

Now  
available  
to our  
nurses!

# APNA transitions in Practice

## EARN 16 CONTACT HOURS & ENERGIZE YOUR PMH NURSING PRACTICE!

*This online certificate program delivers the latest evidence-based knowledge and skills essential to providing psychiatric-mental health nursing care. You'll learn important info like how to:*

Recognize when to set boundaries with patients and be aware of potential boundary crossing

Perform a risk assessment for suicide and communicate the risk and interventions to your team

Develop a safety plan with persons at risk for suicide or self-harm

Develop a trauma-informed, strengths-based, person-centered plan of care

Identify & monitor for common side effects and drug interactions of psychopharmaceuticals

Apply basic de-escalation techniques & concepts of cultural awareness

"Very informative, clinically relevant and very practical. I would recommend it to any nurse practicing in mental health or who is aspiring to do so."

"A very good refresher, plus I learned new information to better myself and the patients I serve."

"I learned a number of things that will impact my practice...I feel more confident in my knowledge and awareness of best practice."

*We have invested in APNA Transitions in Practice because we want to ensure that you have access to the most up to date evidence-based tools, strategies, and knowledge to help you succeed.*

**Interested in earning your APNA Transitions in Practice Certificate? Please contact:**