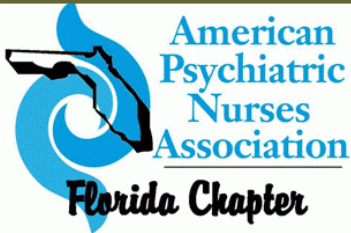


September 2017

APNA Florida Chapter



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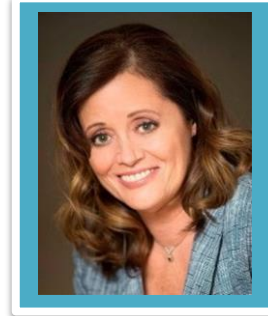
Cindy Parsons

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President's Message



Hello to all members of the Florida Chapter of the American Psychiatric Nurses Association. As your new president, I would like to first extend my thanks and appreciation to our Immediate Past President, Susan Resnik. Susan and her Board of Directors (BODs) accomplished significant advancement for our Chapter and all mental health nurses in our state of Florida. Susan represented our organization at The Florida Coalition of APRNs (FLCAPN) during a groundbreaking year for APRNs. Susan and her BODs collaborated with the Florida Nurses Association to clarify and educate the Florida Board of Nurse's interpretation of the definition of a "psychiatric nurse." Susan worked with our past president, Emily Bell, and members of the BODs to include CNSs in the BON definition of a "psychiatric nurse." Susan's leadership will be a hard act to follow. I promise to do my best.

The BODs and I hope to make your membership with APNA matter to you both professionally and personally. We want to learn more about you and how what our organization can help you now and in the future. We will be sending out a survey to find out what YOU want and need from our Chapter of APNA. Your ideas for improving our Chapter will be incorporating to formulating our plans role and activities of the Chapter.

As mental health nurses, we are wired to value connection with others. I am a big believer in connecting with others that share professional worlds. The Board of Directors are all psychiatric nurses who have committed to serve you and our organization, as volunteers. Over the next year, we will be coming to your area to reach out and connect with you by region.

In the past, our Chapter has sponsored scholarships for Registered Nurses to the APNA Annual Conference. This year, the scholarship competition was expanded to include APRNs and scholarships to the Florida Chapter's annual state conference. The results will be announced soon.

President's Message

Building upon the Florida Chapter's desire to improve members' involvement in our organization, we will be starting our first Florida Chapter Awards by recognizing the great talents of our members. We will announce the winners of the award categories at our annual Spring Conference. We want to reward you for your achievements and contributions.

The categories will be:

- Florida's Psychiatric Nurse of the Year
- Award for Excellence in Education
- Award for Innovation – Individual
- Award for Excellence in Leadership – APRN
- Award for Excellence in Leadership – RN
- Award for Excellence in Practice – APRN
- Award for Excellence in Practice – RN
- Award for Excellence in Research.

Our annual Spring Conference will be held at The University of Miami.

I have been a nurse for approximately 37 years. I started as a candy striper! I know the burdens and blessings of our chosen careers. Mental health nurses all have complex jobs. We deal with patients that are often suffering in silence. We will continue to help them find their way to health. Although we may practice in different settings, we are all on the front line of promoting patient wellness together.

On behalf of The American Psychiatric Nurses Association's Florida Chapter, I thank you for being a member. I want to commend you for choosing Psychiatric Mental Health Nursing as one of the ways you are changing the world. Remember to "take your oxygen first" and take care of yourself.

Please feel free to contact me directly at any time.

Warmly,

Lisa

Lisa Burton, Ph.D., ARNP, PMHCNS-BC
APNA Florida Chapter President

Meet your 2017-2018 Board of Directors



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[Lisa Burton](#)
Miami



PRESIDENT-ELECT
[Debbie Salani](#)
Miami



SECRETARY
[Beth King](#)
Delray Beach



TREASURER
[Cheryl Kaufman](#)
Wellington



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MEMBER-AT-LARGE
[Diane Esposito](#)
Jupiter



Meet your 2017-2018 Board of Directors



MEMBER-AT-LARGE

[Cindy Parsons](#)

Brandon



MEMBER-AT-LARGE

[Suzan Blacher](#)

Miami



MEMBER-AT-LARGE

[Maddie Kelley](#)

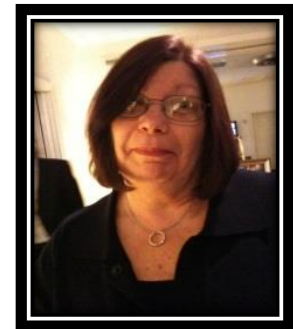
Lake City



MEMBER-AT-LARGE

[Meredith Oakes](#)

Macclenny



IMMEDIATE PAST PRESIDENT

[Susan M. Archacki-Resnik](#)

Naples

[More information about the 2017-2018 APNA Florida Chapter Board](#)

If you are a member of this chapter, please click on the officer's name to be taken to their profile on APNA's community site, Member Bridge. From there you may view their contact information and/or send them a message. If you are not a member of this chapter, please email chaptersupport@apna.org to contact the chapter's officers.

Important Dates



Find us on Facebook @
APNA Florida Chapter or

Florida Chapter APNA:
<https://apnafl.nursingnetwork.com>

Florida Chapter Advanced Practice Council:
<https://appnf.enpnetwork.com>

- [Psych Congress](#)
September 16-19, 2017
New Orleans, Louisiana
 - [Integrative Medicine for Mental Health Conference](#)
September 28-October 1
Orange County, Ca.
 - [APNA 31st Annual Conference](#)
October 18-21, 2017
Phoenix Convention Center
Phoenix, Arizona
 - [Psychiatric Evaluation and Treatment of Women During the Reproductive Years](#)
October 19-20, 2017
Sarasota, Florida
 - [Massachusetts General Psychopharmacology 2017](#)
October 19-22, 2017
Boston, Massachusetts
 - [American Academy of Child and Adolescent Psychiatry](#)
October 23-28, 2017
Washington, D.C.
 - [2017 NEI Congress](#)
November 8-12, 2017
Colorado Springs, Colorado
 - [4th Annual Mood Disorders Summit](#)
December 1-2, 2017
Orlando, Florida
 - [11th Annual Psychopharmacology Institute and 20th Annual Conference](#)
April 10-14, 2018
Tempe, Arizona
 - [2018 NEI Synapse](#)
April 20-22, 2018
Las Vegas, Nevada
-

Around the State



Baptist Health is located in downtown Jacksonville, Florida. The 35-bed Behavioral Health Unit has General Psychiatry, Geriatric, and ICU. All of the Riverfront patient rooms face the picturesque St. Johns River. The nurses are the heart and soul of these units and are always looking for way to enhance the patient experience.

The unit council at Riverfront, Adult Behavioral Health at Baptist Downtown has been working hard to make improvements for patients and staff this year. Our goals are to improve the shift report process through standardized reporting sheets and walking rounds, to add additional Alcoholics Anonymous groups for patients during evenings, and to provide more stimulation and exercise for our older adults. Most notably, one of our mental health technicians has curated a library of therapeutic texts that empower our patients to learn more about their own diagnoses. We also have an exercise therapist that works with our older adults daily to maintain strength and range of motion and reduce falls. We hope that we will continue to work together to improve outcomes and make positive changes on our unit! Unit Council members include Megan Fong, R.N. Jessica Gregory R.N., Jason Simpson B.H.T., Maryam Grantham A.T., Meghan Davis R.N., and Yvette Jablonski R.N.

We want to hear from you! Please let us know what you are doing in your area so we can highlight your accomplishments in the newsletter. Some examples include:

- Unit Council Magnet Projects
- Professional Presentations
- Community Initiatives
- Research Projects
- Evidence based practice changes

Please submit your information via Member Bridge or to the media coordinator Karen McNeely, karencmcneely@gmail.com



Conference Registration is Open!

WHY ATTEND THE APNA ANNUAL CONFERENCE?

Take a proactive approach to your practice!

- **Promote** mental health through 4 days of information exchange and perceptive conversation.
- **Pursue** a comprehensive program that offers more than 126 continuing education contact hours to attendees in-person and online.
- **Produce** real-world applications of new discoveries through interactive sessions with nursing experts.
- **Propel** yourself to the next career level through professional development and networking.
- **Provide** the best possible care when you return home armed with best practices, innovative approaches, and current research.

REGISTER NOW



Advanced Practice Update

The **South Florida Psychiatric Advanced Practice Nurses Council** continues to hold monthly meetings that are well planned and attended. The August 10th meeting was held at Lobster Bar and Sea Grille, and was sponsored by Otsuka. Rishi Kakar, MD spoke on *Rexulti*. For further information about the group, you can contact Keith Jones, the Chair of the group at: kjonesklj@aol.com or S.FI.PsychAPNCouncil@gmail.com.

The chair of the **Orlando/Central Florida APC** group is Hannah Phillips. This is a very active group that meets monthly. Anyone interested in joining their group can contact Hannah at: Hannah.elizabeth.phillips@gmail.com.

At the time of this publication, the **Treasure Coast APC** is undergoing reformation. For information about the Treasure Coast APC, please contact Diane Esposito at: dianearnp@gmail.com.

The **West Coast Advanced Practice Council** has become very strong. In addition to Emily Bell, Sharon Krieger and Marguerite Moon have been working to plan meetings for this group. Contact Emily for more information about this group at Emily.e.donelson@gmail.com.

The **Miami Advanced Practice Council** will be planning more activities in the coming months. The chair, Lisa Burton welcomes all inquiries or comments. She can be reached at: lisamburtonphd@gmail.com or text her at 786-300-5776.

The **North Florida Advanced Practice Council** meets in the Jacksonville area, remains a very active group, and continues to grow in membership. Our August 17th meeting was held at Coopers Hawk. Dawn Vanderhoef, PMHNP presented *Ingrezza, The First and Only Drug Approved for Tardive Dyskinesia*. We typically meet on the 3rd Thursday of the month. All PMHNPs and PMHNP students are welcomed. For more information, please contact Karen McNeely at: n.fl.psychapncouncil@gmail.com.

Keep checking Member Bridge for further updates on ALL our wonderful Florida APC's!!



Message Regarding Opioids from Florida Department of Health

Dear Colleagues,

As health care professionals, we have a crucial role in ensuring the best possible care for our patients and communities, including optimal and safe pain management. In 2015, there were more than 33,000 deaths nationwide and nearly 3,900 deaths in Florida attributed to opioid overdoses. I'd like to share with you current steps the Department of Health (Department) is taking to combat and prevent opioid addiction and overdoses, and the important role you can play in the statewide solution.

At the direction of Governor Rick Scott, in May, along with the Department of Children and Families - the lead agency for substance use and addiction - and the Florida Department of Law Enforcement, I participated in a series of opioid workshops in communities around the state. We heard valuable feedback from local leaders and community members in Palm Beach, Manatee, Orange, and Duval Counties. Numerous parents shared their heartbreak of losing a child to opioid overdose, and the dismay of knowing it may have started with a prescription from a health care professional.

Following the workshops, Governor Scott signed an [Executive Order](#) directing a Public Health Emergency across the state for the opioid epidemic, which directed me to issue a [standing order](#) for naloxone for emergency responders to help save lives. The order also directed the Department of Children and Families to immediately draw down the \$27 million federal grant awarded to the agency to provide prevention, treatment and recovery support services to address this epidemic. The Florida Department of Law Enforcements focus remains stopping the introduction, sale and use of illegal opioids. The Department is committed to supporting the efforts of our partner agencies.

Many of us were trained to assess pain as the fifth vital sign; the potential consequences of opioid addiction for some patients after only a few days was not known. Late last year, CDC released [opioid prescription guidelines](#) which provide recommendations for primary care clinicians who are prescribing opioids for chronic pain outside of active cancer treatment, palliative care, and end-of-life care. I ask you to review these recommendations and adjust your approach to pain management when appropriate. The Department also developed a patient-centered [brochure](#) to highlight the risks associated with opioid use. We share this brochure with you as a helpful resource with information you can share with your patients.

The Department's Division of Medical Quality Assurance is tasked with administering the Prescription Drug Monitoring Program (PDMP), which supports sound clinical prescribing, dispensing and use of controlled substances. In 2016, there were nearly 200 million controlled substance prescription dispensing records maintained in the PDMP, and there were 36,718 registered health care practitioners in the system.

This spring, a bill was passed by the Florida Legislature and signed into law by Governor Rick Scott that expands PDMP access to allow employees from the Department of Veterans Affairs to review a patient's dispensing history. The new law also requires a dispenser to upload controlled substance dispensing information by the close of business the following day. The

Legislature also ensured adequate funding for the program's future. The PDMP is an important resource for clinicians, allowing you to view patients controlled substance dispensing history, leading to more responsible prescribing practices. I urge you to utilize this program and refer to PDMP records as you treat patients.

Recently, I met jointly with members from the Boards of Medicine, Osteopathic Medicine, Dentistry, Pharmacy and Nursing to discuss other proactive steps we can take as clinicians to protect our patients. I have also had productive conversations with our professional associations. Timothy Stapleton, CEO of the Florida Medical Association, recently issued an [editorial](#) entitled Fighting the Opioid Epidemic in the Exam Room, which I encourage you to read.

As the Department continues to work with other state agencies and partners statewide to combat opioid addiction and overdoses, I look forward to sharing additional actions and ways we can collaborate in the coming months. Our patients are looking to us to be leaders in addressing the opioid epidemic, and I thank you in advance for being a part of the solution.

Respectfully,



Celeste Philip, MD,
MPH
Surgeon General
and Secretary



Click on [logo](#) for more information



American Psychiatric Nurses Association Competency Based Training for Suicide Prevention

If you are interested in participating in the Competency Based Training (CBT) for Suicide Prevention program, please use the registration link and registration code for the September 22nd training in Naples, Florida below:

Registration Link:

<https://e-learning.apna.org/products/competency-based-training-for-suicide-prevention-kimper>

Registration Code: SK09222017fl

Please be sure to register for the course one time, under one account, using one email address. This account will be used to complete the pre-training and post-training coursework. If you do not remember your username and password for your APNA account, you can contact us at 855-863-APNA (2762) or by email at advocatesforhope@apna.org. When you register, you will receive information regarding the pre-work (Module 1) which must be completed ahead of attending the live training.

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- ¼ Page \$75.00
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- Full Page \$200.00
- Contact Media Coordinator Karen McNeely DNP, ARNP-BC

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karensmcneely@gmail.com