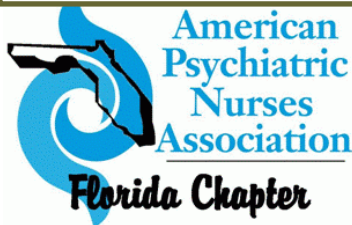
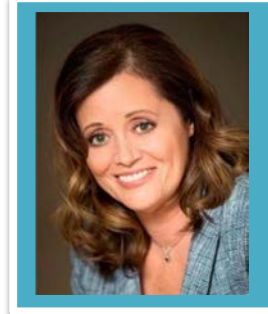


December 2017

APNA Florida Chapter



President's Message



Board of Directors

President

Lisa Burton

President-Elect

Debbie Salani

Past President

Susan Archacki-Resnik

Secretary

Beth King

Treasurer

Cheryl Kaufman

Media Coordinator

Karen McNeely

Members-at-Large

Diane Esposito

Cindy Parsons

Madeleine Kelley

Merredith Oakes

Suzan Blacher

Greetings psychiatric nurse warriors!

Aren't we warriors? I believe all nurses have some "warrior" in them. We are all on some type of battlefield. Whether it is getting your medications out on time while balancing all other demands on a unit, spending hours on the phone with pharmacy's, insurance companies, getting prior authorizations, etc., we are fighting on a daily basis for our patients.

I just returned from the APNA 31st Annual Conference in Phoenix. The theme for this year's conference was "Whole Health Begins with Mental Health". Our APNA president, Kris A. McLoughlin, DNP, APRN, PMHCNS-BC, CADC-II, FAAN, spoke eloquently about the disturbing and increasing prevalence of neuropsychiatric disorders in our nation. We were reminded of the scarcity of resources for those seeking mental health treatment. She reminds us that "the task at hand is to strategically direct our powerful nurse energy toward barriers that prevent people at risk for mental health or living with mental illness and substance use disorders from having the fair and just opportunity to be as healthy as possible. We must link arms and leverage our public trust as psychiatric mental health nurses to make this happen" (McLoughlin, 2017).

Psychiatric nurses undeniably hold the keys the kingdom of mental health action for our patients, and I suggest, our communities. We have the training, the education and the wisdom to treat the "whole person". Honestly, have you ever heard a psychiatric nurse dismiss a patients' physical complaints because we do not know what to do? No way! We may not administer chemotherapy drugs, but we are certainly dealing with the patients' cancer, high blood pressure, diabetes, obesity, etc. We assist our patients in becoming mentally stronger to make healthier choices, make those follow-up appointments and take those medications every day.

Our President, Kris McLoughlin points out "as psychiatric mental health nurses, we share a rich legacy of self-reflection, understanding humans in life and developmental contexts and co-creating collaborative, actionable goals (2017). We do this, and we do this well.

Our theme this year for the Florida Chapter Conference is “The Role of Psychiatric Nursing: Responding to Crisis.” The conference is scheduled for April 14th, 2018. Special thanks to our host, University of Miami, School of Nursing and Health Studies. Considering the epic number of disasters Americans experienced in 2017, we thought this topic needed to be addressed from a mental health perspective. Disasters included back-to-back hurricanes — Harvey, Irma, Maria and Nate — the deadliest week of wildfires in California history, and the deadliest mass shooting in U.S. history in Las Vegas. According to data from the Gun Violence Archive, including the recent shooting at a California school, killing 5 and wounding 2, this marks the 317th mass shooting in the U.S. so far, this year (<http://www.gunviolencearchive.org/reports/mass-shooting>).

Examining the nursing response to the crisis would not be complete without exploring the opiate abuse crisis that claims 100 lives a day. We cannot underestimate the value of nursing care as all nurses play a pivotal role in all healthcare systems. Nurses providing direct care to those with opioid use disorders are now able to provide medication-assisted treatments (MATs) (J Psychosoc Nurs Ment Health Serv. 2017 Jan 1;55(1):18-23).

I would like to thank the thirty Florida members who were able to attend the conference: Crystal Blair, Jane Bragg, Sandi Brooks, Susan Brown, Patti Burke, Whyne Clarke, Carol Clarke, Tolulope Dada, Veronica Decker, Adele Erving, Diane Esposito, Keith Getic, Pasquale Lemma, Shanna Kent, Beth King, Valerie Kolbert, Linda McCash, Eugenia Millender, Ruth Milstein, Colleen Morgan, Maria Ordonez, Leigh Powers, Jazel Rosa, Debbie Salani, Marie Smith, Jeanne Marie Stacciarini, Vickie Stephens, Maureen Walsh and Jeff Zumarraga. I recognize the sacrifice you all made to attend. I was able to meet many of you and enjoyed learning about your practices. Congratulations to those who were able to contribute to the academic growth of our organization through presentations and posters.

As an organization, APNA continues to grow. Nationally, we added 163 new members in November! Of that total, Florida has added seven new members. Here’s a shout out to our new members. WELCOME! Nikita Jenkins Katie, Liogier-Weyback, Patricia Mauney, John Perez, Oluwole Pitan, Edith Toussaint and Mark Zasloff.

We received news of a gift from our National Organization this month. Nicholas Croce APNA, Executive Director notified me of the following wonderful opportunity to receive the following training at a significantly reduced cost:

“To help your chapter make a powerful impact on suicide prevention across your community, APNA is offering you the chance to host the APNA Competency Based Training for Suicide Prevention in 2018. This full-day of continuing education is a 6.5 hour facilitated training designed to teach psychiatric-mental health nurses essential skills in the assessment and management of persons at risk for suicide.

An accredited and nationally recognized training, it may assist nurses in meeting state and local suicide prevention training requirements. Learners who complete the program will receive 6.5 continuing education contact hours and an APNA Suicide Prevention Provider card”.

The Florida Chapter Board of Directors is working as we speak on establishing a venue and date to host this training for our members. More news to follow soon on this offering. I will announce the information on member bridge as soon as it has been finalized.

I wish you all a happy, merry everything! Enjoy yourselves, your families and take good care of yourself.

Warmly,

Lisa

Lisa Burton, Ph.D., ARNP, PMHCNS-BC
APNA Florida Chapter President

Florida Was Well Represented in Phoenix!



Veronica Decker and Jezel Rosa



L-R Valerie Kolbert, Debbie Salani, Patti Burke



Diane Esposito



L-R Patti Burke, Valerie Kolbert, Beth King, Jane Bragg, Diane Esposito, Lisa Burton



Valerie Kolbert and Debbie Salani



Veronica Decker and Lisa Burton



Valerie Kolbert and Debbie Salani



Important Dates



Find us on Facebook @
APNA Florida Chapter or

Florida Chapter APNA:
<https://apnafl.nursingnetwork.com>

Florida Chapter Advanced Practice Council:
<https://appnf.enpnetwork.com>

- [Substance Use Disorders : A Comprehensive Review and Update](#)
Feb 19 - 21, 2018
Disney's Grand Floridian Resort & Spa
Bay Lake, Florida
- [Child & Adolescent Psychopharmacology 2018](#)
Mar 2-4, 2018
Westin Copley Place
Boston, Massachusetts
- [APNA Clinical Psychopharmacology Institute West](#)
March 17-18, 2018
DoubleTree by Hilton San Diego Mission Valley
7450 Hazard Center Drive, San Diego, CA 92108
- [11th Annual Psychopharmacology Institute and 20th Annual Conference](#)
April 10-14, 2018
Tempe, Arizona
- [APNA Florida Chapter Spring Conference](#)
April 14, 2018
The University of Miami
Coral Gables, Florida
- [2018 NEI Synapse](#)
April 20-22, 2018
Las Vegas, Nevada
- [APNA 16th Annual Clinical Psychopharmacology Institute](#)
June 7-10, 2018
Hyatt Regency Baltimore on the Inner Harbor
Baltimore, MD
- [Integrative Medicine for Mental Health Conference 2018](#)
September 6 - 9, 2018
Dallas, Texas
- [APNA 32nd Annual Conference](#)
October 24-27, 2018
Greater Columbus Convention Center
Columbus, OH
- [Psych Congress 2018](#)
October 25-28, 2018
Orlando, FL
- [2018 NEI Congress](#)
November 7-11, 2018
Orlando, Florida



Broward Health Imperial Point in Fort Lauderdale, has a 45-bed inpatient psychiatric unit. Our unit has a rich interprofessional program that provides stabilization/care for adults experiencing a mental health crisis. Over the last year, the unit staff have made a concerted effort to incorporate and reframe the focus, to support not only Relationship-Based Care and Watson's Theory of Human Caring, but also to support the hospital's overarching Holistic approach to care. In addition to Coping Skills, Process Groups, Psychoeducation Groups, and individual/family sessions, patients are invited to Pet Therapy, Karaoke, Drumming, Humor Therapy, and Aromatherapy. The staff are just completing a study done on perception of stress after Karaoke, and their results do show positive statistical significance! Drumming was introduced over the last 2 months and we can see the value with this intervention as well. Finally, this month, we are starting a study on use of aromatherapy and we hope to share those results with you next year. Our plan is to continue to grow this initiative over the next year – stay tuned!

-Donna Linette

We want to hear from you! Please let us know what you are doing in your area, so we can highlight your accomplishments in the newsletter. Some examples include:

- Unit Council Magnet Projects
- Professional Presentations
- Community Initiatives
- Research Projects
- Evidence based practice changes

Please submit your information via Member Bridge or to the media coordinator @ karensmcneely@gmail.com

APNA Florida Chapter Conference 2018
University of Miami
Miami, FL

April 14, 2018

The Role of Psychiatric Nursing in Crisis Response

CALL FOR PODIUM PRESENTATION ABSTRACTS

Deadline to submit: JANUARY 5, 2018 by 5:00PM

Acceptance Notification: JANUARY 12, 2018

We invite students, psychiatric nurses and nurse researchers to submit abstracts for a podium presentation at our state conference. The purpose of the presentation is to communicate best practices on psychiatric mental health nursing clinical topics, innovative practice settings, research findings, and other topics related to the role of psychiatric mental health nursing in crisis situations.

Submission of Abstracts

Electronically submit your abstract and submission form as an MS Word File attachment to:

Deborah Salani: dsalani@med.miami.edu

Guidelines and Information

Abstracts are limited to 250 words or less.

Abstract Guidelines: Abstracts must contain the following information:

- Presentation-Title
- Author(s)-Names and e-mail addresses
- Keywords-Identify the keywords applicable to the submission
- Brief content description:

List citations for evidence used (must have at least 1); provide the purpose statement for the presentation; identify the gap area to be addressed (knowledge, skill, practice, or other); provide a description of the current gap; and provide a description of the desired/achievable state.

In addition, please include:

- 3 Learning Objectives
- Brief Bio for all presenters



Presentation Abstract Submission

All presenters must be registered, fully-paid conference participants.

Presentation Title: _____

Presenter Name: _____

Credentials: _____

Organization: _____

Mailing Address: _____

Email: _____

Phone Number: _____ Fax: _____

Co- Presenters: _____

Please Indicate Your Presentation Category:

- A. Administration _____
- B. Education _____
- C. Research _____
- D. Student _____

Presentation Abstract: Please see guidelines. Limit your abstract to 250 words or less. Use an additional sheet if necessary. If you are not using Microsoft Word, save your file in rich text format [rtf] prior to submission.



APNA Florida Chapter Conference 2018**University of Miami****Miami, FL****April 14, 2018*****The Role of Psychiatric Nursing in Crisis Response*****CALL FOR POSTER PRESENTATION ABSTRACTS****Deadline to submit: JANUARY 5, 2018 by 5:00PM****Acceptance Notification: JANUARY 12, 2018**

We invite students, psychiatric nurses and nurse researchers to submit abstracts for the poster session. The purpose of the presentation is to communicate best practices on psychiatric mental health nursing clinical topics, innovative practice settings, research findings, and other topics related to the role of psychiatric mental health nursing in crisis situations.

Submission of Abstracts

Electronically submit your abstract and submission form as an MS Word File attachment to:

Beth King: bking@health.fau.edu

Guidelines and Information

Abstracts are limited to 250 words or less.

Abstract Guidelines: Abstracts must contain the following information:

- Poster-Title
- Author(s)-Names and e-mail addresses
- Keywords-Identify the keywords applicable to the submission
- Brief content description:

List citations for evidence used (must have at least 1); provide the purpose statement for the presentation; identify the gap area to be addressed (knowledge, skill, practice, or other); provide a description of the current gap; and provide a description of the desired/achievable state.

Poster Abstract Submission

All poster presenters must be registered, fully-paid conference participants.

Poster Title: _____

Presenter Name: _____

Credentials: _____

Organization: _____

Mailing Address: _____

Email: _____

Phone Number: _____ Fax: _____

Co- Presenters: _____

Please Indicate Your Poster Category:

- E. Administration _____
- F. Education _____
- G. Practice _____
- H. Research _____
- I. Student _____

Poster Abstract: Please see guidelines. Limit your abstract to 250 words or less. Use an additional sheet if necessary. If you are not using Microsoft Word, save your file in rich text format [rtf] prior to submission.



Advanced Practice Update

The **South Florida Psychiatric Advanced Practice Nurses Council** continues to hold monthly meetings that are well planned and attended. The November 9th meeting was held at Seasons 52, and was sponsored by Neurocrine. Dr. Michael Banov spoke on Ingrezza (valbenazine) which is indicated for the treatment of adults with tardive dyskinesia. For further information about the group, you can contact Keith Jones, the Chair of the group at: kjonesklj@aol.com or S.FI.PsychAPNCouncil@gmail.com.

The chair of the **Orlando/Central Florida APC** group is Hannah Phillips. This is a very active group that meets monthly. Anyone interested in joining their group can contact Hannah at: Hannah.elizabeth.phillips@gmail.com.

At the time of this publication, the **Treasure Coast APC** is undergoing reformation. For information about the Treasure Coast APC, please contact Diane Esposito at: dianearnp@gmail.com.

The **West Coast Advanced Practice Council** has become very strong. In addition to Emily Bell, Sharon Krieger and Marguerite Moon have been working to plan meetings for this group. Contact Emily for more information about this group at Emily.e.donelson@gmail.com.

The **Miami Advanced Practice Council** will be planning more activities in the coming months. The chair, Lisa Burton welcomes all inquiries or comments. She can be reached at: lisamburtonphd@gmail.com or text her at 786-300-5776.

The **North Florida Advanced Practice Council** meets in the Jacksonville area, remains a very active group, and continues to grow in membership. Our December 14th meeting will be held at Brio Tuscan Grille, and is sponsored by PsychU. We typically meet on the 3rd Thursday of the month. All PMHNPs and PMHNP students are welcomed. For more information, please contact Karen McNeely at: n.fl.psychapncouncil@gmail.com.

Keep checking Member Bridge for further updates on ALL our wonderful Florida APC's!!



Who doesn't like FREE!!!



*It's free CE month for all APNA members. Click on logo for more information.
Four free sessions are available to APNA members through December 31st*

Advertise in the APNA Florida Newsletter

- Active **APNA** members receive a 50% discount on ads!
- Business Card \$50.00
- ¼ Page \$75.00
- ½ Page \$100.00
- Full Page \$200.00
- Contact Media Coordinator Karen McNeely DNP, ARNP-BC

Phone: 954-592-4789

karensmcneely@gmail.com