

Quick Screen for Substance Use



Hi, I'm _____, nice to meet you. If it's okay with you, I'd like to ask you a few questions that will help me give you better care. The questions relate to your experience with alcohol, tobacco, and other drugs. Some of the substances we'll talk about are prescribed by a provider (like pain medications) others may be not be prescribed but you may be taking them to help relieve various physical or emotional symptoms. This will help me to better understand & treat ALL of you.

In the past year, how often have you used the following?

TOBACCO

Any tobacco products



ALCOHOL

For men, 5+ drinks / day

For women, 4+ drinks / day



DRUGS

Prescription drugs taken in greater amounts/more often than prescribed (opiates, stimulants, benzos, etc.) & Illegal Drugs (heroin, cocaine, street purchased marijuana, etc.)



- Never
- Once or Twice
- Monthly
- Weekly
- Daily or Almost Daily

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Nurse Response

If the individual responds **NEVER**
→ Reinforce abstinence

If the individual gives **ANY** other response
→ Screening places individual at risk. Offer resources, hotlines, and local treatment options.

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Adapted from the NIDA Quick Screen V1.0 available at <https://www.drugabuse.gov/sites/default/files/pdf/nmassist.pdf>

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National Resources for Patients



Alcoholics Anonymous:
aa.org

Narcotics Anonymous:
na.org

SMART Recovery:
www.smartrecovery.org

Tobacco:
800-QUIT-NOW
smokefree.gov

SAMHSA Helpline:
1-800-662-HELP (4357)
www.samhsa.gov/find-help-national-helpline

Suicide Prevention Lifeline:
1-800-273-8255
suicidepreventionlifeline.org

Veteran's Crisis Line:
1-800-273-8255 *1
www.veteranscrisisline.net

Local Resources



Enter information for referrals and services here:

American Psychiatric Nurses Association Resources

Tobacco:
www.apna.org/Tobacco

Substance Use:
www.apna.org/Substance-Use

Opioid Use Disorder:
www.apna.org/Opioid-Use-Disorders



Screening, Brief Intervention & Referral to Treatment

Pocket Card for Nurses

Substance use disorders place people at high risk for health issues. Use this pocket card to guide you through a quick substance use screening for your patients and offer resources for referrals, if needed.

The goal of screening is not necessarily to change behavior, but rather to raise awareness and plant the seeds for change.