**Mental Illness in the Media**

This discussion is on mental illness in the media. My hope is the more we engage in the conversation, the closer we will get to decreasing the stigma attached to mental illness. One in four persons experience mental illness, the message is it could be any of us. Mental illness is non-discriminating. Share the stories you read or see in the media about mental illness that touch you (in a positive or negative way) and help to shed light on the lived experience. We will explore these stories in the context of the Recovery Model.

**Assignment**

Students will begin a discussion board from media coverage on mental illness relating it to the Recovery Model.

**Post Specifics:**

Find media coverage that addresses mental illness. The source can be newspaper, popular journal, blog post or broadcast/visual media. Do not use a scholarly resource (academic journal or website). Post a summary of the story and a copy of the article or a link to the story.

The summary should include the following:

Background: Describe the issue

Discuss how this story relates to consumer empowerment and the recovery model.

Describe the specific principles of the recovery model that are evident or missing.

Conclude with your thoughts on the role of the nurse in empowering consumers and supporting them in recovery. If the story is positive what is the message for nurses and health care professionals? If the story is negative or does not support the recovery model, discuss what we can do to change the conversation and make it more recovery oriented?

**All students must also respond to at least one post from a peer reflecting on the story and commenting on the significance for nurses caring for persons with mental illness. Responses must be at least 250 words.**

**WEB RESOURCES**

**Copeland Center for Wellness and Recovery**

<https://copelandcenter.com/>

The Copeland Center for Wellness and Recovery promotes mental health recovery through education, training, and research based on WRAP®.

**Mental Health America (MHA)**

<http://www.mentalhealthamerica.net/>

Community-based nonprofit dedicated to addressing the needs of those living with mental illness and to promoting the overall mental health of all Americans.

**Motivational Interviewing Network of Trainers (MINT)**

<http://www.motivationalinterviewing.org/>

The mission of MINT is to promote good practice in the use, research and training of motivational interviewing. MINT supports the continuing learning and skillfulness of its members through meetings, open sharing of resources, communication, publications, and shared practice opportunities.

**National Alliance on Mental Illness (NAMI)**

<https://www.nami.org/>

Grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness

**Recovery Stories**

<http://www.recoverystories.info/>

Recovery Stories empowers individuals and families experiencing addiction and mental health problems through sharing recovery stories.