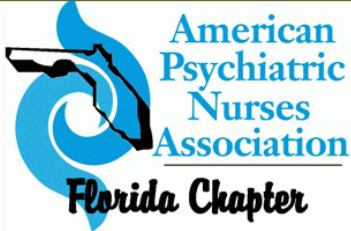


December 2014

APNA Florida Chapter



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President's Message



Happy Holidays!

The season to celebrate family, friends, and our communities is upon us. The APNA Annual Conference that took place in Indianapolis is behind us...and the national conference scheduled in October in Orlando has been in the planning stages! Please see the call for presentations and posters to be announced after the beginning of **January 2015**. I encourage each of you to submit your research, DNP projects, clinical experiences and/or student projects. Throughout Florida we have exemplary work to share. Here is our opportunity to let the nation know that psychiatric/mental health nurses in Florida are exploring uncharted ideas and implementing state-of-the-art clinical work!

Speaking of conferences, the state APNA-Florida Chapter is scheduled for **March 21, 2015** at Palm Beach Atlantic University. Please watch for the **Call for Abstracts** on the Members Bridge.

The Board had its 3rd meeting and the level of enthusiasm and commitment continues to be palpable! You are invited to join us on our next Member Meeting Call scheduled **January 15th at 7:30pm**. Our topic will focus on the upcoming legislative issues facing nursing and mental health. As an APNA member, you will automatically receive an invitation to call in. We look forward to your participation.

We hope that this holiday season brings pleasant times and memorable experiences. Happy Holidays from your Board!

Fondly,

Sandra J. Cadena

President

Meeting Report of Florida Coalition of Advanced Practice Nurses

Quarterly Meeting: October 11, 2014

Location: University of Miami School of Nursing and Health Studies | Coral Gables, Florida

Created in 2007 to promote the health and access to health care for all Floridians, the members of the Florida Coalition of Advanced Practice Nurses group represent the wide variety of advanced practice nurses licensed to practice in Florida. Member organizations include FANA, FCNM, FNA, FNP, FLANP, Action Coalition, AANP, the Deans and Directors Group and APNA. All organizations focus advocacy efforts on the creation of models of healthcare and legislative changes that would allow Advanced Practice Nurses to utilize their expertise to the full extent of their education and training.

Carole Kain, as a representative of the Florida Chapter of APNA, attended the organization's quarterly meeting, held in October, at the University of Miami. This meeting served as a review of the recent legislative session and the hurdles that the bill introduced by Representative Cary Pigman in the House encountered. Additionally it was a forum for discussions about organizational collaborative strategies that will be used to educate legislators about the advantages of using Advanced Practice Nurses in healthcare. There is interest in the creation of coordinated physical presence and educational efforts of the upcoming legislative session. With the goal of maintaining a unified voice or message in all contacts with state legislators, use of the newly created PowerPoint slide presentation for members was encouraged. (Available through Mai Kung at mkungdnp@gmail.com or Janice Hess at janbhess@gmail.com.) Each group shared individual organizational plans and efforts to energize grassroots membership of their organizations to be more visible and vocal about APN practice and Florida health issues. The challenge of educating newly elected legislators is large and all nurses and advanced practice nurses are needed to achieve our goals. Mai Kung is also acting as the coordinator of the organization's Speakers Bureau. Local organizations may contact her to assist with local membership education efforts.

The next quarterly meeting is scheduled in Orlando at FNA headquarters on January 17, 2015. An APNA representative will attend.

LEGISLATIVE NEWS YOU CAN USE

How involved were you in the elections? Or like many of us, were the pressures of work, home, children, or school to overwhelming for you to volunteer to support your favorite candidate? Do you even know who the House of Representative or Senator for your district is? Have you met him or her? Do you know where they stand on your issues?

Before you turn the page and move on to other things, ask yourself:

- Did all Registered Nurses, Clinical Specialists, and Advanced Practice Nurses gain the ability to practice to the full extent of their education and experience?
- Is your hospital using a collaborative council to assure safe staffing patterns and protect you on each hospital unit?
- Have there been legislative efforts to strengthen the public health system and improve access to care or promote healthy lifestyles for Florida citizens?

Yes, the nasty TV ads and unceasing telephone solicitations have stopped but your support for your profession, yourself, your colleagues and your patients is still needed. Let's work together to learn how to be informed educators about the issues. Advocacy takes time and effort and does not become successful overnight. Most importantly, advocacy should not happen only during legislative session. The place to start is your own backyard. There is greater impact meeting with your legislators while they are at home in their district offices than when they are in Tallahassee. You have a greater opportunity to express your concerns and to talk with them about the effects their decisions had on your community.

Step 1. Identify your legislative representatives. How?

Go to www.flsenate.gov and www.myfloridahouse.gov and enter your ZIP code.

OR Check your voter registration card.

Step 2. Google your representative or senator and identify the phone number of their local office and make an appointment for a brief visit. Introduce yourself and share your knowledge about what you know best--- nursing.

Future issues of this newsletter will identify more tips about becoming involved in being an advocate for nursing and your patients.

Questions? [Send me an e-mail](#). Let's learn together.

Carole Kain, PhD, APRN-BC, PPCNP-BC, PMHS

Important Dates

➤ [Membership Meetings via Conference Call](#)

Calls will be held from 7:30 pm - 8:30 pm.

Please look for an e-mail with dial up instructions.

- January 15, 2015
- April 16, 2015

➤ [APNA Florida State Conference](#)

March 21, 2015

Palm Beach Atlantic University

West Palm Beach, Florida

➤ [APNA Clinical Psychopharmacology Institute](#)

June 11-14, 2015

Hyatt Regency Baltimore on the Inner Harbor

Baltimore, Maryland

➤ [APNA National Conference](#)

October 29-31, 2015

Disney's Coronado Springs Resort

Lake Buena Vista, Florida



Find us on Facebook @
APNA Florida Chapter

New Websites

Florida Chapter APNA:

<https://apnafl.nursingnetwork.com>

Florida Chapter ARNP Council:

<https://apnfn.enpnetwork.com>

Around the State

South Florida Advanced Practice Council

This month's general membership meeting was held on November 13th, 2014 at the Brimstone Woodfire Grill in Pembroke Pines, Florida. The dinner was sponsored by Assurex (GeneSight) & we were able to provide a CEU for attendees for "Introduction to Pharmacogenomics." Monthly group meetings are regularly held on the second Thursday of each month at a local restaurant and are open to all psychiatric mental health nurse practitioners, clinical nurse specialists or nurse practitioner students. While APNA membership is encouraged, it is not mandatory. Attendees enjoyed a delicious meal, a terrific Pharma update, and the opportunity to network, socialize, and learn with other psychiatric nurse practitioners. For the latest information about meeting dates and sites, check our Facebook page "[APNA Advanced Practice Council](#)". Hope to see you at a meeting.

Continuing a 5 year tradition of community outreach, the APNA South Florida Advanced Practice Council members are busily assembling "Holiday Sox." The "soxs" are donated to the "Rebels Drop in Center" in Hollywood, Florida for distribution to clients with mental health challenges during the annual Christmas Party. Each fancy oversized pair of tube "soxs" is filled with gaily packaged small toiletries and gifts. Members of the Council help with the gift distribution of 40-55 "soxs" each year. (The "Rebel Center" is sponsored by the Memorial Health Care District.) For more information about this project or our Council, please contact Paulette Perlowin via e-mail at pauleygop@aol.com or by phone at 954-471-2801.

Thanks for checking in with us. Members of the Council look forward to seeing you at Advanced Practice Council meeting/roundtable at the Chapter annual conference in March.

North Florida Advanced Practice Council

The North Florida Advanced Practice Council recently met for the third time. We had approximately 20 ARNPs present, and have been working diligently to get this group started, and leadership established. The dinner presentation was sponsored by AstraZeneca, and featured a Nurse Practitioner as the speaker. We were also joined via Skype by Dr. Jean Aertker, Region 11 AANP Director, and VP Florida Nurse Practitioner Network. Dr. Aertker reviewed current legislative issues and challenges, and how North Florida ARNPs can support legislative initiatives regarding full scope of practice. This was very helpful as we position ourselves for our January meeting, with Dr. Cary Pigman as our guest. Dr. Pigman, a physician, is the state representative that championed the ARNP scope of practice bill in the Florida 2014 legislative session. We are very excited about our meeting with Dr. Pigman and the opportunity to educate other legislators regarding ARNP scope of practice issues. For more information and to be included in our mailing list please contact Karen McNeely via e-mail at n.fl.psychapncouncil@gmail.com and check out our Facebook page "North East Florida Advanced Practice Council."

West Coast Advanced Practice Council

We are looking to expand our current Pinellas County Psych ARNP group to include the surrounding counties-so please forward this information to your psychiatric nursing colleagues (APNP, CNS & RN) and students. For more information please contact Emily Bell at Emily.e.donelson@gmail.com or cell (646) 996-4328.



Florida State Conference Update

Changes and Challenges in Psychiatric-Mental Health Nursing

The schedule is being finalized for the APNA Florida State Conference, March 21, 2015, in beautiful West Palm Beach. We have very exciting and informative sessions, and will again have breakouts for both RNs and ARNPs. There will also be opportunities to get involved with one of our Councils, including RN Council, ARNP Council, Addiction/Substance Use Council, and Education/Research Council.

Councils are comprised of a group of members with similar interests in an aspect of psychiatric mental health nursing not addressed elsewhere within APNA. Councils are approved by and report to the APNA Florida Chapter Board of Directors. Council chairs will study and review issues pertinent to the council's area of interest and expertise and make recommendations to the Board for the following:

- Position or policy statements
- New programs or activities
- Committee or task force membership

Another exciting addition to this year's conference is the poster session. The purpose of the poster session is to communicate best practices on psychiatric mental health nursing clinical topics, innovative practice settings, research findings, and other topics related to psychiatric mental health nursing in primary care and/or acute care.

Please see the attached information regarding the call for abstracts.



From your 2014-2015 Board of Directors

APNA Florida State Conference 2015**Palm Beach Atlantic University****West Palm Beach, FL****March 21, 2015*****Changes and Challenges in Psychiatric Mental Health Nursing*****CALL FOR ABSTRACTS****The deadline to submit: January 21, 2015 by 5:00PM****Acceptance Notification: February 21, 2015**

We invite students, psychiatric nurses and nurse researchers to submit abstracts for the poster session. The purpose of the poster session is to communicate best practices on psychiatric mental health nursing clinical topics, innovative practice settings, research findings, and other topics related to psychiatric mental health nursing in primary care and/or acute care.

Submission of Abstracts

Electronically submit your abstract and submission form as an MS Word File attachment to: Carole Kain ckainnp@earthlink.net.

Guidelines and Information

Abstracts are limited to 250 words or less.

Abstract Guidelines: Abstracts must contain the following information:

- Poster-Title
- Author(s)-Names and e-mail addresses
- Keywords-Identify the keywords applicable to the submission
- Brief content description:

List citations for evidence used (must have at least 1); provide the purpose statement for the presentation; identify the gap area to be addressed (knowledge, skill, practice, or other); provide a description of the current gap; and provide a description of the desired/achievable state.



Call for Poster Abstracts

March 21, 2015

All poster presenters must be registered, fully-paid conference participants.

Abstract Submission Form

Poster Title: _____

Presenter Name: _____ Title: _____

Organization: _____

Mailing Address: _____

E-mail: _____

Phone Number: _____ Fax: _____

List Co- Presenters:

Please Indicate Your Poster Category:

- A. Administration _____
- B. Education _____
- C. Practice _____
- D. Research _____
- E. Student _____

Poster Abstract: See guidelines. Please limit your abstract to 250 words or less. Use additional sheet if necessary. If you are not using Microsoft word, please save your file in rich text format [rtf] prior to submission.



Poster Guidelines

Posters should be self-explanatory and convey content in a clear, concise fashion.

Posters will be displayed as power point 3 ft. by 4 ft. or larger posters that can be attached to a wall or vertical surface.

Best Practice Content:

- Title and Authors: Place the poster title and names of authors at the top center of the poster. The title should be legible from 10 feet.
- Introduction: Give a brief background and then state the purpose of your practice intervention or program.
- Practice Description: Provide a description of your selected best practice.
- Include appropriate graphics/pictures. Include evaluation information if available.

Research Content:

- Title and Authors: Place the poster title and name(s) foundation of author(s) at the top center of the poster. The title should be legible from 10 feet.
- Introduction: Give a brief background/, and then state the purpose of your research as either a question or hypothesis.
- Methods: Brief description of the techniques, data collection, replicas, and statistics you used. Omit unnecessary detail.
- Results: Include tables and graphs that are easy to read and understand.
- Conclusions: What did you find out? Did you accept or reject your hypothesis?
- Describe your results in general terms. What is the significance of the findings?

Review criteria for Abstracts:

All poster submissions will undergo blind, peer review. Acceptance will be based on scoring in areas of relevance of content, quality of the abstract, originality and innovation of content to be presented, and feasibility for replication or implementation.

