WHAT DO WE DO?

Screen, diagnose* and provide care for mental health and substance use disorders.

Perform interventions to help those in crisis.

Educate patients, families, caregivers and communities.

Coordinate care with other health care professionals and caregivers.

Prescribe medication.*

Perform psychotherapy.*

WHO ARE OUR PATIENTS?

Teens and adults experiencing a mental health crisis.

Soldiers returning from combat operations.

Older adults struggling with Alzheimer’s and dementia.

Children exposed to traumatic and adverse events.

People confronting anxiety, depression or suicide.

Anyone facing opioid, alcohol or other substance use disorders.

PMH NURSES CAN FILL THE GAPS IN CARE

PMH nurses are trained mental health care professionals that practice according to high quality licensing and credentialing standards.

PMH nurses must be allowed to practice to the full extent of their education and training.

The important role of PMH nurses must be acknowledged and their utilization expanded to increase patient access to quality care.

THE NEED:

- 56 million+ Americans experience mental illness or struggle with substance use disorder.
- Only 44% of adults receive the care they need.
- Only 20% of children receive the care they need.
- 1 in 5 U.S. adults lives with a mental health condition.

The American Psychiatric Nurses Association is the largest professional membership organization in the US committed to the practice of psychiatric-mental health (PMH) nursing and wellness promotion, prevention of mental health problems, and the care and treatment of persons with psychiatric and/or substance use disorders.

For more information, please visit: www.apna.org/aboutpsychnurses