

## Summer 2015 Newsletter



## **Message from the Brenda:**

It is hard to believe that it is the summer, especially when we are facing weather that dives into the fifties, but rest assured, summer (and the hot weather) is on its way. I am hoping that sending out four newsletters a year will help us to all stay more connected. In that spirit, I would like to reach out to all the members of APNA NJ and ask that you share your good news with me so that I can put it in the

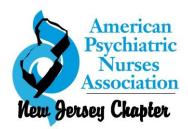
newsletters. The best way to be a community is to share our news and gather together a few times a year to celebrate our accomplishments.

**Recovery to Practice:** Craig Shepard (President-elect) and I have gone through a training called "Recovery to Practice". It is a two day, CEU packed (14), program that Craig and I will be providing this year in the north, middle and south of the state. We will need a minimum of ten participants at each site to run the program. We are presently looking for sites to hold the "Recovery to Practice", Acute Care Psychiatric Mental-Health Nurses: Preparing for Recovery-Oriented Practice Program- so if you are interested in hosting the program, please let us know (learn2chooseinc@me.com).

In each of the newsletters I would like to have a section called **Honor Roll**, where we can let everyone know if you have been published, gotten a new job, had a baby or grandbaby, graduated from a program of study, entered a program of study, or just other great news to share. I would also like to have a section called – **Research Me**... For those who are looking for research studies to participate in either as investigators or subjects as well as those who are implementing studies and are looking for participants. Also one section for **Meet Ups** where we can have members who invite other members for a meet up to discuss a topic or maybe just go for a hike in the mountains or beaches. Of course these sections will only be as robust as the participants of our members – so please send me your news.







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It is not too early to start setting time aside for the fall conference. This year the conference will be held September 12<sup>th</sup>, in Iselin NJ at the Renaissance Hotel. It will be a full day conference (9-5), complete with CEU's. There will also be a product dinner following the conference, which all the attendees are invited to be part of. The theme of the conference is The Road to Recovery and will have a diverse group of experts speaking on the various topics of recovery from childhood to adulthood and Mental Illness and substance use. So please save the date, and register early to get the early-bird special! More information will be out in July.





We will all be at Disney's Coronado Springs Resort in Lake Buena Vista Florida. All the information can be found at <a href="https://www.apna.org/AnnualConference">www.apna.org/AnnualConference</a>.

It would be great fun to get together in Iselin NJ first, then again in FLORIDA!!!

**NEWS From the board:** Congratulations are in order for Ben Evans, immediate past president of APNA-NJ and secretary of APNA national, who has been elected as the President of the Institute for Nursing in NJ, and the president elect of New Jersey Nurses Association.



**CALLING ALL MEMBERS!!!!!** We are recruiting new Board Members! We will need three new board members, positions that will be open are president elect,



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treasurer and member at large. You can nominate yourself, or a colleague. We will be talking more about this at the spring conference, and information about how to run for office will be coming out in the next news letter. Terms are three years long, here are 9 members, so each year three go off and three come on. Be the change you want to see at APNA NJ! Get your voice heard and move our chapter in the direction you have envisioned for us.

DON'T FORGET! SAVE THE DATE SEPTEMBER 12, 2015 – Iselin NJ Renaissance Hotel – a great day of education and networking awaits you!!! SEE YOU THERE!

Happy Fourth of July everyone!

Brenda

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