



Dear Colleagues,

It is my pleasure to present your 2020 American Psychiatric Nurses Association (APNA) Annual Activity Report. I am happy to share that your association continues the trend of steady membership growth and retention. Please see [APNA Secretary Joyce Shea's report](#) for information on membership and other updates. APNA has also enjoyed a sound financial year – [APNA Treasurer Donna Rolin's report](#) provides the details.

APNA activities are guided by a strategic direction developed by the APNA Board of Directors (BOD). Below I call out some notable APNA accomplishments that are in line with the four goals set out in our strategic plan – as well as the significance of these accomplishments to you. Though a lengthy list, it is well worth your time to review it. The generous gifts of your time and expertise enrich our efforts as illustrated in this inventory of achievements - a source of pride for our dedicated psychiatric-mental health nursing community.

**Goal A. APNA will be the indispensable resource for member networking, leadership, and professional development.**

- [APNA Annual Conference](#)
  - 608 Abstracts submitted
  - 28 contact hours on-site, 90+ on demand
  - 1,200+ participants in the virtual conference
- [Clinical Psychopharmacology Institute](#)
  - Held first virtual CPI successfully in June with 810+ participants
  - 23 contact hours in pharmacology
- [APNA eLearning Center](#)
  - 373 sessions currently available with 414.2 contact hours
  - 63 Sessions offered for free to members thus far in 2020
  - [New Free Sessions](#): Mindfulness in the Workplace: Practical Application, Cultivating Our Best Selves in Response to COVID-19: The Community Resiliency Model, Clinical Practice During COVID-19
  - Monthly free CE for members – four free sessions each month for members
- [APNA Transitions in Practice](#): 4,443 registrations with 3,690 Certificates awarded
- [Competency-Based Training for Suicide Prevention](#): PMH Nurse Generalist Role
  - Facilitator training content updated and released Spring 2020, 88 trained facilitators
  - More than 3,500 participants have completed the training since its launch
- [Medications for Addictions Treatment Training](#) (16 & 8 hour, in partnership with PCSS-MAT) offered for free

- 8-hour training: 21,598 registrants
    - Updated on demand course released April 2020
    - 2 live virtual trainings offered July and August 2020 with 237 registrants
  - 16-hour training: 21,484 registrations
    - Updated on demand course released February 2020
- [\*Journal of the American Psychiatric Nurses Association\*](#): Contact hours (1 or 1.25 per issue) are FREE to members and non-members.
- APNA Certificate Program: [Understanding the Brain-Behavior Connection](#): 662 participants
- [Motivational Interviewing](#): 10,790 participants
  - Free to members; Offered for free to everyone 3/20-12/20 in response to member concerns around educational needs.
- [Opioid Webinars](#) for all nurses at RN and APRN levels offered for free
  - 5,258 participants for new RN course released August 2019
  - 4,061 participants for the new APRN course released August 2019
- [Seclusion & Restraint: Assessment and Risk Mitigation](#): 148 participants in course released September 2019
- [Competency Based Training for Conducting the One Hour Face-to-Face Assessment for Patients in Restraints or Seclusion](#): 480 participants
  - Updated and released March 2020, includes an animated simulation
- [APNA Annual Awards](#) recognize and celebrate leaders each year: 8 Nurses and 1 Chapter recognized with 2020 Awards
- [APNA Student Scholars Program](#) identifies rising psychiatric-mental health nursing leaders and provides them membership and conference attendance.
  - 32 scholarships from 204 applications received in 2020
  - Industry Sponsored Scholarships by Neurocrine and AbbVie (a part of [APNA Industry Partner Sponsorship Program](#)) allowed for two more students to receive this opportunity
- [34 chapters](#) covering 42 states offer local networking and education. View the full Chapter report [here](#).
- 10 active [Councils](#) working on focus areas of: addictions, administration, child & adolescent, education, forensics, mental health advocacy, practice, recovery, research, and safe environments. View their full reports [here](#).
- 8 [Task Forces](#) working on projects in the areas of: neuromodulation, personality disorders, staffing inpatient units, tobacco dependence, nurse mental health, integrated care and interprofessional practice, and workforce. View their full reports [here](#).
  - [Personality Disorders Task Forces](#): Three task forces creating recovery-oriented pearls for nurses providing care to individuals with these disorders.
  - Staffing Inpatient Units Task Force: Reviewing and updating the APNA Staffing Inpatient Psychiatric Units position statement
  - Tobacco Dependence Competencies Task Force: Competencies approved by the board September 2020 and updated position paper, [Psychiatric-Mental Health Nursing's Role in Tobacco Treatment](#), approved by the board July 2020
  - APNA and ISPN Task Force updating the [Psychiatric-Mental Health Nursing: Scope and Standards of Practice](#): Final draft is complete and public comment period will begin October 2020.

- Stress Screening & Resources for Nurses Workgroup: developed an [interactive online experience](#) for nurses to self-assess stress levels using an evidence-based tool and be directed to vetted resources that align with the assessment results.
- [Collection](#) of trusted resources, policy updates, webinars, and more to help members stay up to date on how COVID was impacting their practice and manage their stress
- Ongoing communications on policy changes and updates due to pandemic.
- [Self-Care Planner](#) for PMH Nurses incorporated tips shared by members.
- [Workforce Report](#): 12 interviews conducted with media outlets resulting in 9 stories
- Four leaders participated in media training
- New [resources](#) developed including infographics, social media images, and a one-page overview of PMH-RNs and APRNs to enhance image of PMH nursing as career option.
- [Tip Sheet](#) for new nurses created and disseminated
- Social media posts and multi-channel communication highlights member leadership, professional development opportunities, and networking.

**Goal B. APNA will be the leader in creating and enhancing strategic alliances with diverse stakeholders to advance its mission.**

- APNA participation in [The Well-Being Initiative](#) with American Nurses Foundation, American Nurses Association, American Association of Critical Care Nurses, Association of PeriOperative Registered Nurses, and Emergency Nurses Association
- President's participation in interviews for publications and presentations with American Nurses Association, Infusion Nurses Society, Nursing Organizations Alliance
- Executive Director interview with the American Association of Colleges of Nursing
- Continued Premiere Organizational Affiliate status with American Nurses Association, ANA and ANCC relationships continued through agreements for discounts for ANCC Certification Exam fees (ANCC).
- Organizational membership with Nursing Organizations Alliance and Nursing Community Coalition
- APNA attendance at events held by: International Society of Psychiatric-Mental Health Nurses, Emergency Nurses Association, American Nurses Association, National Association of School Nurses, National Student Nurses Association, STTI, Nursing Organizations Alliance, American Academy of Nurse Practitioners, American Association of Colleges of Nursing, National Association of Clinical Nurse Specialists, Global Advisory Panel on the Future of Nursing, APRN LACE Network, National Council of State Boards of Nursing, Hospice and Palliative Nurses Association, National Organization of Nurse Practitioner Faculty, Nurses in Washington Internship, International Council of Nurses, Media In Nursing Summit, National Institute of Nursing Research
- APNA is NCPD provider for APA's [Clinical Support System for Serious Mental Illness](#) (5 year grant funded project): 24 activities were produced in 2019 and 13 thus far in 2020
- APNA participation on HRSA Nurse Corps Funding for Psychiatric-Mental Health NPs webinar January 2020 – scholarships for NP students and loan repayment programs
- Representatives sent to events hosted by: National Council for Behavioral Health, NCAA Sport Science Institute, Johnson & Johnson Advisory Council, Council for the

Advancement and Application of Psychological Sciences, National Academy of Sciences Engineering and Medicine (NAEM) Forum on Mental Health and Substance Use Disorders, American Association for Geriatric Psychiatry, U of MI Ann Arbor's Behavioral Health Work Force Research Center, National Quality Partners (NQP) Action Team to Prevent Healthcare Workplace Violence, APA Summit on Interprofessional Collaboration, National Quality Forum on VA Same Day Access for Mental Health and Primary Care Services, American Nurses Association Nurse Suicide Prevention & Resilience Workgroup

- Partnership with American Academy of Addiction Psychiatry / PCSS-MAT; APNA and PCSS-MAT co-providing [24 hours of training](#) required by CARA 2016 – updated trainings released this year
- Membership in Mental Health Liaison Group
- Two-year SAMHSA grant to deliver and test-pilot evidence-based substance use disorder curriculum to 10 undergraduate and graduate nursing programs
  - As of September, 9 programs delivered to 400 students and faculty with extremely positive feedback
  - 10 additional universities will participate with APNA in year 2
- Partnered with the Opioid Response Network to develop information for all nurses related to OUDs:
  - [SBIRT Pocket Card](#) released and enhanced communications around resources
  - Grant funding received for next two years to increase nurse access to and usage of resources and education.
- Symposia and Product Theaters at conferences
- Partnering with Johnson & Johnson for the [Nurses Innovate Quickfire Challenge in Mental Health](#)
- [Industry Partner Sponsorships](#) with AbbVie, Janssen, Neurocrine
- Haymarket Educational Grant: Jointly providing [Equipping the Interprofessional Team to Optimize Care in Bipolar Depression and Schizophrenia](#): 12 activities with 1,324 participants

### **Goal C. APNA will be recognized as the expert voice for psychiatric-mental health nursing.**

- APNA President participation in interviews and presentations with: PsychCentral, Nursezone, SiriusXM Doctor Radio, Charleston Post & Courier, HealthLeaders Magazine, Louisiana Public Radio, North Carolina Public Radio, American Nurses Association, Infusion Nurses Society, Nursing Organizations Alliance
- [Issue Statements](#): The Impact of Extreme Stress on American Health Care Providers, PMH Nurse Protection During a Pandemic
- [APNA responses](#) to Federal Legislation and Policy
- [Position Statements](#) updated: APRNs' Prescribing of Buprenorphine & Buprenorphine/Naloxone & The Continuing Opioid Crisis, Psychiatric-Mental Health Nurses' Role in Primary Care, Psychiatric-Mental Health Nursing's Role in Tobacco Treatment, SBIRT in Psychiatric-Mental Health Nursing Practice

- Updates to position papers in process: Violence Prevention, Electroconvulsive Therapy, Staffing Inpatient Units
- Participation in [The Well-Being Initiative](#)
  - [Nurses' Guide to Mental Health Support & Services](#) created by APNA
  - APNA workgroup creation of [online interactive experience](#) with self-assessment and targeted resources to help nurses manage stress – 1,200+ completed assessments since 8/30/20 release
- [APNA Transitions in Practice Certificate Program](#) adopted by 94 behavioral health organizations
- [Competency-Based Training for Suicide Prevention](#) brings importance of PMH nurses' role in suicide assessment and management to light and standardizes expertise
- APNA Representatives on national committees and task forces: National Academies of Sciences, Engineering, and Medicine's Forum on Mental Health and Substance Use Disorders, SAMHSA Expert Panel: Making Integrated Mental health and Substance Use Treatment Services Available to People with Co-Occurring Serious Mental Illness and Opiate Use disorder, U of Michigan School of Public Health Prescriber Summit, LACE Network, ANA Organizational Affiliates, Nursing Organizations Alliance, National Quality Partners (NQP) Action Team to Prevent Healthcare Workplace Violence, National Quality Forum for VA Same-Day Access Measurement for Primary Care and Mental Health Services, American Psychiatric Association Summit on Interprofessional Collaboration

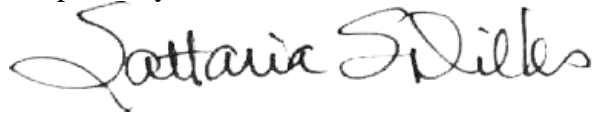
**Goal D. APNA will be at the forefront of integrating research, practice, and education to address mental health issues that affect psychiatric-mental health nursing and the population served.**

- Continued expansion of [nursing continuing professional development](#) to bring current evidence-based knowledge to nurses.
- [Free CE of the month](#), membership bonus points, and more. ensure that members receive evidence-based education to help meet the needs of the populations they serve.
- Offering of [Motivational Interviewing](#) program for free to everyone through the end of the year
- [Journal of the American Psychiatric Nurses Association](#)
  - Special [workforce issue](#), including papers from 2/2019 summit published in January 2020
  - Board of Directors Column in JAPNA focuses on broad issues affecting the profession
  - Continued publication of papers by Councils and Task Forces on issues identified by the Board of Directors as priority for psychiatric-mental health nursing
  - Impact Factor of 1.111 (5 year impact factor 1.595)
  - Issues include a continuing education article – totaling 6.0 contact hours for APNA members in JAPNA each year.

- APNA [communications](#) around psychiatric-mental health nursing and stigma support building the workforce and enhancing the capability of the current workforce to meet demand.
- [Report](#) on impact of COVID-19 extreme stress on health care providers released (4/20); press outreach
- Free education and new resources made available to help nurses address mental health impacts of COVID-19; interviews with several nursing outlets to highlight these impacts
- Issue Statement on [PMH Nurse protection during a pandemic](#)
- Issue Statements on [racial Inequities and racism](#); board [formation](#) of a Diversity, Equity, and Inclusion Council
- Ongoing multichannel communications highlight research, practice, education, and policy issues to mobilize grassroots advocacy
- [APNA responses](#) to federal legislation and policy

As you can see, this year witnessed remarkable forward motion by our association. It is thanks to the generous donations of time and expertise by members such as you that these accomplishments, which strengthen the quality of care for the patients we serve, are possible. It has been my honor serve as your APNA President over the past year.

Respectfully submitted,



President

Tari (Sattaria) Dilks, RN, DNP, APRN, PMHNP-BC, FAANP

Dear Colleagues,

As the Secretary for the APNA Board of Directors, I am pleased to provide you with this annual update on our membership and communications over the past year.

The APNA Secretary is responsible for corporate records and taking meeting minutes during official meetings of the APNA Board of Directors. During the past year, the Board of Directors conducted face-to-face meetings on October 1, 2019, February 19-20, 2020, and June 10, 2020. Conference calls were held on November 12, 2019; December 10, 2019; January 14, 2020; March 10, 2020; April 14, 2020; May 12, 2020; July 14, 2020; August 11, 2020; and September 8, 2020.

Membership has increased since the last activity report. Current membership is up 5% at 14,570, with a 6.5% increase in renewals and a 1.2% increase in new members as compared to 2019. Our retention rate is a healthy 85% and our membership is currently 55.66% RN and 44.34% APRN.

The website continues to help APNA serve as your resource for psychiatric-mental health nursing. This year, APNA created a robust [website section](#) devoted to resources and information to help psychiatric-mental health nurses navigate the COVID-19 pandemic. APNA also continues to issue press releases, conduct press outreach, and make use of a broad range of social media platforms to disseminate information and engage with the public. New resources now available on the website thanks to the expertise found within our membership include an [SBIRT Pocket Card](#) for Nurses, a [Nurses Guide to Mental Health Support and Services](#), and a [stress self-assessment with targeted resources](#).

Since its launch in 2011, your resource for online continuing nursing education, the [APNA eLearning Center](#), continues to grow in scope and reach. More than 373 sessions are available to access online, altogether offering 414.2 contact hours. 'Free CE of the Month' provides members with access to four free podcasts with contact hours each month. This year APNA also released two new [free sessions](#) to help nurses manage increased stress during this time: Mindfulness in the Workplace: Practical Application and Cultivating Our Best Selves in Response to COVID-19: The Community Resiliency Model. Also, the two Medications for Addictions Treatment webinars, available at no cost in partnership with the Provider's Clinical Support System, were updated with new and enhanced content.

Our online community site [Member Bridge](#) continues to offer valuable connection for members. The community provides more than 107,000 resources, discussion posts, and blogs and members have logged in more than 924,000 times to access this content. This year, members sent more than 24,000 messages and wrote more than 8,000 posts in their communities. This site serves as a dynamic source for the collective wisdom, experiences, and concerns shared by the profession. I hope that you will join me in celebrating the growth that APNA has seen this past year – it is a collective effort that reflects your dedication and expertise as members of your association of professionals.

Respectfully submitted,

Joyce Shea, DNSc, APRN, PMHCNS-BC  
Secretary  
American Psychiatric Nurses Association

## APNA Membership Report October 2020

Number of current active members as of 9/30/2020: **14,570 – 5% increase** (13,867 on 9/30/19)

### ***Renewals and New Members in the Last Period (June 1, 2020 – September 27, 2020)***

- **Renewals:** 2,812 – **5.1% increase** from the same period in the previous year (2,675)
- **New Members:** 1,326 – **9.7% decrease** from the same period in the previous year (1,468)

### ***Renewals and New Members in 2020 so far (January 1, 2020 – September 27, 2020)***

- **Renewals:** 6,585 – **6.5% increase** from the same period in the previous year (6,184)
- **New Members:** 3,308 – **1.2% increase** from the same period in the previous year (3,250)
  - This is **12+** new members joining each day!

### ***Renewal Rate***

$$\frac{14,570 - 4,306}{11,935} = 86\%$$

Current members – members gained in the past year  
Total members last year

4,306: join date 9/27/19 – 9/27/20

11,935: renewals + new members 1/1/19 – 12/31/19

### ***Average tenure of a member***

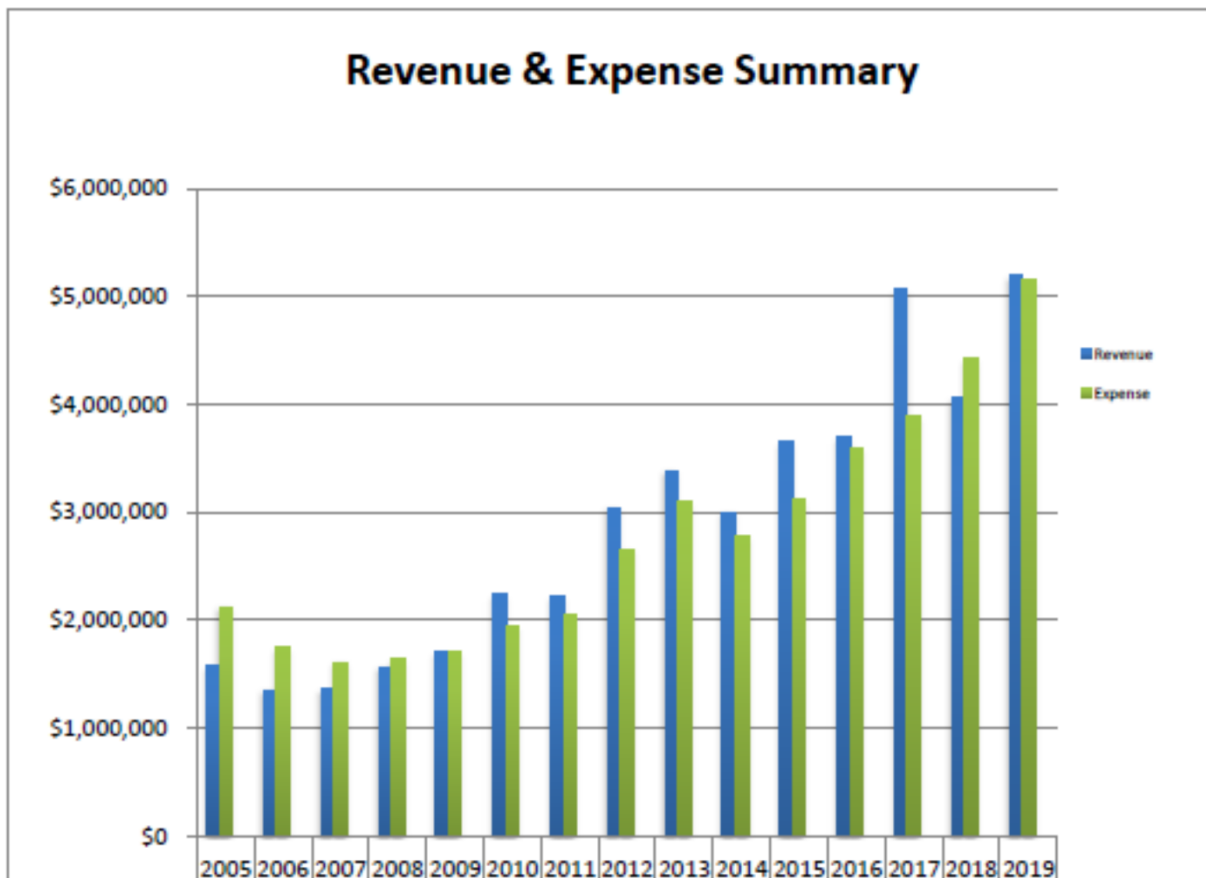
$$\frac{1}{(1 - .85203)} = 6.8 \text{ years}$$

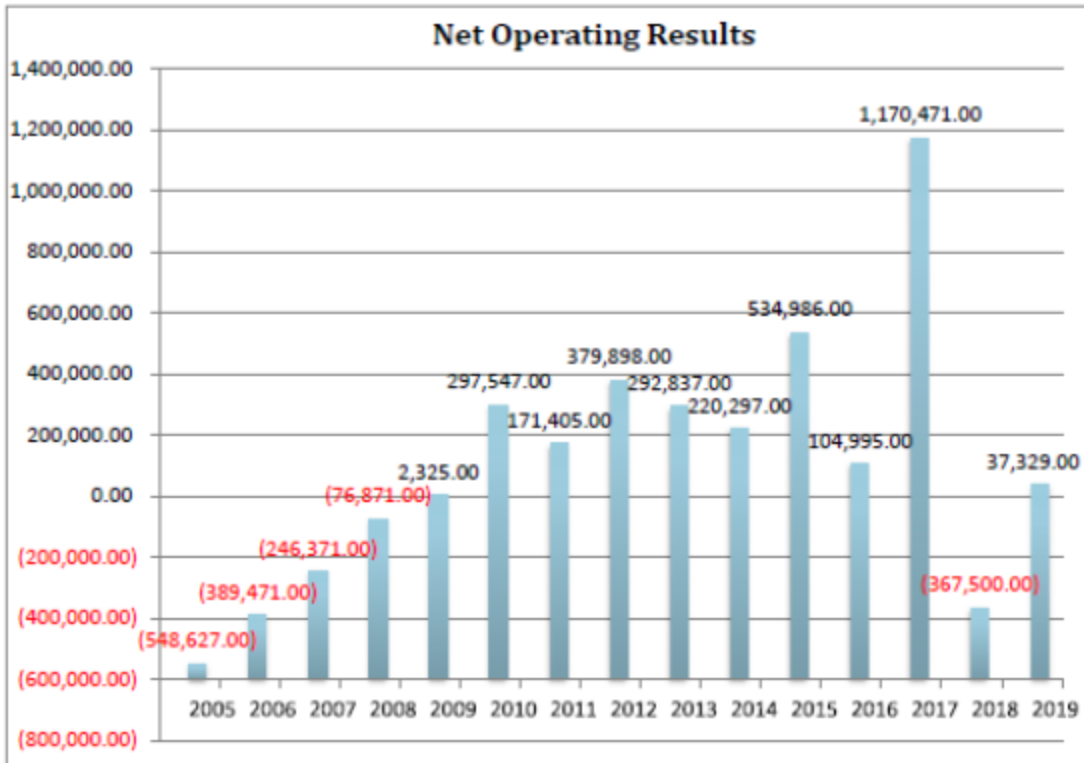
Dear Colleagues,

I am pleased to provide the APNA Treasurer's Report for the most recent fiscal year, 2019. The audited financial statements for the year ending December 31, 2019 can be found in the Appendix. This report shows the complete APNA financial position to include foundation activities. All APNA financials are under the stewardship of the APNA Board of Directors. The results show a positive return from operations of \$37,329.

In an effort to oversee the integrity of its financial statements and maintain a system of internal control, APNA established an Audit Committee to review the results of the audited financial statements with the independent auditing firm annually. Last year's audit resulted in a "clean" opinion with no material misstatements.

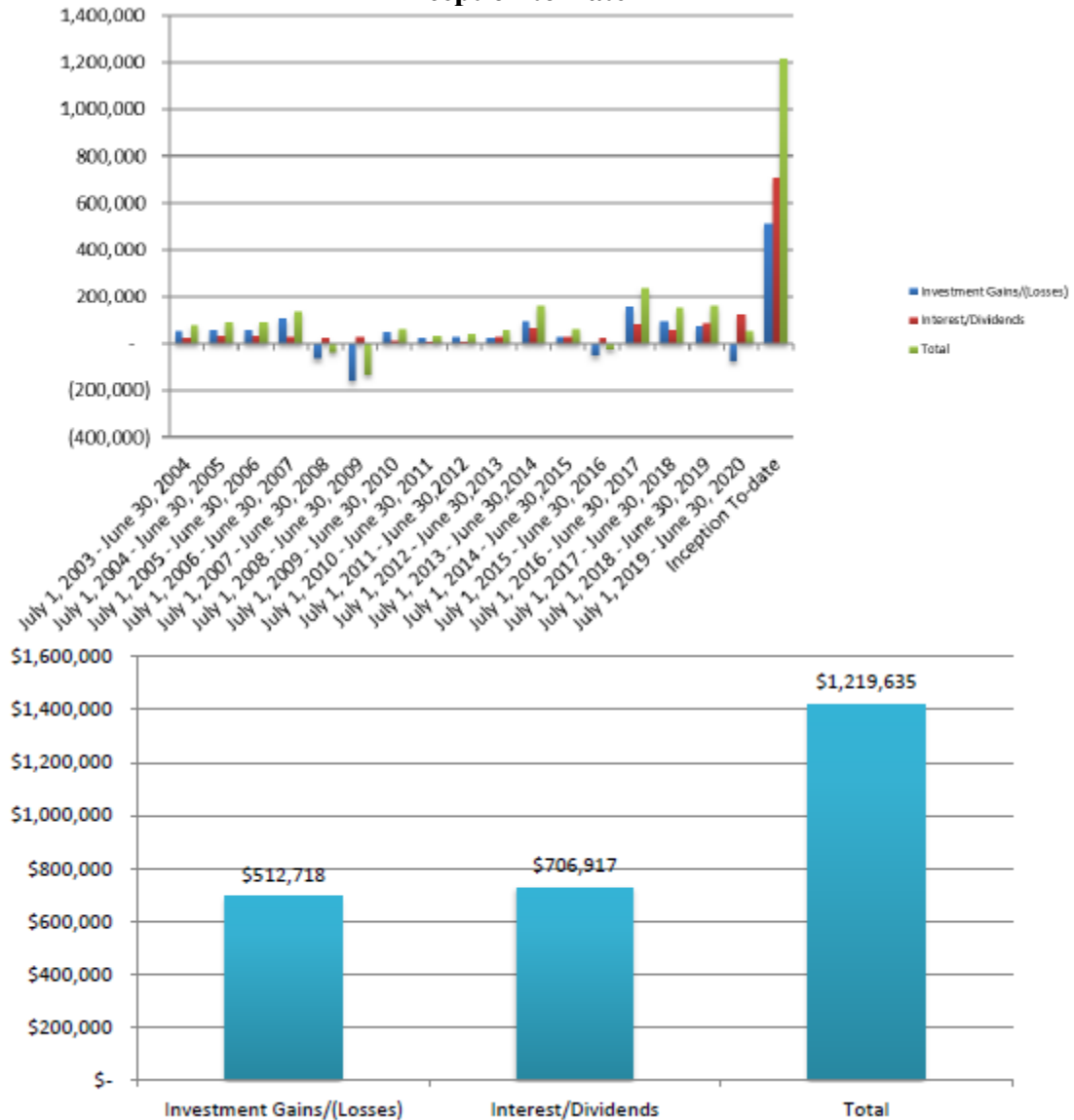
In addition to the statements discussed above, we have prepared the following charts reflecting the revenues and expenses and the net operating results from January 1, 2005 through December 31, 2019.





The Board of Directors functions as the investment committee for APNA funds. It utilizes the services of an investment manager who invests the funds in accordance with the APNA investment policy. The investment policy calls for a diversification of funds with moneys invested in cash, equities, bonds and real estate. The following charts show the results of APNA investments from July 2003 through August 2020. APNA investments have returned a total of \$1,219,635 over that period.

## Investment Summary Inception to Date



It is my honor to serve as APNA Treasurer and I appreciate the support of staff, the Board and the members who make these positive results possible.

Donna Rolin, PhD, APRN, PMHCNS-BC, PMHNP-BC  
Treasurer  
American Psychiatric Nurses Association

## Chapter Activity Report September 2020

**Annual Reports:** The Chapter Affiliation Agreement includes a commitment to submit a report of chapter activities every year. Multiple emails have been sent to the leaders of chapters who haven't submitted 2018 or 2019 reports to no avail. Next steps are being considered.

**Meetings:** Instead of planning for fall conferences, a few chapters are considering having virtual meetings. Staff recommends having a virtual networking session when asked for advice. This is an activity that would be no cost for the chapter and would provide the opportunity to feel connected during this time when so many feel isolated.

**Orientation:** The Executive Director provided an orientation session for all chapter board members on August 5. Forty-five members attended the session.

**Revitalization:** Members from South Carolina met with the Executive Director to discuss the revitalization process. Representatives have yet to decide if they will initiate the process.

### Chapter Summaries

#### Alabama

##### Board

President: Moniaree Jones  
President-Elect: Laura Graham  
Vice President: Christa Moore  
Secretary: Vanessa Barlow  
Treasurer: Susan Stocks

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#### Arizona

##### Temporary Leadership Committee

Chapter Leader: Pam Lusk  
Committee: Kellie Casero  
              Maria Cornejo  
              Susan Crane  
              Brooke Finley  
              Maria Luna-Wolfe

Meetings: Book Club: June 10 / Resuming September

Elections: Call for Nominations July/August 2020; Formal chapter board to take office in October

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## **Arkansas**

### Board

President: Carol D. Campbell

President-Elect: Vacant

Immediate Past President: Sara Jones

Treasurer: Greg Forrester

Secretary: Tiffany Diaz

Members-at-Large: Jane McKinnie  
Darin Morgan  
Cheryl Murphy  
Chris Stone

Meetings: Chapter Board meetings on second Wednesday of every month. 2020 Conference postponed.

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## **California**

### Board

President: Alysha Woods

President-Elect: Jessica Frihart

Immediate Past President: Jean Fisak

Secretary: Laurel Mullally

Treasurer: Jennifer Cameron

Members-at-Large: Jemma Coster  
Joe Garcia  
Joseph Greene  
Liberty Olive Macias  
Justin Roberts  
Lukas StormoGipson

Meetings: Monthly Board Calls: June 17, July 15, August 19  
Member Meeting: June 16

Elections: Call for Nominations August/September 2020

Misc: Ann Wilkinson Award nominations submissions collected June/July 2020

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## **Colorado**

President: Heidi Linn  
President-Elect: Julie Graves  
Immediate Past President: Kerry Peterson  
Secretary: Alicia Kielas  
Treasurer: Katherine Ryan  
Members-at-Large: Erica Earhart  
Susan Golden  
Media Manager: Camie Jacobs

Elections: Chapter Board recommended candidates for Treasurer, Media Manager and Member-at-Large.

Meetings: Chapter Board meetings on second Wednesday of every month. Virtual networking event 8/24/20.

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## **Florida**

### Board

President: Michael Valenti  
President-Elect: Shannon Robinson  
Immediate Past President: Debbie Salani  
Secretary: Paula Alexander-Delpech  
Treasurer: John Repique  
Members-at-Large: Jessica Gordon  
Kim L. Hickman  
Donna Linette

Meetings: Member Meetings: June 18, July 1  
Monthly Board Calls: June 15, July 20, August 17

Elections: Call for Nominations August 2020

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## **Georgia**

### Board

President: Patricia Harrison  
President-Elect: Ashley Bryan  
Secretary: Candance Trippe  
Treasurer: Namita Patel  
Members-at-Large: Kim Butts  
Dawn Prettygar

Advisory Panel: Carolyn Hahn-Swanson  
Ashley King  
Kathy Schaaf  
Traci Sims

Meetings: Board meeting via Zoom on third Thursday of the month  
JAPNA Article Discussion group for chapter members happening via Zoom on third Thursday of the month.  
Suicide Prevention Training postponed.

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## **Hawaii**

### Board

President: Joan Parker-Dias  
President-Elect: Vacant  
Immediate Past President: Loraine Fleming  
Secretary: Chat Augustin  
Treasurer: Vacant  
Directors-at-Large: Lani Tsuneishi  
Judith Mancini  
Stacy Kracher

No activity

Annual Reports: 2018 & 2019 Not Submitted

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## **Illinois**

### Board

President: Kathy Lee  
President-Elect: Joe Griffey  
Immediate Past President: Mary Jane Welch  
Secretary: Gina Panozzo  
Treasurer: Kelly Bryant  
Members-at-Large: Karina Combs  
Debbi Delre  
Katherine Hess  
Kate Mayton  
Emmanuel Olaifa  
Abbey Stine

Meetings: Monthly Board Calls: August 11

Misc: Scholarship awarded June 2020

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## **Indiana**

### Board

President: Brian Arwood

President-Elect: Vacant

Immediate Past President: Leah Knight

Secretary: Dawn Copas

Treasurer: Vacant

Members-at-Large: Judy Malone Cole  
Leslie Oleck

Meetings: Board Meeting August 3

Election: Call for Nominations July/August 2020  
Election August 2020

Misc: Member survey disseminated August 2020

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## **Iowa**

### Board

President: Emily Sinnwell

President-Elect: Vacant

Immediate Past President: Mary Sturdy-Martin

Secretary: Julie Barrett

Treasurer: Jen Blume

Members-at-Large: Jenifer Grissom  
Lisa Kongable

Meetings: Monthly Board Calls: June 16, August 18

Election: Call for Nominations June 2020

Misc: Scholarships awarded June 2020

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## **Kansas**

### Board

President: Becky Austin Morris

President-Elect: Vacant

Secretary: Bailey Bennet

Immediate Past President/Treasurer: Lucinda Whitney

Members-at-Large: Sasha Arnold  
Elizabeth Blanchard

Meetings: Chapter Board meetings third Saturday of every month.

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## **Kentucky**

### Board

President: Rebecca Reichert

President-Elect: Amanda Lykins

Immediate Past President: Sooksai Kaewbua

Secretary: Jenni Smith

Treasurer: Sarret Seng

Members-at-Large: Jose Cruz  
Brenda Matlock  
Kevin Scalf  
Brittany Yates

Meetings: 2020 Virtual Conference: June 18

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## **Louisiana**

### Board

President: Erica Joseph

President Elect: Latrice Mallard

Immediate Past President: Vacant

Secretary: Debra Moran

Treasurer: Marianne Call

Members-at-Large: Amanda Eymard  
Margaret Hughes  
Linda Ledet  
Delinda Martin

Meetings: Monthly Board Calls: June 1, July 6, August 3

Election: Call for Nominations August 2020

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## **Michigan**

### Board

President: John Sturtevant

President-Elect: Vacant

Immediate Past President: Carol Essenmacher

Secretary: Margaret Mary Keeler

Treasurer: Andrea Bostrom

Members-at-Large: Rhonda Berndt  
Dawn Goldstein

Carrie Mull  
Umeika Stephens  
David Vander Ark  
Board Members: Diane Burgermeister  
Carla Groh  
Cynthia Papendick

Meetings: Chapter Board meetings on third Monday of every month.

Elections: Chapter recruiting from within for President-Elect

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## **Minnesota**

### Board

President-Amanda Schuh  
President-Elect: Kristin Verhoeven  
Immediate Past President: Lindsay Anderson  
Treasurer: Elena Geiger-Simpson  
Secretary: Marquitta Trimnell  
Members-at-Large: Mary Clough  
Della Derscheid  
Susan Sawyer-Demaris

Meetings: Virtual networking event via Zoom for all Chapter members on June 20, 2020. Chapter Board meeting on the first Thursday of every month. Chapter conference 2020 postponed.

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## **Mississippi**

### Board

President: Roderick Green  
President-Elect: Vacant  
Immediate Past President: Katherine Raines  
Secretary: Vacant  
Treasurer: Vacant

No activity

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## **Nebraska**

### Board

President: Rise Mitchell

President-Elect: Allison McKamy

Immediate Past President: Patty Ealy

Secretary: Margaret Emerson

Treasurer: Nick Guenzel

Members-at-Large: MaryAnn Andersen

Barbara Schwartz

Nominating Committee: Vacant

Meetings: Chapter Board meeting on third Wednesday of every month. 2020 in-person conference cancelled. Virtual Conference held August 14.

Elections: Chapter Board submitted recommendations for Treasurer and President-Elect as none were received during Call for Nominations.

Misc: Scholarship being offered for chapter member to attend APNA Annual Conference.

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## **Nevada**

### Board

President: Michelle Giddings

President-Elect: Vacant

Immediate Past President: Vacant

Secretary: Todd Mathisen

Treasurer: Sydney Egan

No activity

Annual Reports: 2018 & 2019 Not Submitted

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## **New England**

### Board

President: Denise Fairbank

President-Elect: Joanne DeSanto Iennaco

Immediate Past President: Pat Dahme

Secretary: Nancy Gallagher

Treasurer: Bonnie MacGregor

Regional Representative: Karen Chesley

Meetings: Monthly Board Calls: June 27, August 16

Misc: Chapter Award nominations collected July/August 2020

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## **New Jersey**

### Board

President: Angela Brathovde

Vice President: Colleen Duffy

Immediate Past President: Michael Tierney

Secretary: Vacant

Treasurer: Lisa Abrams

Members-at-Large: Cindy Basile  
Judy Gurfein

Meetings: Monthly Board Calls: June 16, July 21, August 18  
Member Meetings: July 30

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## **New Mexico**

### Board

President: Angela L. DelGrande

President-Elect: Vacant

Immediate Past President: Vacant

Secretary: Jennifer S. Schneider

Treasurer: Fatima Wells

Members-at-Large: Molly Faulkner  
Barbara A. Gilmore  
Maureen R. Kolomeir  
Matthew Moody  
Leslie Robbins  
Janet Thelen

Meetings: Chapter Board meeting on the first Saturday of every month. Hosting virtual book club series (Next one on September 13). The 2020 conference cancelled.

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## **New York**

### Board

President: Marybeth McManus

President-Elect: Vacant

Immediate Past President: Adrial Lobelo

Secretary: Brynne Calleran

Treasurer: Paul Panakal

Members-at-Large: Andrea Bast  
Christina Machuca  
Suzie Marriott  
Jack Spencer

Meetings: Monthly Board Calls: June 15, July 20, August 17

Election: Call for Nominations August/September 2020

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## **North Carolina**

### Board

President: Brenda Fore

President-Elect: LaTonia Chalmers

Immediate Past President: Jason Roberts

Secretary: Jeanette Avery

Treasurer: Kim Hutchinson

Members-at-Large: Barbara Ann Bybel  
Dee Ann Langford  
Gina Lemons  
Dorinda Snyder  
Robin Trivette

Meetings: Chapter Board meetings and chapter member meetings on third Tuesday of every month.

Annual Reports: 2018 & 2019 Not Submitted

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## **Ohio**

### Board

President: Andrea Warner Stidham

President-Elect: Vonda Keels-Lowe

Immediate Past President: Susan Brammer

Secretary: Karen Federspiel

Treasurer: Carol Krieger

Nominating Committee: Margaret Dell  
Maureen Dwyer  
Elizabeth Hutson

Meetings: Quarterly Chapter Board calls

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## **Oklahoma**

### Board

President: Wanda Robinson  
President-Elect: Cene Livingston  
Immediate Past President: Vacant  
Secretary: Kristen Bomboy  
Treasurer: Martha Hernandez  
Member-at-Large: Cynthia Baugh

Election: Call for Nominations June 2020 / Election July 2020

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## **Oregon**

### Board

President: Barbara Limandri  
President-Elect: Inga Gisk  
Immediate Past President: Vacant  
Treasurer/Secretary: Tara Candela  
Communications Secretary: Christina Dynamite  
Members-at-Large: Andrea Alexander  
Patty Barfield  
Ginny Elder  
Robert Filitor  
Robin Fox  
George Gilchrist  
Nicole Nevan

Meetings: Chapter Board met in January, March and July. Having a webinar series (6 part) with a speaker and 1 CE credit each, starting in December.

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## **Pennsylvania**

### Board

President: Christine Moriconi  
President-Elect: Vacant  
Immediate Past President: Brenda Kucirka  
Secretary: Beth Smith  
Treasurer: Lisa McNamee

Meetings: Regional Meeting June 23

Misc: Gail Stern Scholarship applications collected July/August 2020

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## **Tennessee**

### Board

President: Stephanie L Weatherly

President-Elect: Jacqueline Sharp

Immediate Past President: Laura K. Melaro

Secretary: Shirlee P. Davidson

Treasurer: Maggie A. Throckmorton

Member-at-Large/Western Regional Representative: Vacant

Member-at-Large / Eastern Regional Representative: Mary Mixon

Member-at-Large / Central Regional Representative: Maggie A. Throckmorton

Nominating Committee: Vacant

Elections: Call for Nominations/Election for President-Elect. Election currently going on for Member-at-Large/Western Regional Rep and Nominating Committee.

Meetings: Chapter Board meeting held second Monday of every month. 2020 conference cancelled. Could not get back deposit, so chapter will hold conference at same venue April 2021.

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## **Texas**

### Board

President: Rebecca Puchkors

President-Elect: Audrey Pyle Voss

Immediate Past President: Stella Logan

Secretary: Maribeth Fontabla

Treasurer: Ruth Ifediora

Members-at-Large: Cornelius Metili  
James Moreno  
Amanda J. Simonton

Meetings: Chapter Board & member meeting held first Wednesday of every month. 2020 RTP and Suicide Prevention Training postponed.

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## **Utah**

### Board

President: Brandon Thatcher

President-Elect: Zoe Robbins

Immediate Past President: Michael Thomas

Secretary: Sarah Leggett

Treasurer: Samuel Vincent

Members-at-Large: Jon Medina  
Sarah Porter  
Susan Scott

Elections: Call for Nominations for President-Elect, Secretary and 2 MAL. Received 1 MAL. Recruited internally for President-Elect, Treasurer and Secretary as no candidates were received.

Meetings: Chapter Board meeting held on fourth Tuesday of every month.

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## **Virginia**

President: Lora Peppard

President-Elect: Victoria Bierman

Immediate Past President: Newton

Secretary: Vacant

Treasurer: Lynda Miller

Members-at-Large: Teresita Gonzales

Lyons Hardy

Susan Jacobson

Jayne James

Johna Jenkins

Kelly Ricketts

Nominating Committee: Delores Ann Couch

Education Committee: Nina Beaman

Meetings: Chapter Board meeting and member meeting on first Friday of every month. 2020 in-person conference cancelled. Free webinar series being offered for chapter members. Second one held July 31.

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## **Washington**

President: Christina Chacon

President-Elect: Vacant

Secretary: Carol Kottwitz

Treasurer: Marchell Spielmann

Members-at-Large: Yoriko Kozuki

Karen Lynch

Xing Wu

Meetings: Chapter Board/Member meeting held second Tuesday of every month. Chapter conference 2020 cancelled. Virtual options being explored for Fall 2020.

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**Wisconsin**

President: Jamie E. Surfus-Lewiston

President-Elect: Vacant

Immediate Past President: Kimberly Walker-Daniels

Secretary: Vacant

Treasurer: Barbara Jones

Member-at-Large: Aeron Adams

Meetings: Chapter Board/Member meeting on Third Wednesday of every month

Submitted by: Tandi-Jo Lantrip, CAE

**COUNCILS**

**Addictions**

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**Current Activities:**

- Pocket Cards to Screen for SUDs Across Settings & Provides Treatment Resources
- Updated SBIRT & Revised APRNs Prescribing of BUP Position Papers at Request of BOD
- Advised on SAMHSA Prac-Ed SBIRT Curriculum Grant
- Continued Opioid Webinars for Nurses & 24 Hour Online & 8 Hour Virtual Live MAT Trainings
- Continued Partnerships with Opioid Response Network & Providers Clinical Support System

**If your council could advise the board on one thing that APNA should accomplish relative to your council's area of expertise, what would it be?**

Advise on patient centered treatment options which have been born out of the COVID-19 pandemic (ie: utilization of tele-health technology to provide visits for MAT treatment of OUD, "relaxation" of regulations regarding UDS, pre-treatment in-person physical examination, methadone take-homes, etc related to treatment of patients with OUD/SUD) and continued focus on co-morbid treatment of PMH & SUD as chronic relapsing disorders, removing punitive barriers to care.

Council, Task Force, Committee, Workgroup - Activity Report  
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## Addictions

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Susan Caverly, PhD, ARNP - *Chair*

Laura Leahy, DrNP, APRN, PMH-CNS/FNP, CARN-AP, FAANP – *Co-Chair*

### Steering Committee

Carolyn Baird, DNP, MBA, RN-BC, CARN-AP,  
CCDPD, FIAAN

Deborah Finnell, DNS, PHMNP-BC, CARN-AP, FAAN

Michelle Knapp, DNP, PMHNP-BC

Kris McLoughlin, DNP, APRN, PMHCNS-BC, FAAN

Susanne Meyers, NP, PMHNP-BC

Ann Mitchell, PhD, RN, FAAN

Madeline Naegle, PhD, CNS, PMH-BC, FAAN

Michelle Tsai, DNP, PMHNP-BC

Bridgette Vest, DNP, RN, PMHNP, GNP

### Advisory Panel

Carla Abel-Zieg, ARNP, CNS

Marissa Abram, PhD, PMHNP-BC, CASAC

Anna Acee, EdD, ANP-BC, PMHNP-BC

Susie Adams, PhD, APRN, PMHNP-BC, PMHCNS-  
BC, FAAN

Tramarea Adams, RN

James Adams, MSN, PMHCNS-BC

Relindis Akwanga, RN, BSN, MSN student

Paula Alexander-Delpech, PhD, PMHNP-BC, APRN

Robert Allen, RN, FPMHNP, LMSW

Therese Alm, MSN, RN

April Ames-Chase, MSN, RN-BC, CNL

Rose Theresa Anderson, MSN, PMHNP, BC, BSN,  
RN, PHN

Patricia Anderson, RN, DON, MSN

Paula Anderson, MS, PMHNP-BC

Juanita Andrews, BSN, RN

Susan Archacki-Resnik, MSN, ARNP, PMHNP-BC

Romnee Auerbach

Patricia Baginski, RN, APRN, MSN

Jenny Bailey, MSN, PMHNP-BC

Lauren Barber, MSN, PMHNP-BCC, MHSA

Diane Barber, DNP, APRN, FNP-C, PMHNP-BC

Audur Bardardottir, RN, NP

Monique Batchelor, RN, MSN, DNP, PMHNP

Steven Baumann, APRN, NP

Anne Beauchamp, RN, BSN

Aimee Bensimhon, RN, BSN

Maureen Bentley, MSN, RN, PMHNP-BC

Ann Bispo, PCNS, MSN, RN, CNS

Marci Bisset, MSN, PMHNP

Suzan Blacher, PhD, MSN, RN, CARN, TTS

Susan Bloom, PsyD, APRN

Elizabeth Bott, MSN, RN

Jennifer Bowen Burgess, DNP, APRN, PMHNP-BC

Julita Braxton, RN

Jana Briggs, BSN, RN-BC

Shelly Brown, DNP

Margaret Brown, MSN, PMHNP-BC

Kelly M. Buckley

Erica Butcher, RN

Richard Cain, PMHNP-BC, MSN, MS, RN

Marianne Call, APRN

Meriel Campbell, MS, RN, NP, CNS

Christopher Caratzas, BSN, RN-BC

Kelly Carlson, PhD, APRN-BC, NP

Mary Carmel, RN

LaTonya Carroll, DNP, APRN, CNP, PMHNP-BC,  
FNP-C, CPNP-PC

Bethanne Carson, MSN, PMHNP

Susan Caverly, PhD, ARNP

Margot Chadwick, PMHNP-BC

Neelam Chanda, PhD, RN

Danielle Chappell, RN, BSN, PMHNP student

DessyeDee Clark, PhD, ARNP PMH-CNS

Spencer Cole, MSN, RN

Leigh Combs, RN

Kayla Cross, MSN, MA, RN-BC

Theresa Damien, PMHNP-BC, RN

Sharon Davis, FPMHNP-BC

Donna Davis, MSN, CNS, CRNP

Matthew Davis, BA, BSN, RN

Susan Dawson, EdD, PMHCNS/NP-BC

Laura Dayton, RN

Diane DeCarolis, APRN, PMHNP-BC

Mark deClouet, Jr., APRN

Anthony DeDonatis, MS, PMHNP-BC, RN-BC

Bianca Desjarlais, RN

Carlota Devictoria, RN, BSN

Steven DeVictoria, RN, BSN

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Joanne Devine, MS, PMHCNS-BC, PNCS  
Todd Dickson, DNP, APRN, CNP  
Rebecca Dorsey, MSN, PMHNP-BC  
Patricia Dotson, MSN, PMHCNS, LCDC  
Sharon Dragovich, APRN, BC, PMH, CNS  
Nina Drinnan, MSN, CRNP, ANP-BC, PMHNP-BC  
Elizabeth Ducat, PMHNP  
Samia Dutra, PhD, RN  
Dawn Dykstra, RN, BSN  
Carol Ervin, RN, BSN  
Ivonne Espinosa, APRN, NP  
Carol Essenmacher, DNP, C-TTS  
Cynthia Estes, DNP, MHA, RN, NE-BC  
Denise Fairbank, RN-BC  
Linda Ferris, BSN, RN, PMHN-BC  
Kay Foland, PhD, RN, PMHNP-BC, PMHCNS-BC, CNP  
Peter Forkou, RN  
Cynthia Franklin, RN, MSN, PMHNP  
Joseph Franklin, Jr., MHS, ADN, RN  
Nancy Fruin, ANCC, ARNP  
Mary Gagne, MSN, PMHCNS, BC  
Julia Gallant, MSN, APRN  
Sarah Gallardo, Ms.  
Michelle Geiss  
Judith Gentz, RN, MS, PMHCNS-BC, NP  
Ann Gershon, RN, BSN, DNP  
Susan Glodstein, DNP, PMHNP-BC, PMHCS-BC  
Yovan Gonzalez, MSN, FNP-BC  
Angela Goodson, RN, MSN  
Melinda Goodwin, RN-BC, LMHC  
Christopher Gossett, RN  
Derrick Grey, RN  
Faye Grund, PhD, APRN-BC  
Nicholas Guenzel, PhD, APRN-NP  
Jennifer Guy, BSN, RN, BC-PMH  
Lacy Hager, MSN, Ed, RN  
Dawn Hahn, RN-BC, CMCN, CARN  
Joseph Haiden, RN  
Sharon Haight-Carter, PMHNP-BC  
Shila Ham, RN  
Sonja Hampshire, MSN, RN, PMHNP-BC  
Laurel Hanetho, BSN, RNC  
Christopher Hannon, DNP  
Ingrid Hansen, RN  
Shari Harding, DNP, PMHNP-BC, CARN-AP, CPRP  
Bonnie Harmer, PhD, RN, CNE, CHSE  
Lisa Harrington, RN, CNM, PMHNP Candidate

Robbyn Harry-Ieremie, MSN, RN  
Rebecca Haynes, RN, PMHNP-BC  
Jacquelyn Hedstrom, RN, BSN  
MaLinda Henderson, PMHNP-BC  
Phoebe Henderson, MSN, RN, CNE  
Diane Hickman, PhD, APRN, PMHCNS-BC  
Kim Hickman, DNP, PMHNP-BC, ARNP, RN-C  
Alicia Holod, BSN, BA, RN  
Lee Anne Horn, PMHNP-BC  
Julia Houfek, PhD, APRN-CNS, BC  
Jessica Huepper, MSN, RN  
Kayla Huesman, MHA, MSN, RN-BC, CARN  
Kim Hutchinson, EdD, PMHCNS-BC, LCAS, CARN  
Josephine Igwacho  
Susan Jacobson, PMHNP, CNS  
Aimee Johnson, MSN, RN  
Gregory Jones, RN  
Jennifer Jones, MSN, PMHNP-BC  
Erica Joseph, DNP, APRN, PMHNP-BC, NP-C  
Mary Justice, PhD, RN, CNE  
Barbara Kadesky, PMHNP  
Linda Kaplan, RN, BSN, MSN, CARN  
Kelly Katara, DNP  
Lisa Kehr  
Lori Kidd, PhD, RN, CNS  
Jae-Hoon Kim, CRNP-PMH  
Valerie Kolbert, ARNP, BC  
Marin Konstadt, APRN, BC  
Olena Korsun, RN  
Mary Kosman, APRN  
Belinda Kotin, NPP  
Robin Krause, APRN, BSN  
Wanda Lancaster, MSN, PMH-BC, CNS, NP  
Patricia Latham, RN, PhD, PMHCNS-BC  
Melanie Laub, RN  
Michelle Lauer, MSN, RN, BC, PMHNP-BC  
Laura Leahy, DrNP, APRN, PMH-CNS/FNP, CARN-AP, FAANP  
Erik Lee, MSN, RN, PMHNP-BC  
William Leiner, MS, RN, BC  
Trang Lieu, RN  
Matthew Lindquist, MSN, RN, PMHNP, BC  
Kate Lindsay, MSN, RN  
Heidi Linn, RN  
Chelsea Livingston, BS, RN-BC  
Mark Loszewski, NP  
Benitho Louissaint, APRN  
Renee Lucci, RN

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Melinda Luckay, RN, BSN, MSN, PMHNP  
Pamela Lusk, DNP, RN, PMHNP-BC, FAANP, FNAP  
Jennifer Lyons, RN, BSN  
Brandee Madden, DNP, RN, PMHNP-BC  
Judith Magnon, RN-BC, BS  
Bankpang Malone, CNP  
Elizabeth Marigi, BSN, RN  
Tara Mariolis, MS, RN  
Francisco Marquez, RN  
Melissa Martyn, RN, BSN  
Debra Mayers, APRN, NP  
Linda Mays, DNP, PMHNP-BC  
Mary McCabe-Vogel, RN  
Lynette Melby, CNP  
Connie Mele, MSN, RN, PMHCNS-BC, CARN-AP  
Katerina Melino, MS, PMHNP-BC  
Michelle Mercier, MSN, PMHNP-BC  
Jacob Merkel, MSN  
Catherine Messinger, RN, APRN, DNP  
Lacy Miller, DNP, PMHNP-BC, FNP  
Lynda Miller, MSN, RN, FNP-C, PMHNP-BC  
Tami Mitchell, RN  
Arabella Mitchell Bruce, DNP, PMH-FNP, BC  
Heather Mol, MSN, RN  
Laura Montgomery, MA, MSN, APRN, FNP-C,  
PMHNP-BC, RN  
Marguerite Moon  
Laura Mooney, ADN, RN  
James Moreno, RN  
Patricia Morrison, CNP  
Linda Myers, MS, APRN  
Madeline Naegle, PhD, CNS, PMH-BC, FAAN  
Lakshmi Nair, RN, MS, PMHNP  
Audrey Naser, APRN  
Teresa Neubeck, RN, BS  
Marian Newton, PhD, RN, CS, PMHNP, ANEF  
Sandra Nichols, PhD, APRN, RN  
Patricia Nisbet, DNP, PMHNP-BC  
Ngozi Nwobi, DNP, PMHNP-BC, APN  
Deborah O'Dell, BSN, MSN, RN  
Chizimuzo Okoli, PhD, MSN, MPH, RN  
Margaret Onyeukwu, MSN, PMHNP  
Melanie Opack, RN  
Suzanne Opperman, MSN, APRN  
Edith Orejel, BSN, RN  
Kelly Ortega, MSN, APN, PMHNP-BC  
Cynthia Papendick, MS, APRN, BC  
Sharon Parker, MS, RN, CNS

Mark Pavlick, RN, MS  
Elizabeth Petitt, MSN, Ned, FNP-C, PMHNP-BE,  
SANE-A  
Bethany Phoenix, PhD, RN, CNS  
Corina Picchiottino, BSN, RN  
Stephanie Plummer, DNP, APRN, PMHNP-BC, FNP  
Logan Pockl, RN  
Lisa Powell, APRN  
Leigh Powers, DNP, MSN, MS, APRN, PMHNP-BC  
Jennifer Pursley, RN, BSN  
Maureen Rafa, BS, RN, PMHBC  
Mary Rapa, RN  
Tammy Reddington, MSN, BSN, APRN, RN  
Roseann Regan  
Judy Rice, DNP, MSN, PMHNP, FNP, CS  
Jdee Richardson, PhD, PMHNP  
Luann Richardson, PhD, DNP, FNP, PMHNP, FAANP  
Aleksander Ripple, BSN, RN  
William Robertson, MSN, ANCC PMHN  
Shannon Robinson, MSN, RN  
Danielle Ross, MHNP  
Patrice Roy, APRN, BC  
SunSearra Ruffin, RN  
Heather Russell, MSN, RN  
Zahida Sairitupa, APRN  
Jane Sander, ARNP, DNP  
Kirk Sanger, PhD, RN  
Margaret Scharf, PMH-NP, FNP, DNP, PMHNP  
Leader  
Theresa Scheuermann, RN  
Amanda Schuh, PhD, APRN, PMHNP-BC  
Rhonda Schwindt, DNP, RN, PMHNP/CNS-BC  
JT Seaman, MSN, RN, PMHNP-BC  
Victoria Selby, PhD, MS, PMHNP-BC, CRNP  
Daryl Sharp, PhD, PMHCNS-BC, NPP  
Megan Shelton, BSN, RN  
Sylvia Simeone, DNP, PNHNP-BC, PMHCNS-BC  
NEA-BC  
Liliana Simmons, MSN, MA, PMHNP-BC, PHN  
Chenika Simms, RN  
Virginia Singer, DNP  
Catherine Skowronsky, MSN, RN, ACNS-BC,  
CMSRN, CNS  
Lori Sloan, BSN, RN-BC  
Rosemary Smentkowski, MSN Ed, RN, CARN  
Kenya Smith, MSN, PMHNP-BC  
Marie Smith, PMHNP-BC, EMT-B  
Martha Snow, MSN, RN, PMHNP, CARN-AP

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Nicholas St Clair, BSN, RN	Judith Van Cleef, MS, RN-BC-Retired
Janet Stagg, MS, RN, PMHCNS	Amye Varnum, PMHN, RN, BC
Linda Stanhope	Blake Vaughan, RN
Roberta Stanhope, ARNP, PMHCNS, BC, PLLC	Jennifer Velasquez, RN
Ann Stanton, PhD, RN	Jessica Vetter, RN, MSN, CNS, PMHNP-BC
Diane Stein, PMHNP	Diane Vines, RN, PhD
Jill Steinke, MS RN	Junie Voltaire, MHRN, BSN, MSN/ED
Bruce (Jamie) Stevens, MSN, APRN, PMHNP-BC, CARN-AP	Jason Wagner, APRN, PMHNP-BC, RN, LMHC, MCAP
Dina Stewart, PMHNP-BC	Pamela Waranowicz, Associate, RN
Wendy Stultz, BSN, RN	Doraine Webb, PMHCNS
George Sturges, RN, BA	Kathleen Webster, DNP, PMHNP
Laura Sullivan, RN	Sandra West, DNP
Debra Swingle, APRN	Diane Wieland, PhD, MSN, RN, PMHCNS-BC
Nancy Syms, PMHNP-BC	Lew Wiest, BSN, RN
Lauren Szewczyk, RN-BC	Debra Willsey, MS, RN, FPMHNP
Peter Taulbee, APRN, FPMHNP-BC	Cynthia Wilson, MSN, PHMCNS, BC
Amy Tenenouser, RN	Sabina Winingham, BSN, RN
Brandon Thatcher, PMHNP	Kathleen Wolff, PhD, APRN, CNS
Michael Tierney, BSN, RN-BC NE-BC, CADC	Kentoinette Wright, RN
Lisa Tincher, NP, FNP-C, PMHNP	Kerry Wyman, BSN, RN
Candace Trippe, RN, BSN	Kathleen Yost, Psychiatric, BSN, RN
Wendy Trout, MSN, PMHNP, APRN	Tia Young, BS Psych, BSN
Michael Valenti, PhD, RN	Esperanza Zamora Bachta, RN-BC, CARN
Dorothy Valin, PhD, APN CNS	Michelle Zapanta, MSN, RN-BC

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**Administrative**

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**Current Activities:**

- Developing a draft PMH Administrator tool kit, covering the following broad areas: Workforce development, Creating a culture, Safe Environments, Quality Improvement, Managing in a Regulatory Environment, and Fiscal Management.
- Poster presentation on using the MOAS acuity scale in an acute inpatient setting at the APNA 33rd annual conference, New Orleans.
- Hosted an annual meeting at the APNA 33rd annual conference to receive feedback from PMH administrator members.
- The APNA Administrative Council Steering Committee met several times during the year.

**If your council could advise the board on one thing that APNA should accomplish relative to your council's area of expertise, what would it be?**

Increase engagement and participation of council steering committee members to increase capacity.

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## Administrative

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### Co-Chairs

Kristen Kichefski, MSN, MBA, RN-BC  
Suzie Marriott, MS, BSN, RN-BC

### Steering Committee

Gretchen Johnson, DNP, MSN, RN-BC  
Celeste Johnson, DNP, APRN, PMH CNS  
Elizabeth Maree, MSN, RN, PMHCNS-BC, NEA-BC

Charlene Roberson, RN, BC, MEd  
Margaret Sherlock, MA, PMHCNS-BC  
Janet Stagg, MS, RN, PMHCNS

### Advisory Panel

Gia Accuardi, PMHNP-BC, BS, BSN, MFA, MSN  
Relindis Akwanga, RN, BSN, MSN student  
Tina Aown, MSN, RN-BC, CNML  
Becky Austin-Morris, DNP, PMHNP-BC  
Carolyn Baird, DNP, MBA, RN-BC, CARN-AP, CCDPD, FIAAN  
Eddie Bankhead, BSN, RN  
Alice Bernet, PhD, PMHNP-BC  
Elizabeth Blondeau, BSN, RN-BC  
Margaret Bookman, RN, MS, CS  
Paula Bostwick, RN, MSN  
Jane Bragg, MBA, MSN, RN, CPON, NEA-BC  
Kelly Bryant, RN-BC, NEA-BC, BSN, MS, CNE  
Diane Burgermeister, PhD, PMH-NP  
Hope Campbell, RN, MSN, NEA-BC  
Mary Carmel, RN  
Beth Cassidy, DNP, MSN, NE-BC  
Mary Clough, RN, MSN  
Judy Cole, PhD, RN  
Julia Coons, MS, RN-BC  
Ernestine Cuellar, PhD, PMHCNS-BC  
Laura Dayton, RN  
Sharon De Peralta, BSN, MBA, PhD, RN, PHN, CPHQ  
Jo Deaton, MS, APRN/PMH-BC  
Anthony DeDonatis, MS, PMHNP-BC, RN-BC  
Joanne Dedowicz, RN  
Nancy Dillon, PhD, RN, CNS  
John Dool, RN, MSN  
Jodie Dunkelberger, MSN, RN  
Patricia Dzandu, DNP, RN, PMHCNS-BC  
Margaret Edwards, RN, MSN  
Cynthia Estes, DNP, MHA, RN, NE-BC  
Jenise Farano, MSN, APN, FNP-BC  
Darlene Flowers, PHMNP-BC  
Maribeth Fontabla, RN, CRRN

Sarah Friend, DNP, PMHNP-BC  
Chikodiri Gibson, DNP, MBA, APN, RN  
Niki Gjere, PhD, MA, MS, PMHCNS-BC, RN, APRN, CNS  
Maryanne Godbout, DNP, PMHCNS-BC  
Megan Goerke, BSN, RN-BC  
Nancy Gutierrez, MSN, RN  
Joshua Hamilton, DNP, RN-BC, PMHNP-BC, CNE, FAANP  
Diane Hickman, PhD, APRN, PMHCNS-BC  
Dorothy Hill, RN, C  
Lisa Hill, PMHCNS-BC  
Frances Hodgkins, EdD, MSN, RN-BC  
Karen Hogan, MSN, DNP, RN, NE-BC  
Tamra Hood, RN, BSN, MBA  
Susan Hopkins, RN  
Rebecca Horn, MSN, RN-BC  
Marie Horowitz, BSN, RN  
Kayla Huesman, MHA, MSN, RN-BC, CARN  
Lisa Jarmon, RN  
Kayla Jones, MSN, RN  
Ronda Katzenmeyer, RN, MSN  
Krista Keehn, RN, BC  
Alexandra Keller, RN-BC, BSN  
Tina Kephart, RN-BC  
Suzanne Kimmen-Bilka, RN, MSN  
Paula Knotts, MSN, RN-BC, NEA-BC  
Lisa Ledonne, MSN, RN, CPN  
Kathy Lee, MS, APN, PMHCNS-BC  
Mary Leveillee, PhD, RN, PMHCNS-BC  
Janie LeVieux, PhD, LPC-S, RN-BC, NHDP-BC  
Donna Linette, DNP, RN, NEA-BC, HN-BC, NEA-BC  
Judy Linn, BS, MSN  
Jennifer Lyons, RN, BSN  
Theresa Mackey, RN, BSN  
Stefani Magnowski, DNP, RN, NE-BC, CPHQ  
Janus Maybee, PMHNP, FNP

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Amanda McGill, MSN, BSN, RN	Lance Rounkles, BSN, RN-BC
Marybeth McManus, MPA, BSN, RN-BC	Amy Rushton, DNP, PMHCNS-BC
Mary Meiselman, CNS, NP	Susan Russo, MS, APN, NP, CNS
Janet Merritt, PhD, RN, PMHAPRN-BC	Julie Rutledge, RN
Joanne Mickley, RN	LuAnn Sanderson, DNP, PMH-APRN
Mary Misturado, MSN, RN-BC	Karen Schepp, PhD, APRN, BC
Christine Moran, RN, MSW	Tracy Schlosser, RN, BSN
Marlene Nadler-Moodie, MSN, APRN, PMHCNS-BC	Megan Senftleben, RN
Linda Nagy, MSN, CNS	Teresa Setnar, MSN, RN, CPN
Lisa Naugle, MSN RN, BC	Regina Shaffer, BSN, RN
Lisa Naylor, BSN RN	Pamela Shellner, RN, ACNO
Mary Ann Nihart, MA, APRN, PMHCNS-BC, PMHNP-BC	Sylvia Simeone, DNP, PNHNP-BC, PMHCNS-BC NEA-BC
Vareen O'Keefe-Domaleski, MSN, EdD, NEA, BC	Rosemary Smentkowski, MSN Ed, RN, CARN
Maria Olivier, MSN, RN	Jennifer Smith, RN
Lovelyn Paddock, RN, BSN	Kathy Smith, MSN, RN, CENP
Paul Panakal, MSN, RN-BC	Michelle Spurlock, MSN, MBA
John Parker, MS, RN	Barbara Stephens, DNP, APRN, PMHCNS-BC
Nora Perez-Camargo, BSN, RN	Lyndsy Straub, RN
Michelle Petrosky, RN	Vivian Streater, RN
Lourdes (Lori) Pineda, DNP, MSN, RN-BC, CCM	Theresa Terry-Williams, RN
Rebecca Puchkors, MSN, RN-BC	Miriam Thornton, MSN, RN
Brandy Quintana, RN	Pamela Torres, BSN, RN
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Kelly Ricketts, RN-BC	Jennifer Ziccardi-Colson, MHA, MSN, BSW, RN
Rebecca Robertshaw, RN	

## Child and Adolescent

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### Current Activities:

- Monthly Zoom meetings of steering committee members
- Sent survey to members to elicit interest in topics members were willing to work on
- Posted timely articles on C and A topics including multiple articles and links for tele-mental health re: c and A and links for professional, family and teachers on Covid and Mental health responses to Covid
- Co-chairs published 3 articles on Infant Mental Health and Dr Lauerer participated in a webinar for American Pediatric Surgical Nurses on children's' responses to Covid
- Discussing with Administration the interest of C and A members in a white paper on suicide in Children and Adolescents

**If your council could advise the board on one thing that APNA should accomplish relative to your council's area of expertise, what would it be?**

Address the need for more information (information gap) on Child and Adolescent psychiatry for members to increase their confidence and skills in addressing the increasing need for quality psychiatric care in this population.

## Child and Adolescent

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### *Co-Chair*

Kathleen Gaffney, APN, MSN, PMHCNS  
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Sue Simon, MA, MS, BSN, RN	Jamie Zelazny, PhD, RN
	Jolyn Zeller, MS, PMHNP-BC
	Wendy Zubenko, EdD, MSN, CNS

## Education

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### **Current Activities:**

Pre-Licensure and Graduate Branches: Discussing COVID-19 response – resources to be posted on Member Bridge (this was completed last spring as an initial offering) relative to focusing on virtual teaching during the pandemic.

- Pre-Licensure: discussion groups continue to support projects addressing civility, empathy/anti-stigma, NCLEX "next generation questions", student resilience, and updating the Undergraduate Education Toolkit.
- Graduate: As above, COVID-19 challenges are being addressed for graduate/preceptor hours with telehealth and tele preceptor - modalities being discussed; the hope is to inform nurse educators to better understand options for graduate student supervision with virtual contact hours as these are being more fully realized across the country. A survey to further examine teaching options for graduate faculty instruction during the pandemic is being created. The survey is intended to identify which resources are used to support “therapy” in the graduate curriculum and what is being done to facilitate supervised/supervision relative to therapeutic contact hours.
- Continuing Education: The group is discussing the theme of suicide per best educational strategies with members of the steering committee to approach guided instruction on use of suicide risk surveys and other tools ex: how to use the Columbia Suicide Risk Severity Rating Scale; the group is also working on developing a database secondary to the accumulation of new information (new literature and dissemination from credible sources like CDC and SAMHSA) on the effect of COVID-19 on mental health – working on objectives and goals for forming a project group.

### **If your council could advise the board on one thing that APNA should accomplish relative to your council's area of expertise, what would it be?**

The board should support dissemination of best practices created by Education Council groups for teaching during the pandemic. This offering on dedicated areas of the APNA website could create easily accessed and noticed tabs or prominent areas providing new and novel resources for constituent nurse educators at the undergraduate and graduate levels. CE offerings for guidance on these best practices could be created on the CE link on the APNA site.

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## Education

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Todd Hastings, PhD, RN, CNE - *Chair*

Traci Sims, DNS, RN, CNS/PMH-BC – *Associate Chair*

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## Forensic Psychiatric Nurses

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### Current Activities:

- 32 attendees at the October 2019 Forensic Council Panel voiced a need to identify the specialized skill-set needed to deliver quality nursing care to psychiatric-forensic patients.
- November 2019, Co-chair Perkins engaged in a review of the literature and found a tool with psychometric properties that measures the quality of forensic-psychiatric care among patients and nurses surveyed in multiple countries outside of the USA.
- Feb 2020, Co-chairs submitted a briefing paper to the BOD that requested using this psychometric tool in the USA. The briefing paper was not approved due to APNA's research policy guidelines.
- May 2020, APNA requested and received suggestions from the Co-chairs on how to structure Zoom conversations for an online "Well-Being" format designed to support all nursing specialties impacted due to COVID19.
- September 2020, in lieu of a formal survey, Co-chairs submitted a request to APNA's membership to describe what skills and training the members believe are needed to provide quality psychiatric-forensic nursing.

**If your council could advise the board on one thing that APNA should accomplish relative to your council's area of expertise, what would it be?**

Developing a working definition of the role of the psychiatric-forensic nurse.

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## Forensic

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## **Mental Health Advocacy**

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### **Current Activities:**

- Chapter Presidents were surveyed on issues regarding advocacy activities i.e. legislation, research articles, activity with other advocacy groups, local support for PMHN, full practice regulations, other advocacy activities.
- Advocacy during COVID – CMHA requested all volunteer opportunities be listed on the APNA website in each state. Leslie Oleck compiled a Collection of Resources for Healthcare Providers' on Member Bridge to inform members where resources are to assist other nurses and healthcare workers.
- CMHA worked to advocate for Psychiatric nursing through contacting local sources (ANA state chapters) and publishing articles on Psychiatric Nursing. Donna Linette was successful in getting approval for an article in the Florida Nurses Association quarterly publication. Kathy Brotzge was approved by the Kentucky Nurses Association to compose articles on mental health and psychiatric nursing for their newsletters.
- Kathy Brotzge posted a "letter to the editor" on Member Bridge encouraging members to use such a letter in their local newspapers. This letter addressed psychiatric patients not coming in for treatment because of the stress of the pandemic.

### **If your council could advise the board on one thing that APNA should accomplish relative to your council's area of expertise, what would it be?**

Support around providing information to the public on Psychiatric Nursing - working with ANA to promote psychiatric nursing (i.e. commercials - television, radio, social media).

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## Mental Health Advocacy

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Maureen Mogan, MSN  
Marguerite Moon  
Laura Mooney, ADN, RN  
James Moreno, RN  
Danielle Morgan, APRN

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## Practice

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### **Current Activities:**

- Holding monthly meetings and participating at the annual conference
- Working on a project on psychotherapy and psychotherapeutic modalities
- Working on a project on the characteristics of mentors, instructors, supervisors, preceptors, and consultants
- Updating the structure and membership of the steering committee and advisory panel
- Being involved with the APNA's initiatives such as with COVID-19 and looking for ways to collaborate with other councils

### **If your council could advise the board on one thing that APNA should accomplish relative to your council's area of expertise, what would it be?**

Being aware of the American Nurses Credentialing Center's certification renewal requirements regarding psychotherapy continuing education hours in relation to their test content outline and the requirements of the National Organization of Nurse Practitioner Faculties (per the submitted Briefing Paper)

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## Practice

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Jessica Walker, DNP, APRN, PMHNP-BC - *Chair*

### *Steering Committee*

Vanessa Barlow, MBA, BSN, RN  
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### *Advisory Panel*

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## Recovery

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### Current Activities:

- Discussion of COVID impact on services, educational needs, self care and recovery efforts
- Completion of poster presentation for annual conference
- Recommitment of Steering committee members, request for new membership
- Discussion of new activities including request for literature review by council member submission to Steering committee for access to APNA general membership
- Discussion of other topics for Recovery Council consideration

**If your council could advise the board on one thing that APNA should accomplish relative to your council's area of expertise, what would it be?**

Recovery aspects of coping with COVID pandemic.

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## Recovery

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Constance Noll, DNP, MA, PMHNP-BC, CRNP - *Chair*

### *Steering Committee*

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Diane Hickman, PhD, APRN, PMHCNS-BC  
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Judy Rice, DNP, MSN, PMHNP, FNP, CS  
Sylvia Simeone, DNP, PNHNP-BC, PMHCNS-BC  
NEA-BC  
Janet Stagg, MS, RN, PMHCNS

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CCDPD, FIAAN  
Kerry Bastian, RN, BSN  
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Genevieve Chandler, PhD, RN  
Jeanne Clement, EdD, APRN, PMHCNS- BC, FAAN  
Kayla Cross, MSN, MA, RN-BC  
Laura Dayton, RN  
Krystyna de Jacq, PhD, PMHNP-BC  
Helene Durham, MSN, CNS, RN-BC  
Cynthia Estes, DNP, MHA, RN, NE-BC  
Brienne Fitzgerald, RN, MSN, NP, MPH  
Maribeth Fontabla, RN, CRRN  
Virginia Fox, BSN, MSN, RN-BC  
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Sharon Haight-Carter, PMHNP-BC  
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Willa Hardamon, RN, BSN  
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Kathleen Webster, DNP, PMHNP  
Sandra West, DNP

## Research

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### Current Activities:

- Updated RC Steering Committee (RCSC) membership with call for volunteers that generated 8 new members.
- Created three workgroups to achieve our goals and promote research among APNA members: 1) Practice Research Integration and Member Engagement (PRIME) workgroup recruited three Advisory Panel members to volunteer; and began posting research-related blogs and featuring projects and research of PMH nurse researchers and clinicians (APNA members); 2) Research Priority Survey (RPS) workgroup began the process of developing a survey to determine research priorities for psychiatric mental health nurses among APNA members that will guide future actions of the RCSC and that align with APNA's strategic plan; and, 3) APNA Conference Abstract workgroup has been placed on-hold and the RCSC will reevaluate the SMART goals after the 2020 Virtual Conference.
- Co-chairs will host our annual meeting at the Annual Conference (Virtual) to inform APNA members of Research Council's initiatives.
- The grant reviews were tabled for this year because of COVID-19.

### **If your council could advise the board on one thing that APNA should accomplish relative to your council's area of expertise, what would it be?**

The Research Council would advise the APNA board to actively collaborate with the RCSC to a) facilitate the fostering of PMH nurses' interest in research and evidence-based practice and b) promote research-practice integration through webinars, CEs, and increased grant funding to inform APNA members of the symbiotic relationship between research and practice – such that research informs practice and practice informs research – exceptional nursing care requires both.

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## Research

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Brandy Mechling, PhD, RN, PMHCNS-BC - *Chair*

Karen Jennings Mathis, PhD, CNP, PMHNP-BC – *Associate Chair*

### *Steering Committee*

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Mina Spadaro, RN, MSN	

## Safe Environments

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### Current Activities:

- An APNA manuscript was submitted July 2020 to the JAPNA, on behalf of the Council for Safe Environments Steering Committee.
- The council submitted a revised APNA Position Paper on Violence August 2020. Revised manuscript to focus on general overview of violence, its impact and the role of the PMH. CSE in process of updating resources in tool kit.
- Updating resources and articles on web site. Ensuring the most up to date information is available to membership.
- Currently reviewing various hospital “risk” programs i.e. CPI, MAB, HARP, Avade etc. to determine which ones incorporates “recovery” principles, staff and patient safety.
- Discussion regarding the definition and practice of “Chemical Restraint.” What is this, how is it interpreted and what is general care practices. Council deciding whether to initiate position statement or editorial on topic.
- Brief discussion about how Annual Conference will be impacted of Covid-19.

**If your council could advise the board on one thing that APNA should accomplish relative to your council’s area of expertise, what would it be?**

To continue to support this council in our endeavors to update the Toolkit and support to get the word out about all we are doing to support safe environments in the psychiatric behavioral health setting.\nThank you, Ellen and Jeannine

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## **TASK FORCES**

### **Neuromodulation Task Force**

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#### **Current Activities:**

- The first APNA Neuromodulation Task Force Steering Committee meeting was held September 16, 2020.
- Ten of the eleven Steering Committee members were present.
- The first project the committee is working on is updating the APNA Position Paper on Electroconvulsive Therapy.
- The Advisory Committee will be meeting with the Steering Committee November 18, 2020.

## Neuromodulation Task Force

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### Co-Chairs

Paula Bolton, MS, CNP, ANP-BC  
Donna Ecklesdafer, RN, MSN

### Steering Committee

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## Personality Disorders Cluster A Task Force

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### Current Activities:

New Focus: Essential Information Needed to Care for Patients with the Diagnosis of Personality Disorders

Purpose of Project: Utilizing a trauma informed, destigmatized and therapeutic approach, this project will produce the essential information and clinical pearls needed to assist nurses to care for patients who are diagnosed with personality disorders.

(Definition of Clinical Pearls: "Clinical pearls are best defined as small bits of free standing, clinically relevant information based on experience or observation. They are part of the vast domain of experience-based medicine and can be helpful in dealing with clinical problems for which controlled data do not exist.")

<https://www.ncbi.nlm.nih.gov/pubmed/18821165>)

### Cluster A Workgroup Teamleaders:

- Paranoid PD workgroup– Dawn Goldstein
- Schizoid PD workgroup– Jessica Whelen
- Schizotypal PD workgroup -Kevin Huckshorn
- May – June 2020 - Task Force members' interests were reassessed by use of a survey from APNA due to the small number of participants on the monthly phone calls. Members were asked about their commitment to the project due the COVID-19 pandemic during the Task Force Cluster phone conference calls. All members on the Task Force phone calls were committed to completing the project. The Task Force members listed above are the current active participants.
- July – Aug 2020 - Met with BOD and refined focus and streamlined goals and plan for deliverables. Changed focus to 'Essentials'. Survey requesting submission of Clinical Pearls and Interventions sent out to all TF members with goal to share information at Conference TF meetings and continue development of Essential treatments and Clinical Pearls.
- Sept - October 2020 - Task Force group members will be building the framework for each diagnosis in each cluster and determining the "essentials" that need to be included in each aspect of the project. Will plan conference call to share results of survey, and begin developing according to template and plan for Virtual Conference session. Task Force Group members will meet face to face at annual conference to review combined material for each cluster and begin developing clinical pearls.

### Future Goals:

- October 2020 - April 2021 Each Task Force Group will develop clinical pearls for each diagnosis within each cluster.
- April 2021 - October 2021 Project will be reviewed by Personality Disorder Advisory Panel. Changes will be made until final product meets approval of members of Task Force and Advisory Panel members.
- October 2021 Final project will be approved by the APNA Board of Directors and introduced at 2021 Annual Conference.

Council, Task Force, Committee, Workgroup - Activity Report  
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**Personality Disorders Cluster A Task Force**

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Diane Esposito, PhD, ARNP, PMHCNS-BC - *Chair*

*Steering Committee*

Paula Alexander-Delpech, PhD, PMHNP-BC, APRN  
John Chovan, PhD, DNP, RN, CNP, CNS  
Angela DelGrande, PhD, PMHNP-BC, CNS  
Roxane England, MS, CNE RN  
Dawn Goldstein, PhD, RN, PMHNP-BC, CCM  
Camellia Herisko, RN, MSN, CRNP, DNP  
Kevin Huckshorn, PhD, MSN, RN, CADC, ICRC  
Lindsey Irwin, RN, BSN  
Joseph Keifer, PsyD, BSN, RN

Diana Krishnan, RN, MSN, CNL, LCSW  
Jennifer Lamb, PMHNP-BC, MN  
Edna Lewin, PhD, RN  
Margaret Miller, MSN-RN, LMSW  
Alyssa Nadolny, RN  
Joyce Olagoke, RN-BC, BSN, MSN  
Julene Smith, RN, ARNP, PMHNP-BC  
Janet Thelen, MSN, PMHNP-BC

*Advisory Panel*

Ablavi Agomessou, DNP, PMHNP-BC, FNP-C  
Sally Alexander, DNP, PMHNP-BC  
Sarah Bryant, BSN, RN, PHN-BC  
Cheyanne Burns, BSN, RN  
Alicja Cebulak, PMHNP  
Emily Cervantes, BSN, RN  
Teresa Chancellor, RN  
Ernestine Cuellar, PhD, PMHCNS-BC  
Kevin DiGuglielmo, MSN, PMHNP-BC  
Diane Esposito, PhD, ARNP, PMHCNS-BC  
Susan Evans, MSN  
Joanne Ford, RN, BSN  
Michelle Fuhrmann, RN, BSN  
Jenette Gerst, MSN, RN-BC, NE-BC  
Ivan Giannou, RN-BC  
George Gilchrist, MSN, MHRN  
Angela Goodson, RN, MSN  
Christopher Gossett, RN  
Cheryl Gray, RN  
Ria Harris, RN  
Dee Dee Hecht-Hewit, BSN, RN, PCC-s, CRC, LSW, PMHNP  
Erica Hinds-Campbell, APRN, MSN, RN  
Colleen Hosp, ARNP-BC. EdD, NP  
Tasha Hott, APRN, NP

Komi Kokou-Abi, PMHNP-BC  
Kelsey Kunk, RN, CEN  
Blessing Lawska, PMHNP, RN-BC  
Carolynn Lindsey, MSN, RN,  
Donna Linette, DNP, RN, NEA-BC, HN-BC, NEA-BC  
Deanna Ludwig-Bos, MSN, RN  
Rachel Matz, RN  
Katrina McCourt, MSN, FNP-C  
Haley Meier, BSN, RN  
Megan Merwin, BSN, RN  
Renae Milhoan, RN, MSN  
Libby Nichols, MSN, RN, PMH-BC  
Tammi Packer, BSN, RN-BC  
Mary Pushchak, BSN, BC, RN  
Patti Rodgers, RN, PMHNP, MSN  
Olivia Schaefer, RN, BSN  
Lexus Soristo, BSN, RN  
Jacinda Stanton, RN  
Michael Steele, Jr, BSN, RN-BC  
Mary Sullivan, APRN  
Mary Ann Tipanero, BSN, RN, CRRN  
Joanna Tricaso-Torrence, RN  
Robyn Welch, RN, MSN  
Coren York, RN

### **Personality Disorders Cluster B Task Force**

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#### **Current Activities:**

- Created an outline and started to develop Cluster B personality Disorder education. The planned follows a format created in collaboration with the Task Force Chairs for Cluster C and Cluster A personality disorders based on APNA Board of Directors feedback.
- We have made the most progress on descriptions of the disorders, overview of pharmacotherapy and the review of psychotherapeutic modalities used. We need to locate and review primary sources cited in the references we have used thus far.
- A survey has been sent out to members of both the Steering committee and the Advisory panel to gather Clinical Pearls used in the practice of these members. We are looking forward to learning the results of the survey and incorporating those results into our work.
- The number of members who have been able to commit time to the project consist of six dedicated individuals. We continue to collaborate with council support to reach out to members of both the steering and advisory committees to facilitate their project involvement.

**If your council could advise the board on one thing that APNA should accomplish relative to your council's area of expertise, what would it be?**

We have received valuable support throughout the year.

## Personality Disorders Cluster B Task Force

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### Co-Chairs

Nancy Ann Feltner, APRN, CF-PMHNP, BC, MS, MSN/Ed, QMHP, BSN  
Sherry Lindsay, ARNP

### Steering Committee

Maryam Adebayo, PMHNP-BC  
Elizabeth Blondeau, BSN, RN-BC  
Brynne Calleran, MSN, BSN, BS, NE-BC, IN/RN-BC, PMH/RN-BC  
Maryanne Fournier, PMHNP-BC  
Dana Frank, RN  
Todd Hastings, PhD, RN, CNE  
Rachael Hovermale, DNP, APRN  
Kerry Kennedy, RN, MA  
Kathryn Kieran, MSN, PMHNP-BC

Debra Livingston, RN, MS, NE-BC  
Pamela Marcus, RN, APRN, PMH-BC  
Courtney McCallum, RN, BSN  
Christine Moran, RN, MSW  
Maria Olivier, MSN, RN  
Corina Picchiottino, BSN, RN  
Judy Rice, DNP, MSN, PMHNP, FNP, CS  
Margrett Simpkins, RN  
Rosanne Visco, PhD, RN  
Benjamin Zumwalt, RN

### Advisory Panel

Pamela Adamshick, PhD, RN, PMHCNS, BC  
Marguerite Adetunji, MSN, MBA, HCM, RN- BC  
Kinsey Airhart, RN  
Sally Alexander, DNP, PMHNP-BC  
Andrea Alexander, RN  
Conisa Allen, RN  
Kendra Anderson  
Tina Aown, MSN, RN-BC, CNML  
Eudaldo Aponte III, MSN, APRN  
Mariel Arbogast-Wilson  
Kathleen Armitage, RN  
Samantha Arnold, MSN-Ed, RN  
Marsha Ashurst, PhD, PMHNP, PMHCNS  
Adrianne Avillion, DED, RN  
Lola Baker, RN  
LaTanya Battle-Wherry, RN, MSN  
Susan Beekman, RN, BSN  
Sarah Bernier, RN, PMHNP  
Christopher Betley, BSN, RN  
Lindsey Boukal, MSN, RN  
Jennifer Bowen Burgess, DNP, APRN, PMHNP-BC  
Christina Brazier, MSN, BSN, RN  
Linsey Broadbent, RN, BSN  
Natalie Brooks, DNP, PMHNP-BC, SANE-A  
Lolita Brown, RN, APRN  
Sarah Bryant, BSN, RN, PHN-BC  
Suzanne Butler, BSN, RN, DON  
Carol Campbell, DNP, APRN, PMHCNS-BC, PMHNP-BC, FNP-C

Hope Campbell, RN, MSN, NEA-BC  
Kelly Carlson, Ph.D., APRN-BC, NP  
Jen Carlson, RN  
Heather Caron, RN, MSN  
Alicja Cebulak, PMHNP  
Emily Cervantes, BSN, RN  
Teresa Chancellor, RN  
Barbara Chasco-Papale, ARNP, MSN Psych-Mental Health  
Angela Chesser, PhD, RN, CNS  
Angela Combs, RN, BSN, PMHNP  
Jessie Corlito, RN, MSN, BSN-C  
Lenore Cortez, MSN, RNC  
Gail Cummings, MSN, PMH-RN  
Mary Sharon Curran, MS, RN  
Doreen D'Agostino, PMHNP-BC  
Tina D'Alessandro, PhD, PMHNP-BC, FNP-BC  
Jamie D'Aquin  
Theresa Damien, PMHNP-BC, RN  
Tracy Davies, DNP, APRN, AGNP, PMHNP-BC  
Patricia Deane, DNP, PMHNP  
Marissa DeCesaris, APRN, PNP  
Erin Delaney, DNP, APN, PMHNP-BC  
Joni Dellenback, RN, BSN, RN-BC  
Sheila Deyette, PhD, APRN, PMHCNS-BC  
Patricia Ealy, PhD, RN-BC  
Margaret Early, PhD, RN  
June Esser, MSN, RN, PMHCNS-BC  
Leslie Evers, RN, MSN, CS, LMFT, PMHCNS

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Ellen Fagan-Pryor, CNS, PMHCNS, RN, BC	Andrea Lerma, MSN, RNCS, APRN
Karen Federspiel, DNP, MS, RN-BC, GCNS-BC	Cindy Levee, RN, Clinical Nurse Leader
Christine Feinstein, BSN, RN-BC	Tarah Lewis, DNP
Brooke Finley, MSN, PMHNP-BC, RN-BC	Lisa Lewis, CRNP
Cathleen Fleming, RN	Tammy Lightner, APRN-BC, PMHNP-BC
Joanne Ford, RN, BSN	Susan Linden, RN
Susan Franer, PMHCNS-BC	Melony Linehan, RN, MSN
Cathlene Fraser, RN-BC	Shayna Loomis, RN
Rhonda Fried, BC, CS, APNA	Tamar Lucas, EdD, RN-BC
Kathleen Gaffney, APN, MSN, PMHCNS	Bonnie MacGregor, MSN, RN-BC, SSGB
Mary Gagne, MSN, PMHCNS, BC	Nita Magee, PhD, MHNP-BC, RN
Joe Garcia, APRN, PMHNP	Nancy Magrath, PGC-NP, ANP, PMHNP-BC, CNS-BC
Susan Gell, DNP, RNBC	Susan Maloney, PhD, FNP-BC, PMHNP-BC
Sarah Geyer, BSN, RN	Carol Anne Marchetti, PhD, RN, PMHNP-BC
Michelle Giddings, DNP, PMHNP-BC, FNP-BC	Michelle Marino, MSN, CRNP
George Gilchrist, MSN, MHRN	Dorine Martin, MSN, APRN, FNP
Douglas Ginter, RN, BSN	Kristy Martin
Joseph Giovannoni, DNP, PMHCNS-BC, APRN-RX	Sue Mathews, RN
Christopher Gossett, RN	Carol Maute, RN, BSN, MSN, HN-BC
Anamaria Grabowski, RN	Lacie McAbee, DNP, PMHNP-BC
Taylor Gray, PMHNP-BC, LICSW	Ebonique McClinnahan, MSN, PMHNP-BC
Susan Gray, DNP, MSN, RN CNS-BC	Katrina McCourt, MSN, FNP-C
Sonya Green, MSN, RN	Barbara McQuillan, MSA, BSN, RN
Jacqueline Gregory, PhD, FNP-C, PHN	Timothy Meeks, MN, RN-BC
Amanda Grueber, MSN, RN	Haley Meier, BSN, RN
Patricia Guenther, MS, RN-BC	Katerina Melino, MS, PMHNP-BC
Robin Gutmann, RN, PMHCNS, BC	Renae Milhoan, RN, MSN
Sarah Haag, RN	Rise Mitchell, DNP, APRN, PMHNP-BC
Ria Harris, RN	Mallory Mizvitowicz, RN
Kathryn Hart, APRN	Mary Moller, DNP, ARNP, APRN, PMHCNS-BC, CPRP, FAAN
Erica Hinds-Campbell, APRN, MSN, RN	Marguerite Moon
Margaret Hughes, APRN, PMHNP-BC	Michelle Mulroy
Olanike Idowu, RN	Christianne Nesbitt, DNP, RN, GNP-BC, PMHNP-BC
Toddy Ingram, MSN, ARNP, PMHNP-BC, CCM	Libby Nichols, MSN, RN, PMH-BC
Eudora Jones, APRN	William Nicholson, PhD, MS, PMHNP-BC
Khairunnissa Jooma, APN, RN, LPC, MHSP, CART, MSN, PMHNP-BC	Constance Noll, DNP, MA, PMHNP-BC, CRNP
Amy Kammerer-Brannon, BSN, DNP, PMHNP	Ijeoma Nwaeze, MSN, RN
Tammie Kampa	Deborah O'Dell, BSN, MSN, RN
Cathleen Kealey, MSN, RN, PMH-BC	Tammi Packer, BSN, RN-BC
Lori Keough, PhD, RN, FNP, BC	Janet Passley-Clarke, DNP, CRNP, PMH-BC
Ashley King, PMHNP-BC	Mark Pavlick, RN, MS
Melinda Kiser, APRN	George Peraza-Smith, DNP, APRN, GNP-BC, GS-C, CNE, FAANP
Komi Kokou-Abi, PMHNP-BC	Sharvette Philmon, MSN, RN, NEA-BC, CNE
Wendi Koonce Morse, DNP, PMHNP-C, FNP	Bethany Phoenix, PhD, RN, CNS
Carol Krieger, PMHCNS, BC, SANE-A	Karen Pounds, PhD, PMHCNS-BC
Ruth Larkin, RN	Keith Prazeres, MSN, MBA, RN
Joy Lauerer, DNP, MSN, APRN, BC	

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Barbara Preib-Lannon, PhD, APRN  
Jessica Raines, RN  
Roseann Regan  
Keesha Reid, DNP  
Dena Ridenour, MSN, CS  
Tracee Ridley-Pryor, DNP, APRN, PMHNP-BC  
Donna Riemer  
Jennifer Roberts, RN-BC  
Kelly Rock, DNP, CRNP  
Patti Rodgers, RN, PMHNP, MSN  
Cynthia Rost, DNP, RN  
Luanne Sadowsky, ARNP, BC  
Debbie Salani, DNP, PMHNP-BC, APRN, NE-BC  
Jane Sander, ARNP, DNP  
Anna Sandusky Joles, RN  
Bernadette Santos, MA, BSN  
M. Joyce Sasse, DNP, APRN, PMHNP, CNS  
Melissa Sasso, CRNP, MSN, PMHCNS-BC  
Olivia Schaefer, RN, BSN  
Mary Scherling, APRN, NP, BC  
Deborah Schiavone, PhD, RN, PMHCNS-BC, CNE  
Jennifer Schneider, PhD, PMHNP-BC  
Krista Scorsone, MS, RN, PMHNP-BC  
Anna Shanks, ARNP  
Hazel Sheppard, RN  
Jenna Shock, MSN Ed., APRN, PMHNP-BC  
Sylvia Simeone, DNP, PNHNP-BC, PMHCNS-BC  
NEA-BC  
Edna Smith, FNP-BC, PMHNP-BC, APRNRx, DNP  
Marie Smith, PMHNP-BC, EMT-B  
Briana Snyder, PhD, RN-BC, CNE  
Verena Socolar, PMHNP  
Lexus Soristo, BSN, RN  
Jacinda Stanton, RN  
Debbie Steele, MFT, PhD, RN

Michael Steele, Jr, BSN, RN-BC  
Sarah Stone, RN  
Deana Strasser, RN  
Susan Sullivan, Psychiatric NP  
Mary Sullivan, APRN  
Colleen Sveum, MSN, MBA, BSN, RN  
Michael Tayag, RN  
Karen Taylor, DNP, APRN-CNP, PMHNP-BC  
Camillia Terrell  
Margaret Touw, DNP, MS, RN  
Adria Trapani-Barnacz, RN  
Joanna Tricaso-Torrence, RN  
Carrie Trubia, MSN, PMHNP-BC  
Tawny Tseng, DNP, APRN, PMHNP-BC, FNP-BC  
Kristina Tucker, RN  
Shiori Usami, CNS  
Stephanie Verdeflor, MSN, RN-BC  
Kimberly Walker-Daniels, MSN, PMHNP-BC, APNP  
Lindsey Warren Davis, PhD  
Sabrina Watson, RN  
Scott Weber, EdD, MS, RN, RHIA  
Kathleen Webster, DNP, PMHNP  
James Weidel, PhD FNP-BC PMHNP-BC  
Diane Wieland, PhD, MSN, RN, PMHCNS-BC  
Diana Wilson, PMHNP-BC  
Inez Withers, RN, BSN, MSM, CMCC,  
Donald Wright, RNC  
Rick Yakimo, PhD, APRN, PMHNP-BC  
Brittany Yates, DNP, APRN, PMHNP-BC  
Kristerra Yawea, DNP, MBA, APRN, PMHNP-BC  
Lori Yerrell-Garrett, DNP, RN, CNS, PMH-BC  
Michelle Zapanta, MSN, RN-BC  
Marci Zsamboky, DNP, PMHNP/CNS-BC, CNE  
Christine Zuidema, RN

### **Personality Disorders Cluster C Task Force**

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#### **Current Activities:**

- Task Force Steering Work Group has met monthly on phone conference calls.
- Two phone conference calls were held with APNA Board Members to finalize out line for each dx category in Cluster C.
- Each Cluster C diagnosis work group has created an outline with the essentials for care of a person diagnosed with obsessive compulsive personality disorder, avoidant personality disorder and dependent personality disorder.
- The outlines of the essential care for each of the Cluster C Personality Disorders will be combined into one outline including a list of references.
- This outline will be sent to all members of the Advisory Task Force for approval before submission of the final product to APNA.

**If your council could advise the board on one thing that APNA should accomplish relative to your council's area of expertise, what would it be?**

Once the work of the task force is completed I think it will be important to share the information with all members.

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**Personality Disorders Cluster C Task Force**

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Shirlee Davidson, MSN, RN - *Chair*

*Steering Committee*

Florence "Crissi" Brooks, PMHNP  
Grashika Devendra, PMHNP  
Ayako Garduque, MSN, ARNP  
Brayden Kameg, DNP, PMHNP-BC, CARN, CNE  
Lynne Mann, MSN, RN, CNE  
Roberta Mowdy, PMHNP-BC  
Raul Padilla, DNP, APRN-BC, CARN-AP, CRNI

Gwendolyn Porche, RN  
Sonia Riley, MSN-Ed, RN  
Traci Sims, DNS, RN, CNS/PMH-BC  
Robin Trivette, RN, MSN  
Farid Uddin, MBBS, DPM, MCPS, ADN, BSN, RN  
Carol Wahlstrom, RN, MS, LCPC

*Advisory Panel*

Gwendolyn Abadom, RN  
Kinsey Airhart, RN  
Sally Alexander, DNP, PMHNP-BC  
Ramona Balsdon, RN, MSN  
Linsey Broadbent, RN, BSN  
Sarah Bryant, BSN, RN, PHN-BC  
Theresa Calderone, EdD, MEd, MSN, RN-BC  
Alicja Cebulak, PMHNP  
Emily Cervantes, BSN, RN  
Teresa Chancellor, RN  
Lorraine Chiappetta, RN, MSN, CNE  
Lynda Creighton-Wong, APRN, RN, PMHNP-BC, PMHCNS-BC  
Tracy Davies, DNP, APRN, AGNP, PMHNP-BC  
Leslie Evers, RN, MSN, CS, LMFT, PMHCNS  
George Gilchrist, MSN, MHRN  
Christopher Gossett, RN  
Sharon Haight-Carter, PMHNP-BC  
Stephanie Hancock, DNP, RN  
Ria Harris, RN  
Erica Hinds-Campbell, APRN, MSN, RN  
Olanike Idowu, RN  
Khairunnissa Jooma, APN, RN, LPC, MHSP, CART, MSN, PMHNP-BC  
Sooksai Kaewbua, DNP, APRN, PMHNP-BC

Lois Konzelman, MSN, EdD, RN  
Sandra Krotman, RN MSN  
Deborah May, PhD, PMHCNS-BC  
Katrina McCourt, MSN, FNP-C  
Haley Meier, BSN, RN  
Rena Milhoan, RN, MSN  
Barbara Morgan, PhD, PMHNP-BC  
Libby Nichols, MSN, RN, PMH-BC  
Tammi Packer, BSN, RN-BC  
Kathleen Patusky, PhD  
Sharvette Philmon, MSN, RN, NEA-BC, CNE  
Amie Riddle  
Tracee Ridley-Pryor, DNP, APRN, PMHNP-BC  
Luanne Sadowsky, ARNP, BC  
Olivia Schaefer, RN, BSN  
Edna Smith, FNP-BC, PMHNP-BC, APRNRx, DNP  
Lexxus Soristo, BSN, RN  
Jacinda Stanton, RN  
Sylvia Stevens, APRN, MS, BC  
Pamela Stover, DNP, ARNP, PMHNP-BC  
Susan Sullivan, Psychiatric NP  
Mary Sullivan, APRN  
Sheelagh Tallman, RN, MS  
Gloria Wilson, NP  
Lisa Woodworth, APRN

### Staffing Inpatient Units Task Force

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Celeste M. Johnson, DNP, APRN, PMH CNS – *Chair*

#### *Steering Committee*

Avni Cirpili, DNP, RN

Kathleen Delaney, PhD, PMH-NP, RN

Kristen Kichefski, MSN, MBA, RN-BC

Suzie Marriott, MS, BSN, RN-BC

Janette O'Connor, MS, BS, BSN, RN-BC

R. John Repique, DNP, RN, NEA-BC

**Charge:** Review and update of the 2011 APNA position statement [\*Staffing Inpatient Psychiatric Units\*](#).

Direction given to create task force during February 2020 board meeting.

Celeste Johnson appointed as chair in April 2020.

Steering Committee members appointed in August 2020.

Monthly calls began on September 9, 2020 and are scheduled through the end of the year. Anticipated timeline for work on the position statement is approximately 6 months.

## **Tobacco Treatment Nursing Competencies Task Force**

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### **Current Activities:**

- APNA Task Force on establishing nursing tobacco competencies has completed:
- APNA Position Statement on treating tobacco use and dependence (TUD) has been updated, approved by the BOD, and will be posted soon
- Nursing competencies for treating TUD have been developed, internally and externally reviewed & revised, submitted to the APNA BOD for action, Competencies approved during September BOD meeting.
- A Briefing Paper requesting APNA BOD support curriculum development and educational activities for Nursing Competencies for Treating TUD was written and submitted; awaiting BOD action

Carol Essenmacher, DNP, C-TTS - *Chair*

### ***Task Force Members***

Relindis Akwanga, RN, BSN, MSN student  
Carolyn Baird, DNP, MBA, RN-BC, CARN-AP, CCDPD, FIAAN  
Julia Houfek, PhD, APRN-CNS, BC  
Linda Mays, DNP, PMHNP-BC  
Leigh Powers, DNP, MSN, MS, APRN, PMHNP-BC  
Lynette Smith, PhD, PMHNP-BC, FNP-BC  
Marchell Spielmann, ARNP, FNP, PMHNP  
Bridgette Vest, DNP, RN, PMHNP, GNP  
Barbara Warren, PhD, RN, APRN-CNS, PMH-BC, FNAP, FAAN

**COMMITTEE**

**Integrated Care and Interprofessional Practice Position Paper Committee**

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**Current Activities:**

- We had bi-monthly meetings to identify key points for inclusion in paper.
- We had deep discussions about each key point
- Planning to utilize our meeting in October to finalize outline
- Continued efforts to finalize paper in November-December 2020

**If your council could advise the board on one thing that APNA should accomplish relative to your council's area of expertise, what would it be?**

Integrated care and interprofessional practice is a major component of psychiatric nurses' practice.

**Co-Chairs**

Sara Jones, PhD, APRN, PMHNP-BC, FAANP

Eugenia Millender, PhD, RN, PMHNP-BC, CDE

**Committee Members**

Donna Rolin, PhD, APRN, PMHCNS-BC, PMHNP-BC

Joyce Shea, DNSc, APRN, PMHCNS-BC

Gail Stern, RN, MSN, PMHCNS-BC

## **WORKGROUP**

### **Stress Screening & Resources for Nurses Workgroup**

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APNA partnered with the American Nurses Foundation, American Nurses Association, Emergency Nurses Association, and the American Association of Critical-Care Nurses to help support the wellbeing needs of frontline nurses. One of APNA's projects with this group was to develop an interactive online experience for nurses that can be embedded on an organization website to self-assess ones stress levels by using an evidence-based tool followed by identifying and hosting online resources that align with the assessment an(Nurses who complete the assessment will be directed to resources targeted to their results.)

APNA identified and invited 17 people of varying geographic and practice locations, as well as expertise, to join the workgroup.

- Reviewed the Perceived Stress Scale for use as the self-assessment tool.
- Suggested vetted resources and indicated appropriateness for categories of high, moderate, and low stress.
  - Low – 38 resources shared
  - Moderate -17 resources shared
  - High – 12 resources shared
  - Total – 67 resources shared
- Thorough evaluation process for resources through comments on Member Bridge, utilization of resource evaluation tool based on the APA mobile app evaluation framework, and a ranking of the top 10 resources in each category via an online form.
- Further categorized the resources, considering time commitment, accessibility, personal preferences, etc: Peer Support, Guided Relaxation, Exercise, Apps, Workbooks, Self-Care Toolkit, Webinars, Quick Activities, Information & Tips, Immediate Help
- Provided expert feedback on the contextual language used both in the tool itself, and on the resource webpages, with a goal of speaking to nurses in an appropriate and sensitive way.
- Resource now live at [www.apna.org/wellbeinginitiative](http://www.apna.org/wellbeinginitiative) and on ANA website.

Christine M. Tebaldi, MS, PMHNP-BC – **Chair**

#### **Workgroup Members**

Kimberly Barnes-Ayers, BSN, RN-BC, MEd  
Rosalind DeLisser, APRN, FNP-BC, PMHNP-BC  
Dallas Ducar, MSN, RN, CNL, NREMT-B  
Diane Esposito, PhD, ARNP, PMHCNS-BC  
Kathy Johnson, MSN, PMHCNS-BC, PMHNP-BC  
Jaime Lovelace, BSN, RN-BC  
Kate Pfeiffer, APRN, PMHCNS, PMHNP  
Michael Rice, PhD, APRN, BC, FAAN

## APNA Education Report October 2020

### **Accreditation Language from ANCC: *Nursing Continuing Professional Development (NCPD)***

The American Nurses Credentialing Center's Commission on Accreditation has issued a new accreditation statement for continuing nursing education. The updated language is intended to promote **professional development** in nursing and to be inclusive of nursing education related to nonclinical settings like policy and academic education. The new statement will appear on all continuing professional development certificates: ***The American Psychiatric Nurses Association is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.***

### **APNA Transitions in Practice Certificate Program (ATP)**

The APNA Transitions in Practice (ATP) Certificate Program is a 15-hour online course that was originally developed in 2015. The program is intended to:

- Provide foundational evidence-based psychiatric-mental health education to all RNs.
- Provide educational support for nurses as they transition from the classroom to clinical practice.
- Provide RNs with a resource for reliable, evidence-based, best practices and psychiatric-mental health continuing education.
- Highlight the importance of the mental health care provided by RNs in a way that is highly visible to institutions, consumers, other nursing/healthcare professionals, and the general public

This course is currently being updated. A tentative timeline is in place to launch this course by November 2020.

- 98 organizations have purchased a combined total of 3,737 seats as a part of the bulk purchase program
- 1,615 individual registrations with 4,148 contact hours earned

### **APNA Chapter Education**

#### *APNA as Continuing Nursing Education Provider*

Due to COVID-19 and stay at home orders in most states, there were no live chapter conferences held in 2020. APNA has continued to work with chapters to decide on next steps for education activities. Two virtual conferences were held with help from chapter support and the provider unit.

- Kentucky (KY) – Held a virtual conference June 18, approved for 4.5 NCPD contact hours. Of the 29 registered participants, 16 claimed credit.
- Nebraska (NE)- Held a virtual conference August 14, approved for 6 NCPD contact hours. Of the 28 registered participants, 16 claimed credit.

#### **Chapter Programs: *Competency Based Training for Suicide Prevention: PMH Nurse Generalist***

- 16 APNA Chapters provided the APNA suicide prevention training in 2019
- 6 Chapters postponed the *Competency Based Training for Suicide Prevention: PMH Nurse Generalist* rescheduled dates pending

### Competency Based Training for Suicide Prevention: PMH Nurse Generalist

- **More than 3,500** nurses and other professionals have been trained since September 2016\*
  - All new trainings were cancelled or postponed in Spring, 2020 due to COVID restrictions.
  - 23 trainings are scheduled for Fall
  - Online renewal course
  - The Competency Based Training for Suicide Prevention provider cards expire after 3 years. Many organizations require their staff to take this course and have current provider cards. Based on feedback from the course evaluations, facilitators and organizations, APNA is developing an online renewal course for expired suicide prevention providers. An APNA member work group of experts is currently working on the renewal course curriculum. The projected completion of the renewal course is early 2021.
  - APNA Facilitator Trainings
    - 88 facilitators completed the course since 2015
    - 7 nurses successfully completed the Spring 2020 Facilitator Training.
    - The revised format consisted of:
      - 15-week hybrid course – online with a 2-day training and testing\*\*
      - Provides 15 nursing continuing professional development contact hours
      - Began February 9, 2020 with 16 registrants ended June 30, 2020\*\*\*
      - Current plans include 1 facilitator training per year
      - There are 12 people on the waiting list for the 2021 facilitator training
- \*\*Due to travel and meeting limitations, the training and testing was converted and effectively implemented using a 2-day virtual live format
- \*\*\*The impact of COVID-19 caused 9 of the 16 registrants choosing to defer to the Spring 2021 facilitator training course.

### Competency Based Training for Suicide Prevention – Acute Care Settings

This program was adapted from the original *Competency Based Training for Suicide Prevention: PMH Nurse Generalist Role* one-day training. The intent of the program is so that all nurses can be a part of suicide prevention.

- A facilitator-led 1.5 hour live, interactive course
- Provides foundational knowledge to non-PMH nurses regarding phenomenology of suicide, risk factors, warning signs, safety plan and creating a safe environment.
- Meets CMS Meaningful Measures (Making Care Safer, Promote Effective Prevention & Treatment of Chronic Disease and Promotes Effective Communication & Coordination of Care)
- Workbooks and slides have been updated to include the July 2019 Joint Commission National Patient Safety Goal 15.01.01: Suicide requirements
- Uses an algorithm:
  - Help assess and determine risk for suicide

- Able to communicate and document the risk and safety interventions.

### **Programs**

- As of August 2020:
  - 6 organizations have leased the program
  - 52 registrants have completed the live 1.5-hour training

## **Medication For Addiction Treatment (MAT) Training for Nurses (Formerly Medication Assisted Treatment)**

Under the 2016 Comprehensive Addiction and Recovery Act (CARA) Nurse Practitioners (NPs) are eligible to obtain a MAT waiver after completing 24 hours of approved coursework.

In October 2018, the bill was signed into law to **permanently authorize NPs to prescribe MAT and it extends authorization to Clinical Nurse Specialists (CNSs) until October 1, 2023.**

- All healthcare providers must obtain a MAT waiver from the DEA to prescribe buprenorphine, (one of three FDA-approved medications for treating opioid use disorders)
- The 24-hour course content was reviewed and updated in communication with American Academy of Addiction Psychiatry (AAAP) and APNA.
  - The updated MAT 16-hour course opened at the end of February 2020
  - In partnership with the Providers' Clinical Support System (PCSS), APNA offers NCPD credit for the MAT waiver courses.
  - The updated MAT 8-hour course was released at the end of April 2020.

### **APNA MAT Education**

#### **8 Hour Training**

- **21,598** individuals registered (additional 3,254 this quarter)
- **14,213** individuals completed (additional 2,294 this quarter)

#### **16 Hour Training**

- **21,484** individuals registered (additional 3,164 this quarter)
- **15,182** individuals completed (additional 2,322 this quarter)

*Funding for this initiative was made possible (in part) by grant no. 1H79TI081968 from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.*

### **Opioid Response Network (ORN)**

APNA offered two FREE 8-Hour Medication Assisted Treatment program in a virtual live format on 7-17 and 8-14-2020

- Programs were FREE to members and non-members
- 237 individuals registered in total for the programs
- 71 individuals completed the program and claimed certificates
- 568 contact hours were awarded

## Journal of the American Psychiatric Nurses Association

The APNA Provider Unit continues to provide NCPD review and approval process for JAPNA issues. NCPD contact hours are available for 2 years after publication and are FREE to members and non-members.

JAPNA Article	Exp Date	Contact Hrs	Totals
24:1 The Applicability of Resilience Training to the Mitigation of Trauma-Related Mental Illness In Military Personnel	2/29/2020	1.25X 198	247.5
24:2 An Efficient Nurse Practitioner–Led Community-Based Service Model for Delivering Coordinated Care to Persons with Serious Mental Illness at Risk for Homelessness	4/30/2020	1X 190	190
24:3 Implementation of Rocking Chair Therapy for Veterans in Residential Substance Use Disorder (SUD) Treatment	6/30/2020	1X 179	179
24:4 TeleMental Health: Standards, Reimbursement and Interstate Practice	8/30/2020	1.25X 203	253.75 =870.25
24:5 The Compelling and Persistent Problem of Bipolar Disorder Disguised as Major Depression Disorder: An Integrative Review	10/31/2020	1X 310	310
24:6 Applying Self-Determination Theory to Adolescent Sexual-Risk Behavior and Knowledge: A Structural Equation Model	12/31/2020	1.5X 155	232.5
25:1 Effectiveness of a Psychiatric-Mental Health Nurse Residency Program on Retention	2/28/2021	1.25X 191	238.75
25:2 Decreasing Depression and Anxiety in College Youth Using the Creating Opportunities for Personal Empowerment Program (COPE)	4/30/2021	1X 231	231
25:3 Binge Eating and Loss of Control in College-Age Women	6/30/2021	1X 199	199
25:4 Weight Reduction Goal Achievement among Veterans with Mental Health Diagnoses	8/31/2021	1X 161	161
25:5 Attention Deficit Hyperactivity Disorders (ADHD) Outcomes Following Remotely Administered Self-Help Training for Parents	10/31/2021	1.2X 186	223.2
25:6 The Experiences of Men whose Partners have Postpartum Depression	12/31/2021	1X 180	180
26:1 Non-suicidal Self-Injury: Management on the Inpatient Psychiatric Unit	2/28/2022	1.25X 265	331.25
26:2 Historical Trauma, Ethnic Experience, and Mental Health in a Sample of Urban American Indians	4/30/2022	1X 148	148

26:3 Decreasing Duration of Mechanical Restraint Episodes by Increasing Registered Nurse Assessment and Surveillance in an Acute Psychiatric Hospital	6/30/2022	1X 155	155
26:4 Substance Use and Exposure to Adverse Childhood Experiences in Undergraduate and Graduate Nursing Students	8/31/2022	1.25X 108	135 =2544.7
26:5 Cannabidiol or CBD Oil: Help, Hope and Hype for Psychiatric and Neurologic Conditions	10/31/2022	1.25 RX	Not open yet
26:6 Transition from Spousal Caregiver to Widowhood: Quantitative Findings of a Mixed Method Longitudinal Study	12/31/2022	1.25	Not open yet
Total current activity on JAPNA articles			3414.95 contact hours awarded

## Program Updates

### ***APNA Certificate Program: Understanding the Brain-Behavior Connection***

This eLearning educational certificate offering provides RNs and APRNs insight into the importance of understanding brain functions and their influence on behaviors. The final module in the offering provides pictures of brains and examples of behaviors associated with interrupted or altered brain physiology.

- This certificate program was launched in July 2019
- The course awards 5.0 contact hours upon completion
- 662 participants have registered for this program

### ***Motivational Interviewing***

This three-hour e-Learning program provides RNs and APRNs with an introduction to Motivational Interviewing and how to apply it to nursing practice. It discusses the core principles of Motivational Interviewing and provides case studies for practice.

- 3.0 contact hour web-based, modularized program
- This program was launched in September 2019
- 10,790 participants have registered for this program

### ***2019 Effective Treatments for Opioid Use Disorder: Educating & Empowering Nurses During an Epidemic***

The updated courses (RN and APRN) were released August 2019

- 5258 participants registered for the RN course
- 4061 participants registered for the APRN course

### ***2019 Seclusion and Restraint: Assessment and Risk Mitigation***

This e-Learning program educates nurses of the risks associated with seclusion and restraint, and the ability for nurses to mitigate these risks and recognize the readiness for release.

- This program was updated and released in September 2019
- 148 participants registered for the updated course

### ***2020 Competency Based Training for Conducting the One Hour Face-to-Face Assessment for Patients in Restraints or Seclusion***

This e-Learning program provides the key components for assessing a patient placed in restraint or seclusion as a result of behavior that may be dangerous to self or others.

- This program was updated and released March 2020
- This update includes an animated simulation of how to conduct the one-hour face-to-face assessment for patients in restraints or seclusion.
- 480 participants have registered for this course since March 2020 ([registrants more than tripled in this quarter](#))

## **Collaborative Projects**

### **APA CSS-SMI Project**

APNA is collaborating with APA as the provider of NCPD credit for this 5 year grant funded project. Education on SMI evidence-based practices is made available at no charge on the [smiadvisor.org](#) website, to a multidisciplinary audience of providers.

- There were 24 activities produced in 2019.
- NCPD approval is granted for one year after the activity is available. Each enduring activity is then reviewed to determine if contact hours can be extended for one more year. The 2019 activities are currently being reviewed for extension.
- There have been 13 new webinars produced thus far in 2020.

### **Haymarket Medical Education Grant**

*Equipping the Interprofessional Team to Optimize Care in Bipolar Depression and Schizophrenia* was jointly provided with the American Psychiatric Nurses Association between August 2019 and April 2020. The 12 activities are available as enduring material at [myCME.com](#), free of charge to a multidisciplinary target audience. A total of 1324 users received 748.5 contact hours NCPD credit as of Sept 2020.

eJournal Club: 7 expert commentaries on current research focused on the treatment of Schizophrenia and Bipolar Disorder. Approved for 1.25 NCPD contact hours.		
Bipolar Depression and Schizophrenia Journal Club	Available 9/25/2019, Exp 9/25/2020	196 received credit 246 total contact hrs.
House Call: Video case-based discussion between a psychiatrist and a family practice physician. Approved for 0.75 NCPD contact hours each.		

Part 1: Managing Bipolar Depression and Negative Symptoms of Schizophrenia: Focus on Bipolar Depression	Available 10/15/2019 Expires 10/15/2020	128 received credit 96 total contact hrs.
Part 2: Managing Bipolar Depression and Negative Symptoms of Schizophrenia: Focus on Negative Symptoms of Schizophrenia	Available 10/28/2019 Expires 10/28/2020	119 received credit 89.25 total contact hrs.
Audio Podcasts: discussion between a MD and NP regarding referral and treatment. Approved for 0.25 NCPD contact hours each.		
Part 1: Bipolar Depression: Talking About Best Practices in Diagnosis and Assessment	Available 1/22/2020 Expires 1/22/2021	180 received credit 45 total contact hrs.
Part 2: Bipolar Depression: Talking About Best Practices in Management	Available 1/22/2020 Expires 1/22/2021	153 received credit 38.25 total contact hrs.
Town Wall: 4 clinical experts discuss treatment of those with schizophrenia or bipolar disorder. Approved for 1 NCPD Contact hours.		
Equipping the Interprofessional Team to Optimize Care in Bipolar Depression and Schizophrenia	Available 4/24/2020 Expires 4/24/2021	70 received credit 70 total contact hrs.
Video podcasts: 3 activities discussing patient management. Approved for 0.25 NCPD contact hours each.		
Shared Perspectives (1): Managing Bipolar Depression	Available 3/4/2020 Expires 3/4/2021	114 received credit 28.5 total contact hrs.
Shared Perspectives (2): Negative Symptoms of Schizophrenia	Available 3/9/2020 Expires 3/20/2021	104 received credit 26 total contact hrs.
Shared Perspectives (3): Modulating Dopamine	Available 3/25/2020 Expires 3/25/2021	82 received credit 20.5 total contact hrs.
Case Clinics: 3 activities discussing management of a case. Approved for 0.5 NCPD contact hours each.		
Meet Andy, a Person with Schizophrenia and Persistent Negative Symptoms	Available 4/30/2020 Expires 4/30/2021	67 received credit 33.5 total contact hrs.
Meet Kevin, Diagnosed with Late Onset Bipolar 1	Available 5/29/2020 Expires 5/29/2021	51 received credit 25.5 total contact hrs.

Meet Lauren, a 19yo Female Treated for MDD	Available 6/15/2020 Expires 6/15/2021	60 received credit 30 total contact hrs.
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**SAMHSA/APNA Prac-Ed: Integrating Substance Use Disorder, Screening and Assessment into Treatment (FOA No. FG-19-001) *Substance Use -The Basics: Integrating SBIRT and MI***

In September 2019, APNA was awarded a 2-year grant from SAMHSA to develop and deliver education to 10 universities. The education content was to include substance use, SBIRT and motivational interviewing with an overall project goal to infuse this content into nursing education curriculum. With guidance and input from a member committee, APNA developed a 6-hour interactive live program that provides an overview of substance use disorders and emphasizes why this knowledge is important to ALL nursing practice. The full day program includes group discussion, small group practice and role play. The education is being delivered as live, virtual education via Zoom in full-day or 2 half-day sessions.

- As of Sept 1, 2020, nine university programs were delivered.
- Program exceeded the goal to deliver content to 200 students – 400 students and faculty registered and attended the live virtual program.
- 6.0 NCPD contact hours awarded to participants who completed the program.
- Audiences: pre-licensure nursing, PMHNP certificate, FNP and public health students and faculty.
- Student and faculty feedback: extremely positive related to learning practical communication skills and the inclusion of practice time for motivational interviewing.
- A 30-day follow up survey was sent to all students and faculty to request feedback on “usefulness” and the application of what was learned.
- Ten additional universities will participate with APNA and SAMHSA in grant year 2.

**APNA 18th Annual Clinical Psychopharmacology Institute  
A Virtual Conference  
*Planned for Nurses by Nurses*  
June 11-14, 2020  
[www.apna.org/CPI](http://www.apna.org/CPI)**

Registration: 814

Conference included:

- Live virtual format
- Up to 23 contact hours available via live virtual or enduring webinars
- Four days of pre-recorded presentations, live chat with presenters, eLearning content, networking chats and virtual exhibit hall

**Learning Outcome**

Incorporate pharmacotherapeutic treatment modalities informed by new discoveries in neuroscience and psychopharmacology into psychiatric-mental health nursing practice.

**Pre-Conference Course:**

*Turning Down the Heat: Psychopharmacologic Management of Irritability through Aggression*  
Julie A. Carbray, PhD, FPMHNP-BC, PMHCNS-BC, APN

*Care Considerations for Ketamine and Esketamine Treatment-* Paula Bolton, MS, CNP, ANP-BC

**KEYNOTE:** *The Medication Interest Model (MIM): A Transformative Shared Decision Model* Shawn Christopher Shea, M.D.

*The Psychosocial Dimension of Psychopharmacology* - David Mintz, M.D.

*Can We Medicate Suicidal Ideation? Pharmacotherapeutics of Suicide* - Barbara J. Limandri, PhD, PMHCNS-BC

**KEYNOTE:** *Improving Patient Outcomes in Schizophrenia* - Christoph U. Correll, MD

*Perinatal Mood and Anxiety Disorders: Walking the Tightrope of Care* - Kathryn S. Johnson, MSN, PMHCNS-BC, PMHNP-BC

*Drug Interactions: Psychotropic Medications, Supplements, & Herbal Products* - Mary Gutierrez, PharmD, BCPP

*Recognition, Assessment & Treatment of Movement Disorders* - Rebecca S. Roma, MD, MBA

PTSD, Military, Aggression, Depression, Military Culture - CDR Joseph Holshoe, PMHNP-BC

*Pharmacogenomics: Understanding the Science and Applications to Patient Care* - Jeffrey Bishop, PharmD, MS, BCPP, FCCP

*Fact or Fiction: Psychopharmacology of Anxiety Disorders* - Jeffrey R. Strawn, MD, FAACAP

*Best Practices for Serving and Supporting Gender Diverse Patients* - Rhonda Schwindt, DNP, PMHNP-BC

Panel Discussion: Clinical Practice during COVID-19 - CPI Program Committee

*(On Demand in APNA eLearning- included in conference content)*

*Getting Unstuck- The Future of Psychedelic-Assisted Therapy* – Andrew Penn, RN, MS, CNS, PMHNP-BC

**Symposium:** *Clinical Convergence: A Person-Centered Approach to Child and Adolescent Bipolar Depression* – Sara Jones, PhD, RN, APRN, PMHNP-BC and Robert Kowatch, MD, PhD

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**APNA 34th Annual Conference**  
**Live Virtual Conference**  
**September 30 – October 4, 2020**

***Psychiatric-Mental Health Nurses: Proud Partners on the Journey to Whole Health***

Overall Conference Outcome

Recognize the unique contributions of psychiatric-mental health nurses to individuals, communities, health care systems and the nursing profession as a whole

Registration: 1,100+

50 additional bonus points to spend on APNA eLearning sessions

Daily networking breaks and fun activities (including Pete Lee)

New this year:

- Group registration rates
- Extended period to earn NCPD contact hours for posters
- Nine product theaters – attendees can earn \$10 Amazon gift card for each

Keynote Speakers:

- Tari Dilks, DNP, APRN, PMHNP-BC, FAANP – APNA President's Address
- Kelley Johnson, MSN, FNP - *Why We Chose Nursing and How Nursing Continues to Choose Us*

Continuing Education

- Earn up to 28 contact hours including live virtual sessions, symposia and posters
- Posters will remain open throughout evaluation period for attendees to earn contact hours until November 13, 2020.
- Registration includes all recorded content 90+ contact hours online after the conference

Conference Program

- 608 abstracts submitted
- 100+ podium presentations (pre-cons; concurrent and mini concurrent sessions)
- 170+ posters in the APNA Poster Gallery
- Education topics include pharmacology, psychotherapy, group therapy, substance use, culture and diversity, child and adolescent, older adults, safety, emergency and integrated care, trauma, military, prelicensure and graduate education, nursing professional development, research, RN and APRN practice, telehealth and administration
- Pre-conference sessions delivered live via Zoom
- Concurrent and mini sessions via webinar format with live chat

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**APNA eLearning Center**  
**October 2020**

**APNA eLearning Center Sessions**

May 16 – August 31, 2020

(Comparisons to previous year: May 16 – August 31, 2019)

Session Category	Number of Sessions	Number of Contact Hours
Annual Conference Archives	286 (↑14)	242.75 (↓2.25)
Pharmacology	61 (↑1)	77 (↓4.75)
Effective Treatments for Opioid Use Disorder: Educating & Empowering All Registered Nurses During an Epidemic – RN, PMH-RN, APRN	2 (↓3)	5 (↓6)
JAPNA	12 (same)	13.45 (↓0.5)
MAT: Medications For Addiction Treatment/ Substance Use Disorders – 8 and 16 hour	3 (↑1)	32 (↑8)
APNA Transitions in Practice Certificate Program (ATP)	1 (same)	15 (same)
Competency Based Training for Suicide Prevention	2 (↓1)	8.5 (↓15)
Special Skills for Psychiatric Nurses	4 (↓1)	7 (↑0.25)
Acute Care Psychiatric-Mental Health Nurses: Preparing for Recovery Oriented Practice (RTP)	1 (same)	8.5 (same)
APNA Certificate Program: Understanding the Brain-Behavior Connection	1 (same)	5 (same)
<b>TOTAL</b>	<b>373 (↑11)</b>	<b>414.2 (↓19.3)</b>

**Order Activity**

- **Current Period:** Total orders May 16, 2020 – August 31, 2020: **24,202** – ↑57% increase from last year, May 16, 2019 – August 31, 2019: **15,464**
- **2020:** Total orders January 1, 2020 – August 31, 2020: **62,517** – ↑73% increase from last year, January 1, 2019 – August 31, 2019: **36,078**

**Top Ten Categories**

1. Mental health conditions/disorders
2. Pharmacology

3. Suicide Prevention
4. Addictions
5. Non-pharmacologic Interventions
6. Psychotherapy
7. Professional Development
8. Recovery
9. Trauma
10. Outpatient/Community

### ***Top Ten Sessions***

May 16, 2020 – August 31, 2020

1. **3,333 Orders:** MAT: Medications For Addiction Treatment 8 Hour Waiver Training
  - 8.0 Rx contact hours
  - Free for members and non-members
2. **3,202 Orders:** MAT: Medications For Addiction Treatment/Substance Use Disorders 16 Hour Waiver Training
  - 16.0 Rx contact hours
  - Free for members and non-members
3. **3,031 Orders:** Motivational Interviewing
  - 3.0 contact hours
  - Free for members and non-members
4. **1,236 Orders:** Cultivating Our Best Selves in Response to COVID-19: The Community Resiliency Model
  - 1.5 contact hours
  - Free for members and non-members
5. **961 Orders:** 2019 Effective Treatments for Opioid Use Disorder: Educating & Empowering All Registered Nurses (RN) During an Epidemic
  - 1.5 contact hours
  - Free for members and non-members
6. **760 Orders:** 2019 Effective Treatments for Opioid Use Disorder: Educating & Empowering Advanced Practice Registered Nurses (APRN) During an Epidemic
  - 3.5 contact hours (2.0 Rx contact hours)
  - Free for members and nonmembers
7. **662 Orders:** 4026-17: Mindfulness in the Workplace: Practical Application
  - 0.5 contact hours
  - Free for members and non-members
8. **604 Orders:** 203-20: Clinical Practice During COVID-19
  - 0.5 contact hours

- Free for members and non-members
9. **539 Orders:** 302-19: Gabapentin Use & Misuse
- 1.25 Rx contact hours
  - Free for members and \$22 for non-members
10. **461 Orders:** 304-19: Neurobiologic Aspects of Trauma
- 1.5 Rx contact hours
  - \$25 for members and \$15 for non-members

#### Review of Podcasts

- 196 APNA members were invited to participate in CPI 2018 session reviews.
- 18 members completed reviews
- 11 eLearning sessions were renewed through January 1, 2022.

#### Sessions Offered for Free in 2020 (January 1 – August 31, 2020)

<b><u>Total Free Contact Hours: January 1, 2020 – August 31, 2020</u></b> <b>63 Sessions   90.45 contact hours</b>			
<b>Reason / Dates</b>	<b>Title</b>	<b>Contact hours</b>	<b>Members and/or Non-members</b>
Currently Free	Medication Assisted Treatment (MAT): 8-Hour Waiver Training	8.0 Pharmacology	Members/ Non-Members
Currently Free	Medication Assisted Treatment (MAT): 16.0 Hour Waiver Training	16.0 (13.0Pharmacology)	Members/ Non-Members
Currently Free	2019 Effective Treatments for Opioid Use Disorder: Educating & Empowering All Registered Nurses (RN) During an Epidemic	1.5	Members/ Non-Members
Currently Free	2019 Effective Treatments for Opioid Use Disorder: Educating & Empowering Advanced Practice Registered Nurses (APRN) During an Epidemic	3.5(2.0 in pharmacology)	Members/ Non-Members
Suicide Prevention Month & Recovery Month – Free until October 9, 2020	Channeling the Power of Human Connection toward Whole Health	0.75	Members/ Non-Members
Suicide Prevention Month & Recovery Month –	Social Media & Adolescent Suicide: Risks, Benefits, & a Novel Monitoring Intervention	0.75	Members / Nonmembers

Free through October 9, 2020			
Currently Free	Clinical Practice During COVID-19	0.5	Members / Nonmembers
Currently Free	Cultivating Our Best Selves in Response to COVID-19: The Community Resiliency Model	1.5	Members/ Non-Members
Currently Free	Mindfulness in the Workplace: Practical Application	0.5	Members/ Non-Members
Free until December 31,2020	Motivational Interviewing	3.0	Members / Nonmembers
Currently Free	APNA Annual Conference Podcast President's Address: Psychiatric-Mental Health Nurses: The Whole Health Connection	0.5	Members / Nonmembers
Currently Free	APNA Annual Conference Podcast Keynote Presentation: Life On Purpose: How Living for What Matters Most Changes Everything	1.0	Members / Nonmembers
Currently Free	APNA Annual Conference Podcast President's Address: Whole Health Begins with Mental Health	0.75	Members / Nonmembers
Free CE of the Month- September 2020	Building Resiliency - From a Former State Hospital to a Safe, Healing Environment	0.75	Members
Free CE of the Month- September 2020	Recovery-Oriented Cognitive Therapy: Empowerment Strategies for Self-injury and Aggression – Building Connection, Developing Aspirations, Strengthening Resiliency, Enabling Purpose	1.75	Members
Free CE of the Month- September 2020	Use of Measurement Based Care to Inform Clinical Decision Making during Psychiatric Client Encounters	0.75	Members
Free CE of the Month- September 2020	From Immediate Release to Long Acting: Drug Delivery Systems - What Do They Mean & Why Do They Matter?	1.5	Members
Free CE of the Month- August 2020	Gabapentin Use & Misuse	1.25	Members
Free CE of the Month- August 2020	Teen Vaping on the Rise: Contributing Factors and What Nurses Need to Know	0.5	Members

Free CE of the Month- <a href="#">August 2020</a>	Nurse Educator on a Mission: Supporting Mental Health Awareness on Campus	0.75	Members
Free CE of the Month- <a href="#">August 2020</a>	An Alternative Framework to Conceptualize Suicidal Ideation and Behavior	1.0	Members
Free CE of the Month- <a href="#">July 2020</a>	Neurobiologic Aspects of Trauma	1.5	Members
Free CE of the Month- <a href="#">July 2020</a>	SMART Recovery: REBT and Motivational Interviewing Tools for Persons with Addictive Behavior	0.5	Members
Free CE of the Month- <a href="#">July 2020</a>	Caring for Youth with Gender Dysphoria: Appropriate Screening, Referrals, and Treatment Modalities to Reduce Health Disparities	0.75	Members
Free CE of the Month- <a href="#">July 2020</a>	Critical Reflection in Nursing Practice and Education: An Interactive Workshop for Clinicians and Educators	1.5	Members
Free CE of the Month- <a href="#">June 2020</a>	When Less is More: Deprescribing in PMHNP Practice	1.5	Members
Free CE of the Month- <a href="#">June 2020</a>	Igniting Early Adopters: Implementing Collaborative Care for Depression	0.5	Members
Free CE of the Month- <a href="#">June 2020</a>	Social Determinants of Health: A Missing Piece of the Puzzle in Mental Health and Whole Health Care	0.5	Members
Free CE of the Month- <a href="#">June 2020</a>	Nurses in Recovery: A Healthcare Provider Treatment Program	0.75	Members
Free CE of the Month- <a href="#">May 2020</a>	Ethical Considerations in Psychopharmacology	1.5	Members
Free CE of the Month- <a href="#">May 2020</a>	Peer Recovery Specialist Impact on Improving Nursing Care for People with a Substance Use Disorder	0.75	Members
Free CE of the Month- <a href="#">May 2020</a>	Critical Reflection in Nursing Practice and Education: An Interactive Workshop for Clinicians and Educators	1.5	Members
Free CE of the Month- <a href="#">May 2020</a>	An Overview of Emotionally Focused Therapy For Individuals, Couples, and Families	1.75	Members
Free CE of the Month- <a href="#">April 2020</a>	The Match Game: Matching Antidepressants to Symptoms of Anxiety and Depression--Which Drug for Which Symptom?	2.0	Members

Free CE of the Month- <a href="#">April 2020</a>	Listen to the Story my Body Tells: Lessons Learned in Sexual Assault Nurse Examinations	0.5	Members
Free CE of the Month- <a href="#">April 2020</a>	Creation and Implementation of a Novel Web-Based App to Screen and Support Struggling Nurses	0.75	Members
Free CE of the Month- <a href="#">April 2020</a>	Mini Concurrent Sessions: Simulation	0.5	Members
Free CE of the Month- <a href="#">March 2020</a>	Treating Tobacco & Nicotine Dependence: How Your Assumptions About Treatment Can Undermine Your Delivery of Care	2.0	Members
Free CE of the Month- <a href="#">March 2020</a>	Women's Experiences Living With and Recovering From Depression	0.75	Members
Free CE of the Month- <a href="#">March 2020</a>	Decreasing Rates for Pediatric Bipolar	0.75	Members
Free CE of the Month- <a href="#">March 2020</a>	Dementia - A Case Study in Differential Diagnosis	0.75	Members
Free CE of the Month- <a href="#">February 2020</a>	Complex Topics in Substance Use: Drug Adulterants, Treatment Transitions, & Pregnancy	1.5	Members
Free CE of the Month- <a href="#">February 2020</a>	RN Evaluation of Mild to Moderate ED Psychiatric Patients to Decrease Inpatient Admissions	0.75	Members
Free CE of the Month- <a href="#">February 2020</a>	Caring for Youth with Gender Dysphoria: Appropriate Screening, Referrals, and Treatment Modalities to Reduce Health Disparities	0.75	Members
Free CE of the Month- <a href="#">February 2020</a>	The Interpersonal Theory of Suicide: Applications for Nursing	0.75	Members
Free CE of the Month- <a href="#">January 2020</a>	Shared Decision Making in Pharmacotherapy Management	1.75	Members
Free CE of the Month- <a href="#">January 2020</a>	First Responders' Perceived Barriers to Help-seeking	0.5	Members
Free CE of the Month- <a href="#">January 2020</a>	Trauma Competencies and Culture: Embracing Diversity	0.5	Members
Free CE of the Month- <a href="#">January 2020</a>	Raising the Bar of Performance & Practice: A New Path to Mental Health Nursing Orientation	0.75	Members
JAPNA Article <a href="#">Currently Free</a>	JAPNA Article: Cannabidiol or CBD Oil: Help, Hope and Hype for Psychiatric and Neurologic Conditions	1.25	Members
JAPNA Article <a href="#">Currently Free</a>	JAPNA Article: Transition from Spousal Caregiver to Widowhood: Quantitative Findings of a Mixed Method Longitudinal Study	1.25	Members

JAPNA Article <a href="#">Currently Free</a>	JAPNA Article: Substance Use and Exposure to Adverse Childhood Experiences in Undergraduate and Graduate Nursing Students	1.25	Members
JAPNA Article <a href="#">Currently Free</a>	JAPNA Article: Historical Trauma, Ethnic Experience, and Mental Health in a Sample of Urban American Indians	1.0	Members
JAPNA Article <a href="#">Currently Free</a>	JAPNA Article: Nonsuicidal Self-Injury: Management on the Inpatient Psychiatric Unit	1.25	Members
JAPNA Article <a href="#">Currently Free</a>	JAPNA Article: Decreasing Duration of Mechanical Restraint Episodes by Increasing Registered Nurse Assessment and Surveillance in an Acute Psychiatric Hospital	1.0	Members
JAPNA Article <a href="#">Currently Free</a>	JAPNA Article: The Experiences of Men whose Partners have Postpartum Depression	1.0	Members
JAPNA Article <a href="#">Currently Free</a>	JAPNA Article: Binge Eating and Loss of Control in College-Age Women	1.0	Members
JAPNA Article <a href="#">Currently Free</a>	JAPNA Article: Attention Deficit Hyperactivity Disorders (ADHD) Outcomes Following Remotely-Administered Self-Help Training for Parents	1.2	Members
JAPNA Article <a href="#">Currently Free</a>	JAPNA Article: Effectiveness of a Psychiatric-Mental Health Nurse Residency Program on Retention	1.25	Members
JAPNA Article <a href="#">Currently Free</a>	JAPNA Article: Weight Reduction Goal Achievement among Veterans with Mental Health Diagnoses	1.0	Members
JAPNA Article <a href="#">Free until October 30, 2020</a>	JAPNA Article: The Compelling and Persistent Problem of Bipolar Disorder Disguised as Major Depression Disorder: An Integrative Review	1.0	Members
JAPNA Article <a href="#">Currently Free</a>	JAPNA Article: Decreasing Depression and Anxiety in College Youth Using the Creating Opportunities for Personal Empowerment Program (COPE)	1.0	Members
JAPNA Article <a href="#">Free until December 31, 2020</a>	JAPNA Article: Applying Self-determination Theory to Adolescent Sexual-risk Behavior and Knowledge: A Structural Equation Model	1.5	Members

## **APNA eLearning Center Site Analytics**

From May 25, 2020 to September 26, 2020 (as compared with the previous year: May 25, 2019 to September 26, 2019)

Visits: **161,631** – **up 54.29%**

Unique Visitors: **57,936** – **up 37.16%**

Page Views: **560,338** – **up 47.26%**

Unique page views: **343,475** – **up 48.52%**